(Accelerated) Noise-adaptive Stochastic Heavy Ball Momentum

by

Anh Quang Dang

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Declaration of Committee

Abstract

Stochastic heavy ball momentum (SHB) is commonly used to train machine learning models, and often provides empirical improvements over stochastic gradient descent. By primarily focusing on strongly-convex quadratics, we aim to better understand the theoretical advantage of SHB and subsequently improve the method. For strongly-convex quadratics, [Kidambi et al.](#page-27-0) [\[2018\]](#page-27-0) show that SHB (with a mini-batch of size 1) cannot attain accelerated convergence, and hence has no theoretical benefit over SGD. They conjecture that the practical gain of SHB is a by-product of using larger mini-batches. We first substantiate this claim by showing that SHB can attain an accelerated rate when the mini-batch size is larger than a threshold *b* ∗ that depends on the condition number κ . Specifically, we prove that with the same step-size and momentum parameters as in the deterministic setting, SHB with a sufficiently large mini-batch size results in an $O(\exp(-T/\sqrt{\kappa}) + \sigma)$ convergence, where *T* is the number of iterations and σ^2 is the variance in the stochastic gradients. We prove a lower-bound which demonstrates that a κ dependence in b^* is necessary. To ensure convergence to the minimizer, we design a noise-adaptive multi-stage algorithm that results in an $O\left(\exp\left(-\frac{T}{\sqrt{\kappa}}\right) + \frac{\sigma}{T}\right)$ rate. We also consider the general smooth, strongly-convex setting and propose the first noise-adaptive SHB variant that converges to the minimizer at an $O(\exp(-T/\kappa) + \frac{\sigma^2}{T}$ $\frac{\sigma^2}{T}$) rate. We empirically demonstrate the effectiveness of the proposed algorithms.

Keywords: optimization; stochastic heavy-ball momentum; noise-adaptivity; acceleration; convex

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Preface

The main matter of this thesis is based on the paper that is under review and available as a preprint:

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Anh Dang is the major contributor on this paper in terms of the writing, theoretical results and experimental evaluation. Reza Babanezhad contributed to the theoretical results and provided valuable feedback on the paper. The work was supervised by Sharan Vaswani who constantly discussed and helped in refining all aspects of the paper.

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Chapter 1 Introduction

To solve a machine learning problem, we typically develop a model and define an objective function based on the problem. Our goal is to evaluate the model and optimize its parameters to minimize the objective function. A fundamental optimization algorithm for this task is Gradient Descent (GD), which iteratively updates the model parameters in the direction of the negative gradient of the objective function. Despite its simplicity, GD and its variants are widely used in training machine learning models and form the basis for more advanced optimization techniques, including momentum-based methods.

Heavy ball (HB) or Polyak momentum [\[Polyak,](#page-28-1) [1964\]](#page-28-1) is one of the momentum-based extensions of GD. It has been extensively studied for minimizing smooth, strongly-convex quadratics in the deterministic setting. In this setting, HB converges to the minimizer at an accelerated linear rate [\[Polyak,](#page-28-1) [1964,](#page-28-1) [Wang et al.,](#page-29-0) [2021\]](#page-29-0) meaning that for a problem with condition number κ (see definition in Chapter [2\)](#page-13-0), *T* iterations of HB results in the optimal *O* (exp(−*T/* √ *κ*)) convergence. For general smooth, strongly-convex functions, [Ghadimi et al.](#page-27-2) [\[2015\]](#page-27-2) prove that HB converges to the minimizer at a linear but non-accelerated rate. In this setting, [Wang et al.](#page-29-1) [\[2022\]](#page-29-1) prove an accelerated linear rate for HB, but under very restrictive assumptions (e.g. one-dimensional problems or problems with a diagonal hessian). Recently, [Goujaud et al.](#page-27-3) [\[2023\]](#page-27-3) showed that HB (with any fixed step-size or momentum parameter) cannot achieve accelerated convergence on general (non-quadratic) strongly-convex problems, and consequently has no theoretical benefit over gradient descent (GD).

While there is a good theoretical understanding of HB in the deterministic setting, the current understanding of stochastic heavy ball momentum (SHB) is rather unsatisfactory. SHB is commonly used to train machine learning models and often provides empirical improvements over stochastic gradient descent (SGD). Furthermore, it forms the basis of modern adaptive gradient methods such as Adam [\[Kingma and Ba,](#page-27-4) [2014\]](#page-27-4). As such, it is important to better understand the theoretical advantage of SHB over SGD. Previous works [\[Defazio,](#page-27-5) [2020,](#page-27-5) [You et al.,](#page-29-2) [2019\]](#page-29-2) have conjectured that the use of momentum for non-convex minimization can help reduce the variance resulting in faster convergence. Recently, [Wang et al.](#page-29-3) [\[2023\]](#page-29-3) analyze stochastic momentum in the regime where the gradient

noise dominates, and demonstrate that in this regime, momentum has limited benefits with respect to both optimization and generalization. However, it is unclear whether momentum can provably help improve the convergence in other settings. In this thesis, we primarily focus on the simple setting of minimizing strongly-convex quadratics, with the aim of better understanding the theoretical benefit of SHB and subsequently improving the method.

1.1 Non-accelerated convergence of SHB

We first consider the general smooth, strongly-convex setting and aim to design an SHB variant that matches the theoretical convergence of SGD. In this setting, [Sebbouh et al.](#page-29-4) [\[2020\]](#page-29-4), [Liu et al.](#page-28-2) [\[2020\]](#page-28-2) use SHB with a constant step-size and momentum parameter, obtaining linear convergence to the neighborhood of the minimizer. In order to attain convergence to the solution, [Sebbouh et al.](#page-29-4) [\[2020\]](#page-29-4) use a sequence of constant-then-decreasing step-sizes to achieve an $O(\kappa^2/T^2 + \sigma^2/T)$ rate, where σ^2 is the variance in the stochastic gradients. In contrast, in the same setting, SGD can attain an $O(\exp(-T/\kappa) + \sigma^2/T)$ convergence to the minimizer. To the best of our knowledge, in this setting, there is no variant of SHB that can converge to the minimizer at a rate matching SGD.

In Chapter [3,](#page-14-0) we propose an SHB method that combines the averaging interpretation of SHB [\[Sebbouh et al.,](#page-29-4) [2020\]](#page-29-4) and the exponentially decreasing step-sizes [\[Li et al.,](#page-28-3) [2021,](#page-28-3) [Vaswani et al.,](#page-29-5) 2022 to achieve an $O(\exp(-T/\kappa) + \sigma^2/T)$ convergence rate that matches the SGD rate. Importantly, the proposed algorithm is noise-adaptive meaning that it does not require the knowledge of σ^2 , but recovers the non-accelerated linear convergence rate (matching [Ghadimi et al.](#page-27-2) [\[2015\]](#page-27-2)) when $\sigma = 0$. Moreover, the algorithm provides an adaptive way to set the momentum parameter, alleviating the need to tune this additional hyperparameter.

Setting the algorithm parameters for SHB requires the knowledge of problem-dependent constants such as the smoothness and strong-convexity. Since these constants are typically estimated in practice, in Chapter [C,](#page-37-0) we study the effect of their misestimation on the theoretical convergence of SHB. Our results demonstrate that using exponentially decreasing step-sizes makes SHB robust to misestimation – the resulting algorithm still converges to the minimizer, albeit at a slower rate and the slowdown depends on the degree of misspecification.

1.2 Accelerated convergence of SHB

Next, we focus on minimizing strongly-convex quadratics, and aim to analyze the conditions under which SHB is provably better than SGD. A number of works [\[Kidambi et al.,](#page-27-0) [2018,](#page-27-0) [Paquette and Paquette,](#page-28-4) [2021,](#page-28-4) [Loizou and Richtárik,](#page-28-5) [2020,](#page-28-5) [Bollapragada et al.,](#page-27-6) [2022,](#page-27-6) [Lee et al.,](#page-28-6) [2022\]](#page-28-6) have studied SHB for minimizing quadratics. In this setting, [Kidambi et al.](#page-27-0) [\[2018\]](#page-27-0) show that SHB (with batch-size 1 and any choice of step-size and momentum parameters) cannot attain an accelerated rate. They conjecture that the practical gain of SHB is a by-product of using larger mini-batches. Similarly, [Paquette and Paquette](#page-28-4) [\[2021\]](#page-28-4) demonstrate that SHB with small batch-sizes cannot obtain a faster rate than SGD. While [Loizou and Richtárik](#page-28-5) [\[2020\]](#page-28-5) prove an accelerated rate for SHB (for any batch-size) in the "*L*1 sense", this does not imply acceleration according to the standard sub-optimality metrics. Recently, [Bollapragada](#page-27-6) [et al.](#page-27-6) [\[2022\]](#page-27-6), [Lee et al.](#page-28-6) [\[2022\]](#page-28-6) use results from random matrix theory to prove that SHB with a constant step-size and momentum can achieve an accelerated rate when the mini-batch size is sufficiently large. Compared to these works, we use the non-asymptotic analysis standard in the optimization literature, and prove stronger worst-case results.

Accelerated convergence to the neighbourhood for quadratics. Our result in Section [4.1](#page-16-1) substantiates the claim by [Kidambi et al.](#page-27-0) [\[2018\]](#page-27-0). Specifically, for stronglyconvex quadratics, we prove that SHB with a mini-batch size larger than a certain threshold b^* (that depends on κ) and constant step-size and momentum parameters can achieve an $O\left(\exp\left(-\frac{T}{\sqrt{\kappa}}\right) + \sigma\right)$ non-asymptotic convergence up to a neighborhood of the solution. For problems such as non-parametric regression [\[Belkin et al.,](#page-27-7) [2019,](#page-27-7) [Liang and Rakhlin,](#page-28-7) [2020\]](#page-28-7) or feasible linear systems, where the interpolation property [\[Ma et al.,](#page-28-8) [2018,](#page-28-8) [Vaswani et al.,](#page-29-6) [2019\]](#page-29-6) is satisfied, $\sigma = 0$ and SHB with a large batch-size results in accelerated convergence to the minimizer.

Lower Bound for SHB. Our result in Section [4.2](#page-18-0) shows that there exist quadratics for which SHB (with a constant step-size and momentum) diverges when the mini-batch size is below a certain threshold. Moreover, the lower-bound demonstrates that a *κ* dependence in b^* is necessary.

The result in Section [4.1](#page-16-1) only demonstrates convergence to the neighbourhood of the solution. Next, we aim to design an SHB algorithm that can achieve accelerated convergence to the minimizer.

Noise-adaptive, accelerated convergence to the minimizer for quadratics. In Section [4.3,](#page-19-0) we design a multi-stage SHB method (Algorithm [1\)](#page-20-0) and prove that for strongly-convex quadratics, Algorithm [1](#page-20-0) (with a sufficiently large batch-size) converges to the minimizer at an accelerated $O(\exp(-T/\sqrt{\kappa}) + \sigma/T)$ rate. Algorithm [1](#page-20-0) is noise-adaptive and has a similar structure as the algorithm proposed for incorporating Nesterov acceleration in the stochastic setting [\[Aybat et al.,](#page-27-8) [2019\]](#page-27-8). In comparison, both [Bollapragada et al.](#page-27-6) [\[2022\]](#page-27-6), [Lee et al.](#page-28-6) [\[2022\]](#page-28-6) only consider accelerated convergence to a neighbourhood of the minimizer. In concurrent work, [Pan et al.](#page-28-0) [\[2023\]](#page-28-0) make a stronger bounded variance assumption in order to analyze SHB for minimizing strongly-convex quadratics. They propose a similar multi-stage algorithm and under the bounded variance assumption, prove that it can converge to the minimizer at an accelerated rate for any mini-batch size. In Section [4.3,](#page-19-0) we argue that the bounded variance assumption is problematic even for simple quadratics and the algorithm in [Pan et al.](#page-28-0) [\[2023\]](#page-28-0) can diverge for small mini-batches (see Fig. [4.1\)](#page-21-0).

1.3 Two-phase SHB

In settings where $T \gg n$, the batch-size required by the multi-stage approach in Algorithm [1](#page-20-0) can be quite large, affecting the practicality of the algorithm. In order to alleviate this issue, we design a two phase algorithm that combines the algorithmic ideas in Section [4.1](#page-16-1) and Chapter [3.](#page-14-0)

Partially accelerated convergence to the minimizer for quadratics. In Section [4.4,](#page-22-0) we propose a two-phase algorithm (Algorithm [2\)](#page-20-1) that uses a constant step-size and momentum in Phase 1, followed by an exponentially decreasing step-size and corresponding momentum in Phase 2. By adjusting the relative length of the two phases, we demonstrate that Algorithm [2](#page-20-1) (with a sufficiently large batch-size) can obtain a partially accelerated rate. In the interpolation setting when $\sigma = 0$, the two-phase algorithm (without any knowledge of σ) can only attain a partially accelerated rate. Consequently, in Chapter [H,](#page-70-0) we design a noise-adaptive hybrid algorithm that combines the advantages of Algorithms [1](#page-20-0) and [2](#page-20-1) and can get an accelerated rate in most scenarios.

1.4 Experiments

In Chapter [5,](#page-23-0) we empirically validate the effectiveness of the proposed algorithms on synthetic benchmarks. In particular, for strongly-convex quadratics, we demonstrate that SHB and its variants can attain an accelerated rate when the mini-batch size is larger than a threshold. While SHB with a constant step-size and momentum converges to a neighbourhood of the solution, Algorithms [1](#page-20-0) and [2](#page-20-1) are able to counteract the noise resulting in smaller sub-optimality.

Chapter 2

Problem Formulation

We consider the unconstrained minimization of a finite-sum objective $f : \mathbb{R}^d \to \mathbb{R}$, $f(w) :=$ 1 $\frac{1}{n}\sum_{i=1}^{n} f_i(w)$. For supervised learning, *n* represents the number of training examples and f_i is the loss of example *i*. Throughout, we assume that f and each f_i are differentiable and lower-bounded by f^* and f_i^* , respectively. We also assume that each function f_i is L_i -smooth, implying that *f* is *L*-smooth with $L := \max_i L_i$. Furthermore, *f* is considered to be *μ*-strongly convex while each f_i is convex^{[1](#page-13-1)}. We define $\kappa := \frac{L}{\mu}$ as the condition number of the problem, and denote *w* ∗ to be the unique minimizer of the above problem. We primarily focus on strongly-convex quadratic objectives where $f_i(w) := \frac{1}{2}w^T A_i w - \langle d_i, w \rangle$ and $f(w) = \frac{1}{n} \sum_{i=1}^{n} f_i(w) = w^T A w - \langle d, w \rangle$, where A_i are symmetric positive semi-definite matrices. Here, $L = \lambda_{\text{max}}[A]$ and $\mu = \lambda_{\text{min}}[A] > 0$, where λ_{max} and λ_{min} refer to the maximum and minimum eigenvalues.

In each iteration $k \in [T] := \{0, 1, \ldots, T\}$, SHB samples a mini-batch B_k $(b := |B_k|)$ of examples and uses it to compute the stochastic gradient of the loss function. The minibatch is formed by sampling without replacement. We denote $\nabla f_{ik}(w_k)$ to be the average stochastic gradient for the mini-batch B_k , meaning that $\nabla f_{ik}(w_k) := \frac{1}{b} \sum_{i \in B_k} \nabla f_i(w_k)$ and $\mathbb{E}[\nabla f_{ik}(w_k)|w_k] = \nabla f(w_k)$. At iteration *k*, SHB takes a descent step in the direction of $\nabla f_{ik}(w_k)$ together with a momentum term computed using the previous iterate. Specifically, the SHB update is given as:

$$
w_{k+1} = w_k - \alpha_k \nabla f_{ik}(w_k) + \beta_k (w_k - w_{k-1})
$$
\n(2.1)

where w_{k+1} , w_k , and w_{k-1} are the SHB iterates and $w_{-1} = w_0$; $\{\alpha_k\}_{k=0}^{T-1}$ and $\{\beta_k\}_{k=0}^{T-1}$ is the sequence of step-sizes and momentum parameters respectively. In the next section, we analyze the convergence of SHB for general smooth, strongly-convex functions.

¹We include definitions of these properties in Chapter [A.](#page-31-0)

Chapter 3

Non-accelerated linear convergence for strongly-convex functions

We first consider the non-accelerated convergence of SHB in the general smooth, strongly-convex setting. Following [Loizou et al.](#page-28-9) [\[2021\]](#page-28-9), [Vaswani et al.](#page-29-5) [\[2022\]](#page-29-5), we define $\sigma^2 := \mathbb{E}_i[f^* - f_i^*]$ as the measure of stochasticity. This notion of noise is related to the typical notion of the gradient noise at the optimum $\chi^2 := \mathbb{E}_i ||\nabla f_i(w^*)||^2$. Specifically, if each f_i is *L*-smooth and μ -strongly convex, then $\frac{1}{2L}\chi^2 \leq \sigma^2 \leq \frac{1}{2\mu}$ $\frac{1}{2\mu}\chi^2$. We develop an SHB method that (i) converges to the minimizer at the $O(\exp(-T/\kappa) + \sigma^2/T)$ rate, (ii) is noise-adaptive in that it does not require the knowledge of σ^2 and (iii) does not require manual tuning of the momentum parameter. In order to do so, we use an alternative form of the update [\[Sebbouh et al.,](#page-29-4) [2020\]](#page-29-4) that interprets SHB as a moving average of the iterates z_k computed by stochastic gradient descent. Specifically, for $z_0 = w_0$,

$$
w_{k+1} = \frac{\lambda_{k+1}}{\lambda_{k+1} + 1} w_k + \frac{1}{\lambda_{k+1} + 1} z_k \quad ; \quad z_k := z_{k-1} - \eta_k \nabla f_{ik}(w_k) \,, \tag{3.1}
$$

where $\{\eta_k, \lambda_k\}$ are parameters to be determined theoretically. For any $\{\eta_k, \lambda_k\}$ sequence, if $\alpha_k = \frac{\eta_k}{1+\lambda_k}$ $\frac{\eta_k}{1+\lambda_{k+1}}, \ \beta_k = \frac{\lambda_k}{1+\lambda_k}$ $\frac{\lambda_k}{1+\lambda_{k+1}}$, then the update in Eq. [\(3.1\)](#page-14-1) is equivalent to the SHB update in Eq. [\(2.1\)](#page-13-2) [\[Sebbouh et al.,](#page-29-4) [2020,](#page-29-4) Theorem 2.1]. The proposed SHB method combines the above averaging interpretation of SHB and exponentially decreasing step-sizes [\[Li et al.,](#page-28-3) [2021,](#page-28-3) [Vaswani et al.,](#page-29-5) [2022\]](#page-29-5) to achieve a noise-adaptive non-accelerated convergence rate. Specifically, following [Li et al.](#page-28-3) [\[2021\]](#page-28-3), [Vaswani et al.](#page-29-5) [\[2022\]](#page-29-5), we set $\eta_k = v \gamma_k$, where *v* is the problem-dependent scaling term that captures the smoothness of the function and γ_k is the problem-independent term that controls the decay of the step-size. By setting {*ηk, γk*} appropriately, the following theorem (proved in Chapter [B\)](#page-32-0) shows that the proposed method converges to the minimizer at an $O(\exp(-T/\kappa) + \sigma^2/T)$ rate. In contrast, [Sebbouh et al.](#page-29-4) [\[2020\]](#page-29-4) use constant-then-decaying step-sizes to obtain a sub-optimal $O(\kappa^2/T^2 + \sigma^2/T)$ rate.

Theorem 1. For *L*-smooth,
$$
\mu
$$
 strongly-convex functions, SHB (Eq. (3.1)) with $\tau \ge 1$,
\n $v = \frac{1}{4L}$, $\gamma = \left(\frac{\tau}{T}\right)^{1/T}$, $\gamma_k = \gamma^{k+1}$, $\eta_k = v \gamma_k$, and $\lambda_k := \frac{1-2\eta L}{\eta_k \mu} \left(1 - (1 - \eta_k \mu)^k\right)$ converges as:
\n
$$
\mathbb{E} ||w_{T-1} - w^*||^2 \le \frac{c_2}{c_L} ||w_0 - w^*||^2 \exp\left(-\frac{T}{4\kappa} \frac{\gamma}{\ln(T/\tau)}\right) + \frac{64L\sigma^2 c_2 \zeta^2 \kappa^3}{e^2 c_L} \frac{(\ln(T/\tau))^2}{\gamma^2 T}
$$
\nwhere $\zeta = \sqrt{\frac{n-b}{(n-1)b}}$, $c_2 := \exp\left(\frac{1}{2\kappa} \frac{2\tau}{\ln(T/\tau)}\right)$ and $c_L := \frac{4(1-\gamma)}{\mu^2} [1 - \exp(-\frac{\mu \gamma}{2L})]$

This rate matches that of SGD with an exponentially decreasing step-size [\[Li et al.,](#page-28-3) [2021,](#page-28-3) [Vaswani et al.,](#page-29-5) [2022\]](#page-29-5). In the deterministic setting, when $b = n$, then by Lemma [7,](#page-50-0) $\zeta = 0$, and SHB matches the non-accelerated linear rate of GD and HB [\[Ghadimi et al.,](#page-27-2) [2015\]](#page-27-2). Non-parametric regression [\[Belkin et al.,](#page-27-7) [2019,](#page-27-7) [Liang and Rakhlin,](#page-28-7) [2020\]](#page-28-7) or feasible linear systems [\[Loizou and](#page-28-5) [Richtárik,](#page-28-5) [2020\]](#page-28-5) satisfy the interpolation [\[Ma](#page-28-8) [et al.,](#page-28-8) [2018,](#page-28-8) [Vaswani et al.,](#page-29-6) [2019\]](#page-29-6) property. For these problems, the model is able to completely interpolate the data and the gradient for each

Figure 3.1: Variation in α_k and β_k for $T = 100, L = 10, \mu = 1$

point converges to zero at the optimum, meaning that $\nabla f_i(w^*) = 0$. Hence, the noise at the optimum vanishes and $\chi = \sigma = 0$. For this case, SHB matches the convergence rate of constant step-size SGD [\[Vaswani et al.,](#page-29-6) [2019\]](#page-29-6). For general strongly-convex functions, [Goujaud](#page-27-3) [et al.](#page-27-3) [\[2023\]](#page-27-3) prove that HB (with any step-size or momentum parameter) cannot achieve an accelerated convergence rate on general (non-quadratic and with dimension greater than 1) smooth, strongly-convex problems. Furthermore, we know that the variance term (depending on σ^2) cannot be decreased at a faster rate than $\Omega(1/T)$ [\[Nguyen et al.,](#page-28-10) [2019\]](#page-28-10). Hence, the above rate is the best-achievable for SHB in the general strongly-convex setting.

We reiterate that the method does not require knowledge of σ^2 and is hence noiseadaptive. Furthermore, all algorithm parameters are completely determined by the μ , L and γ_k sequence. Hence, the resulting algorithm does not require manual tuning of the momentum. In Fig. [3.1,](#page-15-0) we show the variation of the (α_k, β_k) parameters, and observe that the method results in a more aggressive decrease in the step-size (compared to the standard $O(1/k)$ rate). This compensates for the increasing momentum parameter. The above theorem requires knowledge of L and μ which can be difficult to obtain in practice. Hence in Chapter [C,](#page-37-0) we consider the effect of misestimating L and μ on the convergence rate of SHB. These are the first results that consider the effect of parameter misspecification for SHB.

Next, we focus on strongly-convex quadratics where SHB can obtain an accelerated convergence rate.

Chapter 4

Accelerated linear convergence for strongly-convex quadratics

In this section, we focus on strongly-convex quadratics and in Section [4.1,](#page-16-1) we prove that SHB with a large batch-size attains accelerated linear convergence to a neighbourhood determined by the noise. In Section [4.2,](#page-18-0) we prove a corresponding lower-bound that demonstrates the necessity of a large batch-size to attain acceleration. Next, in Section [4.3,](#page-19-0) we design a multi-stage SHB algorithm that achieves accelerated convergence to the minimizer. Finally, in Section [4.4,](#page-22-0) we design a two-phase SHB algorithm that has a simpler implementation, but can only attain partially accelerated rates.

4.1 Upper Bound for SHB

In the following theorem (proved in Chapter [D\)](#page-43-0), we show that for strongly-convex quadratics, SHB with a batch-size b larger than a certain problem-dependent threshold b^* , constant step-size and momentum parameter converges to a neighbourhood of the solution at an accelerated linear rate.

Theorem 2. For *L*-smooth, *µ* strongly-convex quadratics, SHB (Eq. [\(2.1\)](#page-13-2)) with $\alpha_k = \alpha = \frac{a}{L}$ *L* for $a \leq 1$, $\beta_k = \beta = \left(1 - \frac{1}{2}\right)$ $\left(\frac{1}{2}\sqrt{\alpha\mu}\right)^2$, batch-size *b* s.t. $b \ge b^* := n \max\left\{\frac{1}{1 + \frac{n-1}{C\kappa^2}}\right\}$ $, \frac{1}{(n+1)}$ $1+\frac{(n-1)a}{3}$ \mathcal{L} converges as:

$$
\mathbb{E}[\Delta_T] \leq \frac{6\sqrt{2}\sqrt{\kappa}}{\sqrt{a}} \exp\left(-\frac{\sqrt{a}T}{2\sqrt{\kappa}} \max\left\{\frac{3}{4}, 1 - 2\sqrt{\kappa}\sqrt{\zeta}\right\}\right) \Delta_0 + \frac{12\sqrt{a}\chi}{\mu} \min\left\{1, \frac{\zeta}{\sqrt{a}}\right\}
$$

where $\Delta_k := ||w_k - w^*||$, $\chi := \sqrt{\mathbb{E}||\nabla f_i(w^*)||^2}$, $\zeta = \sqrt{3\frac{n-b}{(n-1)b}}$ and $C := 3^5 2^6$.

The first term in the convergence rate represents the bias. Since $1 - 2\sqrt{\kappa}$ $\sqrt{\zeta} > \frac{3}{4}$ when $b \geq b^*$, the initial sub-optimality Δ_0 is forgotten at an accelerated linear rate proportional to $\exp(-T/\sqrt{\kappa})$. Moreover, since the bias term depends on ζ , using a larger batch-size (above b^*) leads to a smaller ζ resulting in faster convergence. In the deterministic case, when

 $b = n$ and $\zeta = 0$, we recover the non-asymptotic accelerated convergence for HB [\[Wang](#page-29-0) [et al.,](#page-29-0) [2021\]](#page-29-0). Similar to the deterministic case, the accelerated convergence requires a "warmup" number of iterations meaning that *T* needs to be sufficiently large to ensure that $\exp\left(-\frac{T}{\sqrt{2}}\right)$ *κ* $\frac{\sqrt{a}}{2}$ max $\left\{\frac{3}{4}\right\}$ $\frac{3}{4}$, 1 – 2 $\sqrt{\kappa}$ √ $\overline{\zeta}$ $\left\{ \right\}$ \leq $\frac{6\sqrt{2}}{2}$ √ 2*κ* $\frac{2\kappa}{a}$. The second term represents the variance, and determines the size of the neighbourhood. The above theorem uses $\chi^2 = \mathbb{E} \|\nabla f_i(w^*)\|^2$ as the measure of stochasticity, where $\chi^2 \leq 2L\sigma^2$ because of the *L*-smoothness of the problem. Compared to constant step-size SGD that achieves an $O(\exp(-T/\kappa) + \chi)$, SHB with a sufficiently large batch-size results in an accelerated $O(\exp(-T/\sqrt{\kappa}) + \chi)$ rate. We observe that if κ is large, a larger batch-size is required to attain acceleration. Likewise, using a smaller step-size requires a proportionally larger batch-fraction to guarantee an accelerated rate. On the other hand, as *n* increases, the relative batch-fraction (equal to *b/n*) required for acceleration is smaller. The proof of the above theorem relies on the non-asymptotic result for HB in the deterministic setting [\[Wang et al.,](#page-29-0) [2021\]](#page-29-0), coupled with an inductive argument over the iterations.

The above result substantiates the claim that the practical gain of SHB is a by-product of using larger mini-batches. In comparison to the above result, [Loizou and Richtárik](#page-28-5) [\[2020\]](#page-28-5) also prove an accelerated rate for SHB, but measure the sub-optimality in terms of $\|\mathbb{E}[w_T - w^*]\|$ which does not effectively model the problem's stochasticity. In contrast to [Bollapragada et al.](#page-27-6) [\[2022,](#page-27-6) Theorem 3.1] which results in an $O(T \exp(-T/\sqrt{\kappa}) + \sigma \log(d))$ rate where *d* is the problem dimension, we obtain a faster convergence rate without an additional *T* dependence in the bias term, nor an additional $log(d)$ dependence in the variance term. In order to achieve an accelerated rate, our threshold b^* scales as $O\left(\frac{1}{1/\epsilon}\right)$ $\frac{1}{\frac{1}{n+1/k^2}}$. When $n >> O(\kappa^2)$, our result implies that SHB with a nearly constant (independent of *n*) mini-batch size can attain accelerated convergence to a neighbourhood of the minimizer. In contrast, [\[Bollapragada](#page-27-6) [et al.,](#page-27-6) [2022,](#page-27-6) Theorem 3.1 require a batch-size of $\Omega(d\kappa^{3/2})$ to attain an accelerated rate in the worst-case. This condition is vacuous in the over-parameterized regime when $d > n$. Hence, compared to our result, [Bollapragada et al.](#page-27-6) [\[2022\]](#page-27-6) require a more stringent condition on the batch-size when $d > \sqrt{\kappa}$. On the other hand, [Lee et al.](#page-28-6) [\[2022\]](#page-28-6) provide an average-case analysis of SHB as $d, n \to \infty$, and prove an accelerated rate when $b \ge n \frac{\bar{\kappa}}{\sqrt{\kappa}}$ where $\bar{\kappa}$ is the average condition number. In the worst-case (for example, when all data points are the same and $\bar{\kappa} = \kappa = 1$, [Lee et al.](#page-28-6) [\[2022\]](#page-28-6) require $b = n$ in order to attain an accelerated rate.

In the interpolation setting described in Chapter [3,](#page-14-0) the noise at the optimum vanishes and $\sigma = 0$ implying that $\chi = 0$. In this setting, we prove the following Corollary [1](#page-18-2) in Chapter [D.](#page-43-0) Hence, under interpolation, SHB with a sufficiently large batch-size results in accelerated convergence to the minimizer, matching the corresponding result for SGD with Nesterov acceleration [\[Vaswani et al.,](#page-29-5) [2022,](#page-29-5) Theorem 6] and ASGD [\[Jain et al.,](#page-27-9) [2018\]](#page-27-9).

Corollary 1. For *L*-smooth, *µ* strongly-convex quadratics, under interpolation, SHB (Eq. [\(2.1\)](#page-13-2)) with the same parameters as in Theorem [2](#page-16-2) and batch-size *b* s.t. $b \ge b^* := n \frac{1}{1 + \frac{n-1}{C \kappa^2}}$ (where *C* is defined in Theorem [2\)](#page-16-2) converges as:

$$
\mathbb{E} \|w_T - w^*\| \le \frac{6\sqrt{2}}{\sqrt{a}} \sqrt{\kappa} \, \exp\left(-\frac{T}{\sqrt{\kappa}} \frac{\sqrt{a}}{2} \max\left\{\frac{3}{4}, 1 - 2\sqrt{\kappa}\sqrt{\zeta}\right\}\right) \|w_0 - w^*\|
$$

When the noise $\chi \neq 0$ but is assumed to be known, Corollary [4](#page-48-0) (proved in Chapter [D\)](#page-43-0) shows that the step-size and momentum parameter of SHB can be adjusted to achieve an ϵ sub-optimality (for some desired $\epsilon > 0$) at an accelerated linear rate. In the above results, the batch-size threshold depends on *κ*. In the following section, we prove a lower-bound showing that a dependence on κ is necessary.

4.2 Lower Bound for SHB

For SHB with the same step-size and momentum as Corollary [1,](#page-18-2) we show that there exists quadratics for which SHB with a batch-size lower than a certain threshold diverges.

Theorem 3. For a \bar{L} -smooth, $\bar{\mu}$ strongly-convex quadratic problem $f(w) := \frac{1}{n} \sum_{i=1}^{n} \frac{1}{2} w^T A_i w$ with *n* samples and dimension $d = n = 100$ such that $w^* = 0$ and each A_i is an *n*-by-*n* matrix of all zeros except at the (i, i) position, we run SHB [\(2.1\)](#page-13-2) with $\alpha_k = \alpha = \frac{1}{L}$, *β*_{*k*} = *β* = $(1 - \frac{1}{2})$ 2 √ $\left(\frac{w_k}{\alpha \bar{\mu}}\right)^2$. If $b < \frac{1}{1 + \frac{n-1}{e^{3.3} \kappa^{0.6}}} n$ and $\Delta_k := \begin{pmatrix} w_k \\ w_k \end{pmatrix}$ *wk*−¹ \setminus , for a *c >* 1, after 6*T* iterations, we have that:

$$
\mathbb{E}\left[\left\|\Delta_{6T}\right\|^2\right] > c^T \left\|\Delta_0\right\|^2.
$$

The above lower-bound demonstrates that the dependence on κ is necessary in the threshold b^* for the batch-size. We note that the designed problem with $n = d$ corresponds to a feasible linear system and therefore satisfies interpolation. Intuitively, Theorem [3](#page-18-1) shows that in order to attain an accelerated rate for SHB, it is necessary to have a large batch-size to effectively control the error between the empirical Hessian $\frac{1}{b} \sum_{i \in B_k} A_i$ at iteration *k* and the true Hessian. When the batch-size is not large enough, the aggressive updates for accelerated SHB increase this error resulting in divergence. Importantly, the above lower-bound also holds for the step-size and momentum parameters used in [Bollapragada et al.](#page-27-6) [\[2022\]](#page-27-6). We note that our lower-bound result still leaves open the possibility that there are other (less aggressive) choices of the step-size and momentum that can result in an (accelerated) convergence rate with a smaller batch-size. The proof of the above theorem in Chapter [E](#page-52-0) takes advantage of symbolic mathematics programming [\[Meurer et al.,](#page-28-11) [2017\]](#page-28-11), and maybe of independent interest. In contrast to the above result, the lower bound in [Kidambi et al.](#page-27-0) [\[2018\]](#page-27-0) shows that there exist strongly-convex quadratics where SHB with a batch-size of 1 and any choice of step-size and momentum cannot result in an accelerated rate.

We have shown that for strongly-convex quadratics (not necessarily satisfying interpolation), SHB (with large batch-size) can result in accelerated convergence to the neighbourhood of the solution. Next, we design a multi-stage algorithm that ensures accelerated convergence to the minimizer.

4.3 Multi-stage SHB

We propose a multi-stage SHB algorithm (Algorithm [1\)](#page-20-0) and analyze its convergence rate. The structure of our multi-stage algorithm is similar to [Aybat et al.](#page-27-8) [\[2019\]](#page-27-8) who studied Nesterov acceleration in the stochastic setting. For a fixed iteration budget *T*, Algorithm [1](#page-20-0) allocates $T/2$ iterations to stage zero and divides the remaining $T/2$ iterations into *I* stages. The length for each of these *I* stages increases exponentially, while the step-size used in each stage decreases exponentially. This decrease in the step-size helps counter the variance and ensures convergence to the minimizer. Theorem [4](#page-19-1) (proved in in Chapter F) shows that Algorithm [1](#page-20-0) converges to the minimizer at an accelerated linear rate.

Theorem 4. For *L*-smooth, μ strongly-convex quadratics with $\kappa > 1$, for $T \geq \overline{T}$:= $\frac{3\cdot 2^8\sqrt{\kappa}}{\ln(2)}\max\{4\kappa, e^2\},$ Algorithm [1](#page-20-0) with $b \ge b^* := n \max\left\{\frac{1}{1+\frac{n-1}{C\kappa^2}}\right\}$ $\frac{1}{(n-1)^2}$ $1+\frac{(n-1) a_I}{3}$ converges as: $\mathbb{E} \| w_T - w^* \| \leq 6$ √ 2 $\sqrt{C_1}$ $\frac{C_1}{C_3} \kappa^{1/4} \, \exp \left(-\frac{T}{8 \sqrt{3}}\right)$ $\frac{1}{8\sqrt{\kappa}}$ $\|w_0 - w^*\| + \frac{24\kappa}{\mu(x)}$ √ C_1 $\mu(\kappa-1)$ $\frac{\chi}{\sqrt{2}}$ *T .* where $C_1 :=$ $2^9 3\sqrt{\kappa\left(1+2\log^2\left(\frac{T\ln(\sqrt{2})}{384\sqrt{\kappa}}\right)\right)}$ $\frac{\text{Im}(2)}{\text{Im}(2)}$, $C_3 := \frac{3 \cdot 2^8 \max\{4\kappa, e^2\}}{\ln(2)}$ and $C := 3^5 2^6$.

From Theorem [4,](#page-19-1) we see that Algorithm [1](#page-20-0) achieves a convergence rate of $O\left(\exp\left(-\frac{T}{\sqrt{2}}\right)\right)$ *κ* $)+ \frac{\chi}{\sqrt{2}}$ *T* \setminus to the minimizer. It is important to note that in comparison to Theorem [1,](#page-15-1) the sub-optimality above is in terms of $\mathbb{E} \|w_T - w^*\|$ (instead of $\mathbb{E} \|w_T - w^*\|^2$). Hence, the above rate is optimal for strongly-convex quadratics since the bias term decreases at an accelerated linear rate while the variance term goes down as $1/\sqrt{T}$ $1/\sqrt{T}$. Unlike in Corollary [4,](#page-48-0) Algorithm 1 does not require the knowledge of χ and is hence noise-adaptive. When $\chi = 0$, Algorithm [1](#page-20-0) matches the rate of SHB in Corollary [1.](#page-18-2)

In concurrent work, [Pan et al.](#page-28-0) [\[2023\]](#page-28-0) design a similar multi-stage SHB algorithm. However, the algorithm's analysis requires a bounded variance assumption which implies that for all $k \in [T]$, there exists a $\tilde{\sigma} < \infty$ such that $\mathbb{E} \|\nabla f(w_k) - \nabla f_{ik}(w_k)\|^2 \leq \tilde{\sigma}^2$. For strongly-convex quadratics, this assumption implies that the algorithm iterates lie in a compact set [\[Jain](#page-27-9) [et al.,](#page-27-9) [2018\]](#page-27-9). Note that this assumption is much stronger than that in Theorem [4](#page-19-1) which only requires that the variance at the optimum be bounded. With this bounded variance assumption, [Pan et al.](#page-28-0) [\[2023\]](#page-28-0) prove that their multi-stage SHB algorithm converges to the minimizer at an accelerated rate *without any condition on the mini-batch size*. This is in contrast with our result in Theorem [4](#page-19-1) which requires the mini-batch size to be large enough. This discrepancy is because of the different assumptions on the noise. In Fig. [4.1a,](#page-21-0) we use the same feasible linear system as in Theorem [3](#page-18-1) and demonstrate that with a batch-size 1, the algorithm in [Pan et al.](#page-28-0) [\[2023\]](#page-28-0) can diverge. This is because the iterates do not lie on a compact set and $\tilde{\sigma}$ can grow in an unbounded fashion for $O(T)$ iterations (see Fig. [4.1b\)](#page-21-0), demonstrating that the bounded variance assumption is problematic even for simple examples.

¹The Lambert W function is defined as: for $x, y \in \mathbb{R}, y = \mathcal{W}(x) \implies y \exp(y) = x$.

(a) Multi-stage SHB [\[Pan et al.,](#page-28-0) [2023\]](#page-28-0) with $b = 1$ diverges exponentially fast in the first few thousands iterations.

(b) The variance $\tilde{\sigma}^2$ is increasing.

Figure 4.1: Divergence of Multi-stage SHB [\[Pan et al.,](#page-28-0) [2023\]](#page-28-0) with *b* = 1 on the synthetic example in Theorem [3](#page-18-1) with $\kappa = 5000$. We set $w_0 = 100$ and run the algorithm in [\[Pan](#page-28-0) [et al.,](#page-28-0) [2023\]](#page-28-0) with $C = 2$. We consider 5 independent runs, and plot the average gradient norm $\|\nabla f(w_k)\|$ against the number of iterations. In Fig. [4.1b,](#page-21-0) we plot the (log) variance $\log \left(\mathbb{E} \|\nabla f(w_k) - \nabla f_{ik}(w_k) \|^2 \right)$ against the number of iterations. We observe that multi-stage SHB diverges and the variance $\tilde{\sigma}^2$ increases, showing that the bounded variance assumption in [Pan et al.](#page-28-0) [\[2023\]](#page-28-0) is problematic.

With this assumption, [Pan et al.](#page-28-0) [\[2023\]](#page-28-0) prove that their multi-stage algorithm converges at a rate of $\tilde{O}(T\kappa \exp(-T/\sqrt{\kappa}) + \frac{d\tilde{\sigma}}{\sqrt{2}})$ *T* (for a similar definition of suboptimality as in Theorem [4\)](#page-19-1). The above upper-bound implies that their algorithm can only achieve a sublinear rate even when solving feasible linear systems with a large batch-size [\[Jain](#page-27-9) [et al.,](#page-27-9) [2018\]](#page-27-9). In comparison, Algorithm [1](#page-20-0) with a large batch-size can achieve an accelerated linear rate when solving feasible linear systems. From a theoretical perspective, the $\tilde{O}\left(\kappa^{1/4} \exp(-T/\sqrt{\kappa}) + \frac{\chi}{\sqrt{\kappa}}\right)$ *T* bound in Theorem [4](#page-19-1) is better in the bias term (by a factor of T) and hence requires fewer "warmup" iterations. It is also better in the variance term in that it does not incur a dimension dependence. Hence, compared to [Pan et al.](#page-28-0) [\[2023\]](#page-28-0), we have better convergence guarantees with a simpler analysis under more realistic assumptions.

In Theorem [4,](#page-19-1) we observe that the batch-size threshold b^* depends on $a_I = 2^{-I} = O(1/T)$. In order to understand the implications of this requirement, consider the case when $T = \psi n$ (for some $\psi > 0$). In this case, $b^* = n \max \left\{ \frac{1}{1 + \frac{n-1}{C \kappa^2}} \right\}$ $, \frac{1}{1+\frac{1}{4\psi}}$. For practical problems, *n* is of the order of millions compared to *T* which is in the thousands and hence $\psi \ll 1$. Furthermore, when $n \gg O(\kappa^2)$, b^* is predominantly determined by the condition number, making the multi-stage algorithm quite practical. An alternative way to reason is to consider a fixed batch-size *b* as input. In this case, the following corollary presents the accelerated convergence of multi-stage SHB but only for a range of feasible *T*.

Corollary 2. For *L*-smooth, μ strongly-convex quadratics with $\kappa > 1$ $\kappa > 1$, Algorithm 1 with batch-size *b* such that $b \geq b^* := n \frac{1}{1 + \frac{n-1}{C \kappa^2}}$ attains the same rate as in Theorem [4](#page-19-1) for $T \in \left[\frac{3\cdot 2^8 \sqrt{\kappa}}{\ln(2)} \max\{4\kappa, e^2\}, C_1 \sqrt{\frac{(n-1)b}{3(n-b)}}\right]$ 3(*n*−*b*) , where C, C_1 are defined in Theorem [4.](#page-19-1)

We have seen that a complicated algorithm can result in the optimal accelerated rate for a range of *T*. Next, we design a simple-to-implement algorithm that attains partially accelerated rates for all *T*.

4.4 Two-phase SHB

We design a two-phase SHB algorithm (Algorithm [2\)](#page-20-1) that has a convergence guarantee for all *T*, but can only obtain a *partially accelerated rate* with a dependence on κ^q for $q \in \left[\frac{1}{2}\right]$ $\frac{1}{2}, 1].$ Here $q=\frac{1}{2}$ $\frac{1}{2}$ corresponds to the accelerated rate of Section [4.1,](#page-16-1) while $q = 1$ corresponds to the non-accelerated rate of Chapter [3.](#page-14-0) Algorithm [2](#page-20-1) consists of two phases – in phase 1 consisting of *T*⁰ iterations, it uses Eq. [\(2.1\)](#page-13-2) with a constant step-size and momentum parameter (according to Theorem [2\)](#page-16-2); in phase 2 consisting of $T_1 := T - T_0$ iterations, it uses Eq. [\(3.1\)](#page-14-1) with an exponentially decreasing η_k sequence and corresponding λ_k (according to Theorem [1\)](#page-15-1). The relative length of the two phases is governed by $c := T_0/T$. In Chapter [G,](#page-67-0) we analyze the convergence of Algorithm [2](#page-20-1) with general *c* and prove Theorem [10.](#page-67-1) For a specific setting when $c = \frac{1}{2}$ $\frac{1}{2}$, we prove the following corollary.

Corollary 3. For *L*-smooth, μ strongly-convex quadratics with $\kappa > 4$, Algorithm [2](#page-20-1) with batch-size *b* such that $b \ge b^* = n \frac{1}{1 + \frac{n-1}{C \kappa^2}}$ and $c = \frac{1}{2}$ $\frac{1}{2}$ results in a rate of $O\left(\exp\left(-\frac{T}{\kappa^{0.7}}\right) + \frac{\sigma}{\sqrt{T}}\right)$ \setminus for all *T*.

We observe that Algorithm [2,](#page-20-1) with a sub-optimal convergence rate of $O(\exp(-T/\kappa^{0.7}) + \sigma/\sqrt{T})$, is faster than SGD and the non-accelerated SHB algorithm in Chapter [3.](#page-14-0) Compared to the accelerated SHB in Section [4.1,](#page-16-1) the two-phase algorithm converges to the minimizer (instead of the neighbourhood). However, even in the interpolation setting when $\sigma = 0$, the two-phase algorithm (without any knowledge of σ) can only attain a partially accelerated rate. Consequently, in Chapter [H,](#page-70-0) we design a noise-adaptive hybrid algorithm that combines the advantages of Algorithms [1](#page-20-0) and [2](#page-20-1) and can get an accelerated rate in most scenarios.

Chapter 5

Experimental Evaluation

Figure 5.1: Comparing SHB, Multi-SHB, Multi-SHB-CNST, 2P-SHB, SGD, Nesterov-EXP, for the squared loss on synthetic datasets with different *κ* and noise *r*. Both SGD and SHB converge to the neighborhood, but SHB attains an accelerated rate. Multi-SHB, Multi-SHB-CNST and 2P-SHB result in smaller gradient norms and have similar convergence as Nesterov-EXP.

For our experimental evaluation, we consider minimizing strongly-convex quadratics. In particular, we generate random synthetic regression datasets with $n = 10000$ and $d = 20$. For this, we generate a random w^* vector and a random feature matrix $X \in \mathbb{R}^{n \times d}$. We control the maximum and minimum eigenvalues of the resulting X^TX matrix, thus controlling the *L*-smoothness and *µ*-strong-convexity of the resulting quadratic problem. The

measurements $y \in \mathbb{R}^n$ are generated according to the model: $y = Xw^* + s$ where $s \sim \mathcal{N}(0, rI_n)$ corresponds to Gaussian noise. We vary $\kappa \in \{1000, 500, 200\}$ and the magnitude of the noise $r \in \{10^{-2}, 10^{-4}, 10^{-6}\}$. These choices are motivated by [Aybat et al.](#page-27-8) [\[2019\]](#page-27-8). By controlling *r*, we can control the variance in the stochastic gradients. Using these synthetic datasets, we consider minimizing the unregularized linear regression loss: $f(w) = \frac{1}{2} ||Xw - y||^2$. In this case, $A = X^T X$, $d = 2y^T X$ and $A_i = X_i^T X_i$, $d_i = 2y_i^T X_i$.^{[1](#page-24-0)}

We compare the following methods: SHB with a constant step-size and momentum (set according to Theorem [2\)](#page-16-2) with $a = 1$ (SHB), Multi-stage SHB (Algorithm [1\)](#page-20-0) (Multi-SHB). Two-phase SHB (Algorithm [2\)](#page-20-1) with *c* = 0*.*5 (2P-SHB), and use the following baselines – SGD (SGD), SGD with Nesterov acceleration and exponentially decreasing step-sizes [\[Vaswani](#page-29-5) [et al.,](#page-29-5) [2022\]](#page-29-5) (Nesterov-EXP). Additionally, we consider a heuristic we refer to as Multistage SHB with constant momentum parameter (Multi-SHB-CNST). The heuristic has the same structure as Algorithm [1,](#page-20-0) but the momentum parameter in each stage is fixed i.e. $\beta_i = (1 - 1/2\sqrt{\kappa})^2$. We will see that this heuristic can result in better convergence than Multi-SHB. However, analyzing it theoretically is nontrivial. For each compared method, we use a mini-batch size $b = 0.9n$ to ensure that it is sufficiently large for SHB to achieve an accelerated rate for our choices of κ . We note that using $b = 0.9n$ on a noisy regression problem has enough stochasticity to meaningfully compare optimization methods. We fix the total number of iterations $T = 7000$ and initialization $w_0 = 0$. For each experiment, we consider 3 independent runs, and plot the average result. We will use the full gradient norm as the sub-optimality measure and plot it against the number of iterations.

From Fig. [5.1,](#page-23-1) we observe that: (i) both SGD and SHB converge to the neighborhood of the minimizer which depends on the noise *r*. However, SHB attains an accelerated rate, thus converging to the neighborhood faster. (ii) Multi-SHB, Multi-SHB-CNST and 2P-SHB can better counteract the noise, and result in smaller gradient norm after reaching the neighborhood at an accelerated rate. (iii) The Multi-SHB-CNST heuristic results in slightly better empirical performance than Multi-SHB when κ is relatively small. (iv) 2P-SHB results in consistently better performance compared to Multi-SHB. (v) Across problems, the SHB variants have similar convergence as Nesterov-EXP.

Next, we consider solving synthetic feasible linear systems with different values of *κ*, and examine the convergence of SHB with different batch-sizes. The data generation procedure is similar as above, however, there is no Gaussian noise $(s = 0)$ and hence interpolation is satisfied. In particular, the measurements $y \in \mathbb{R}^n$ are now generated according to the model: $y = Xw^*$. We vary $\kappa \in \{8, 16, 32, 64, 128, 256, 512, 1024, 2048\}$ and batch-size $b = \xi n$ for $\xi \in \{0.1, 0.2, 0.3, 0.4, 0.5, 0.6, 0.7, 0.8, 0.9, 1.0\}$. We fix the total number of iterations $T = 2000$. For each experiment, we consider 5 independent runs, and plot the average result. We will use the full gradient norm as the performance measure and plot it against the number of

¹The code is available [here](https://github.com/anh-dang/accelerated_noise_adaptive_shb)

iterations. We compare the following methods: accelerated SHB with a constant step-size and momentum (set according to Theorem [2\)](#page-16-2) with $a = 1$ and varying batch-size ξ (SHB- ξ), non-accelerated SHB with a constant step-size and momentum (set according to Theorem [1\)](#page-15-1) and a fixed batch-size $b = 0.3n$ (NON-ACC-SHB), SGD with a constant step-size and a fixed batch-size $b = 0.3n$ (SGD).

Figure 5.2: Comparison of SHB-*ξ*, NON-ACC-SHB, SGD for the squared loss on synthetic datasets with different κ . For large κ , SHB can converge in an accelerated rate if the batch-size is larger than the threshold b^* . The performances of SGD and NON-ACC-SHB are similar and significantly slower than SHB when κ is large.

From Fig. [5.2,](#page-25-0) we observe that (i) when κ is large, using SHB with smaller batch-sizes can result in divergence, (ii) SHB can only attain acceleration when the batch-size is larger than some *κ*-dependent threshold, and the extent of acceleration depends on the batch-size, (iii) across problems, the performance of SGD and NON-ACC-SHB is similar and slower than SHB when κ is large. This verifies our theoretical results in Sections [4.1](#page-16-1) and [4.2.](#page-18-0)

Finally, in Section [I.2,](#page-76-0) we consider the algorithm proposed in [Pan et al.](#page-28-0) [\[2023\]](#page-28-0). We observe that with a sufficiently large batch-size, the method converges and has similar performance to the proposed SHB variants.

Chapter 6

Conclusion

For the general smooth, strongly-convex setting, we developed a novel variant of SHB that uses exponentially decreasing step-sizes and achieves noise-adaptive non-accelerated linear convergence for *any mini-batch size*. This rate matches that of SGD and is the best achievable rate for SHB in this setting (given the negative results in [Goujaud et al.](#page-27-3) [\[2023\]](#page-27-3)). For strongly-convex quadratics, we demonstrated that SHB can achieve accelerated linear convergence if its mini-batch size is above a certain problem-dependent threshold. Our results imply that for strongly-convex quadratics where $n >> O(\kappa^2)$, SHB (and its multi-stage and two-phase variants) with a nearly constant (independent of *n*) mini-batch size can be provably better than SGD, thus quantifying the theoretical benefit of SHB. In the future, we aim to close the gap between the upper and lower-bounds on the mini-batch size required for SHB to attain an accelerated rate. Furthermore, we aim to improve our lower-bound and characterize the behaviour of SHB with any step-size and momentum parameter. On the more practical side, we hope to develop SHB variants that can attain an accelerated rate when the batch-size is large, and automatically default to non-accelerated rates for smaller batch-sizes.

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Supplementary Material

Organization of the Appendix

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Appendix A

Definitions

Our main assumptions are that each individual function f_i is differentiable, has a finite minimum f_i^* , and is *L*-smooth, meaning that for all *v* and *w*,

$$
f_i(v) \le f_i(w) + \langle \nabla f_i(w), v - w \rangle + \frac{L}{2} ||v - w||^2
$$
, (Individual Smoothness)

which also implies that *f* is *L*-smooth. A consequence of smoothness is the following bound on the norm of the stochastic gradients,

$$
\|\nabla f_i(w)\|^2 \le 2L(f_i(w) - f_i^*).
$$

We also assume that each f_i is convex, meaning that for all v and w ,

$$
f_i(v) \ge f_i(w) - \langle \nabla f_i(w), w - v \rangle.
$$
 (Convexity)

We will also assume that f is μ strongly-convex, meaning that for all v and w ,

$$
f(v) \ge f(w) + \langle \nabla f(w), v - w \rangle + \frac{\mu}{2} ||v - w||^2.
$$
 (Strong Convexity)

Appendix B

Proofs for non-accelerated rates

We will require Sebbouh et al., [2020,](#page-29-4) Theorem H.1. We include its proof for completeness.

Theorem 5. For *L*-smooth, μ strongly-convex functions, suppose $(\eta_k)_k$ is a decreasing sequence such that $\eta_0 = \eta$ and $0 < \eta_k < \frac{1}{2l}$ $\frac{1}{2L}$. Define $\lambda_k := \frac{1-2\eta L}{\eta_k \mu}$ $\overline{\eta_k \mu}$ $(1 - (1 - \eta_k \mu)^k), A_k :=$ $||w_k - w^* + \lambda_k (w_k - w_{k-1})||^2$, $\mathcal{E}_k := A_k + 2\eta_k \lambda_k (f(w_{k-1}) - f(w^*)), \ \alpha_k := \frac{\eta_k}{1 + \lambda_k}$ $\frac{\eta_k}{1+\lambda_{k+1}}, \ \beta_k :=$ $λ_k$ ^{$1−η_kμ$} $\frac{1-\eta_k\mu}{1+\lambda_{k+1}}, \sigma^2 := \mathbb{E}_i[f_i(w^*) - f_i^*] \ge 0.$ Then SHB Eq. [\(2.1\)](#page-13-2) converges as

$$
\mathbb{E}[\mathcal{E}_{k+1}] \le (1 - \eta_k \mu) \mathbb{E}[\mathcal{E}_k] + 2L\kappa \zeta^2 \eta_k^2 \sigma^2
$$
\n(B.1)

where $\zeta = \sqrt{\frac{n-b}{(n-1)b}}$.

Proof. We will first expand and bound the term A_{k+1} ,

$$
A_{k+1} = ||w_{k+1} - w^* + \lambda_{k+1}(w_{k+1} - w_k)||^2
$$

\n
$$
= ||w_k - w^* - \alpha_k \nabla f_{ik}(w_k) + \beta_k(w_k - w_{k-1}) + \lambda_{k+1} [-\alpha_k \nabla f_{ik}(w_k) + \beta_k(w_k - w_{k-1})]||^2
$$

\n(SHB step)
\n
$$
= ||w_k - w^* - \alpha_k(1 + \lambda_{k+1}) \nabla f_{ik}(w_k) + \beta_k(1 + \lambda_{k+1})(w_k - w_{k-1})||^2
$$

\n
$$
= ||w_k - w^* - \eta_k \nabla f_{ik}(w_k) + \lambda_k(1 - \eta_k \mu)(w_k - w_{k-1})||^2
$$

\n(definition of α_k and β_k)
\n
$$
= ||w_k - w^* + \lambda_k(w_k - w_{k-1}) - \eta_k [\mu \lambda_k (w_k - w_{k-1}) + \nabla f_{ik}(w_k)]||^2
$$

\n
$$
= A_k + \eta_k^2 ||\mu \lambda_k (w_k - w_{k-1}) + \nabla f_{ik}(w_k)||^2
$$

\n
$$
- 2\eta_k \langle w_k - w^* + \lambda_k (w_k - w_{k-1}), \mu \lambda_k (w_k - w_{k-1}) + \nabla f_{ik}(w_k) \rangle
$$

\n
$$
= A_k + \eta_k^2 ||\nabla f_{ik}(w_k)||^2 + \eta_k^2 \mu^2 \lambda_k^2 ||w_k - w_{k-1}||^2
$$

\n
$$
+ 2\eta_k^2 \mu \lambda_k \langle w_k - w_{k-1}, \nabla f_{ik}(w_k) \rangle - 2\eta_k \mu \lambda_k \langle w_k - w^*, w_k - w_{k-1} \rangle
$$

\n
$$
- 2\eta_k \langle w_k - w^*, \nabla f_{ik}(w_k) \rangle - 2\eta_k \lambda_k \langle w_k - w_{k-1}, \nabla f_{ik}(w_k) \rangle - 2\eta_k \mu \lambda_k^2 ||w_k - w_{k-1}||^2
$$

\n
$$
\leq A_k - \eta_k \mu \left(\lambda_k^2 ||w_k - w_{k-1}||^2 +
$$

+
$$
\underbrace{\eta_k^2 \|\nabla f_{ik}(w_k)\|^2}_{\leq 2L\eta_k^2[f_{ik}(w_k)-f_{ik}^*]} + 2\eta_k^2\mu\lambda_k\langle w_k - w_{k-1}, \nabla f_{ik}(w_k)\rangle - 2\eta_k\lambda_k\langle w_k - w_{k-1}, \nabla f_{ik}(w_k)\rangle.
$$

(by *L*-smoothness of *fik*)

Add $B_{k+1} = 2\eta_{k+1}\lambda_{k+1} (f(w_k) - f^*)$ on both sides,

$$
A_{k+1} + B_{k+1} \le A_k - \eta_k \mu \left(\lambda_k^2 \| w_k - w_{k-1} \|^2 + 2\lambda_k \langle w_k - w^*, w_k - w_{k-1} \rangle \right) - 2\eta_k \langle w_k - w^*, \nabla f_{ik}(w_k) \rangle + 2L\eta_k^2 [f_{ik}(w_k) - f_{ik}^*] + 2\eta_k^2 \mu \lambda_k \langle w_k - w_{k-1}, \nabla f_{ik}(w_k) \rangle - 2\eta_k \lambda_k \langle w_k - w_{k-1}, \nabla f_{ik}(w_k) \rangle + 2\eta_{k+1} \lambda_{k+1} (f(w_k) - f^*) \le A_k - \eta_k \mu \left(\lambda_k^2 \| w_k - w_{k-1} \|^2 + 2\lambda_k \langle w_k - w^*, w_k - w_{k-1} \rangle \right) - 2\eta_k \langle w_k - w^*, \nabla f_{ik}(w_k) \rangle + 2L\eta_k^2 [f_{ik}(w_k) - f_{ik}^*] - 2\eta_k \lambda_k (1 - \eta_k \mu) \langle w_k - w_{k-1}, \nabla f_{ik}(w_k) \rangle + 2\eta_{k+1} \lambda_{k+1} [f(w_k) - f^*].
$$

Taking expectation w.r.t i_k , $f_{ik}(w_k) - f_{ik}^* = [f_{ik}(w_k) - f_{ik}(w^*)] + [f_{ik}(w^*) - f_{ik}^*]$ then

$$
\mathbb{E}[A_{k+1} + B_{k+1}] \leq \mathbb{E}[A_k] - \mathbb{E}\left[\eta_k \mu\left(\lambda_k^2 ||w_k - w_{k-1}||^2 + 2\lambda_k \langle w_k - w^*, w_k - w_{k-1}\rangle\right)\right] \n- 2\eta_k \mathbb{E}[\langle w_k - w^*, \nabla f(w_k)\rangle] + 2L\kappa\zeta^2 \eta_k^2 \sigma^2 + 2L\eta_k^2 \mathbb{E}[f(w_k) - f^*] \n- 2\eta_k \lambda_k (1 - \eta_k \mu) \mathbb{E}[\langle w_k - w_{k-1}, \nabla f(w_k)\rangle] + 2\eta_{k+1} \lambda_{k+1} \mathbb{E}[f(w_k) - f^*].
$$
\n(Using Lemma 2)

Since f is strongly-convex, $-2\eta_k \langle w_k - w^*, \nabla f(w_k) \rangle \leq -\eta_k \mu ||w_k - w^*||^2 - 2\eta_k [f(w_k) - f^*],$ then

$$
\mathbb{E}[\mathcal{E}_{k+1}] \leq \mathbb{E}[A_k] - \eta_k \mu \mathbb{E}[\|w_k - w^*\|^2 + \lambda_k^2 \|w_k - w_{k-1}\|^2 + 2\lambda_k \langle w_k - w^*, w_k - w_{k-1}\rangle]
$$

+ $2L\kappa \zeta^2 \eta_k^2 \sigma^2 + 2L\eta_k^2 \mathbb{E}[f(w_k) - f^*] - 2\eta_k \lambda_k (1 - \eta_k \mu) \mathbb{E}[\langle w_k - w_{k-1}, \nabla f(w_k) \rangle]$
- $2\eta_k \mathbb{E}[f(w_k) - f^*] + 2\eta_{k+1} \lambda_{k+1} \mathbb{E}[f(w_k) - f^*]$
 $\leq (1 - \eta_k \mu) \mathbb{E}[A_k] + 2L\kappa \zeta^2 \eta_k^2 \sigma^2 + 2L\eta_k^2 \mathbb{E}[f(w_k) - f^*]$
- $2\eta_k \lambda_k (1 - \eta_k \mu) \mathbb{E}[\langle w_k - w_{k-1}, \nabla f(w_k) \rangle]$
- $2\eta_k \mathbb{E}[f(w_k) - f^*] + 2\eta_{k+1} \lambda_{k+1} \mathbb{E}[f(w_k) - f^*].$

By convexity, $-\langle \nabla f(w_k), w_k - w_{k-1} \rangle \le f(w_{k-1}) - f(w_k) = [f(w_{k-1}) - f^*] - [f(w_k) - f^*],$ then

$$
\mathbb{E}[\mathcal{E}_{k+1}] \leq (1 - \eta_k \mu) \mathbb{E}[A_k] + 2L\kappa \zeta^2 \eta_k^2 \sigma^2 + 2L\eta_k^2 \mathbb{E}[f(w_k) - f^*] + 2\eta_k \lambda_k (1 - \eta_k \mu) \mathbb{E}[f(w_{k-1}) - f^*]
$$

\n
$$
- 2\eta_k \lambda_k (1 - \eta_k \mu) \mathbb{E}[f(w_k) - f^*] - 2\eta_k \mathbb{E}[f(w_k) - f^*] + 2\eta_{k+1} \lambda_{k+1} \mathbb{E}[f(w_k) - f^*]
$$

\n
$$
\leq (1 - \eta_k \mu) \mathbb{E}[A_k + 2\eta_k \lambda_k [f(w_{k-1}) - f^*]] + 2L\kappa \zeta^2 \eta_k^2 \sigma^2 + 4L\eta_k^2 \mathbb{E}[f(w_k) - f^*]
$$

\n
$$
- 2\eta_k \lambda_k (1 - \eta_k \mu) \mathbb{E}[f(w_k) - f^*] - 2\eta_k \mathbb{E}[f(w_k) - f^*] + 2\eta_{k+1} \lambda_{k+1} \mathbb{E}[f(w_k) - f^*]
$$

$$
\leq (1 - \eta_k \mu) \mathbb{E}[\mathcal{E}_k] + 2L\kappa \zeta^2 \eta_k^2 \sigma^2
$$

+ 2\mathbb{E}[f(w_k) - f^*] (2L\eta_k^2 - \eta_k \lambda_k (1 - \eta_k \mu) - \eta_k + \eta_{k+1} \lambda_{k+1}).
(Theorem 5 first part)

We want to show that $2L\eta_k^2 - \eta_k\lambda_k(1 - \eta_k\mu) - \eta_k + \eta_{k+1}\lambda_{k+1} \leq 0$ which is equivalent to $\eta_{k+1}\lambda_{k+1} \leq \eta_k(1-2L\eta_k+\lambda_k(1-\eta_k\mu)).$

RHS =
$$
\eta_k (1 - 2L\eta_k + \lambda_k (1 - \eta_k \mu))
$$

\n= $\eta_k (1 - 2L\eta_k) + \eta_k \lambda_k (1 - \eta_k \mu)$
\n= $\eta_k (1 - 2L\eta_k) + \frac{1 - 2\eta L}{\mu} (1 - (1 - \eta_k \mu)^k) (1 - \eta_k \mu)$ (definition of λ_k)
\n= $\eta_k (1 - 2L\eta_k) - \frac{1 - 2\eta L}{\mu} \eta_k \mu + \frac{1 - 2\eta L}{\mu} (1 - (1 - \eta_k \mu)^{k+1})$
\n= $\frac{1 - 2\eta L}{\mu} (1 - (1 - \eta_k \mu)^{k+1}) + 2L\eta_k (\eta - \eta_k)$ (since $\eta \ge \eta_k$)
\n $\ge \frac{1 - 2\eta L}{\mu} (1 - (1 - \eta_k \mu)^{k+1})$
\n $\ge \frac{1 - 2\eta L}{\mu} (1 - (1 - \eta_{k+1} \mu)^{k+1})$ (since $\eta_k \ge \eta_{k+1}$)
\n= $\eta_{k+1} \lambda_{k+1} = \text{LHS}.$

Hence,

$$
\mathbb{E}[\mathcal{E}_{k+1}] \le (1 - \eta_k \mu) \mathbb{E}[\mathcal{E}_k] + 2L\kappa \zeta^2 \eta_k^2 \sigma^2
$$

Theorem 1. For *L*-smooth, μ strongly-convex functions, SHB (Eq. [\(3.1\)](#page-14-1)) with $\tau \geq 1$, $v = \frac{1}{4l}$ $\frac{1}{4L}$, $\gamma = \left(\frac{\tau}{T}\right)$ $\left(\frac{\tau}{T}\right)^{1/T}$, $\gamma_k = \gamma^{k+1}$, $\eta_k = \nu \gamma_k$, and $\lambda_k := \frac{1-2\eta L}{\eta_k \mu}$ *ηkµ* $\left(1 - (1 - \eta_k \mu)^k\right)$ converges as: $\mathbb{E} \|w_{T-1} - w^*\|^2 \leq \frac{c_2}{c_1}$ $\frac{c_2}{c_L}$ $\|w_0 - w^*\|^2 \exp\left(-\frac{T}{4R}\right)$ 4*κ γ* $\ln(T/\tau)$ $+ \frac{64L\sigma^2c_2\zeta^2\kappa^3}{2}$ $e^2 c_L$ $(\ln(T/\tau))^2$ $\gamma^2 T$ where $\zeta = \sqrt{\frac{n-b}{(n-1)\,b}}$, , $c_2 := \exp\left(\frac{1}{2t}\right)$ 2*κ* 2*τ* $\frac{2\tau}{\ln(T/\tau)}$ and $c_L := \frac{4(1-\gamma)}{\mu^2}$ $\frac{1-\gamma)}{\mu^2}$ $\left[1-\exp\left(-\frac{\mu\,\gamma}{2L}\right)\right]$ $\frac{\mu\,\gamma}{2L})$]

Proof. From the result of Theorem [5](#page-32-2) we have

$$
\mathbb{E}[\mathcal{E}_k] \le (1 - \eta_k \mu) \mathbb{E}[\mathcal{E}_{k-1}] + 2L\kappa \zeta^2 \eta_k^2 \sigma^2
$$

Unrolling the recursion starting from w_0 and using the exponential step-sizes γ_k

$$
\mathbb{E}[\mathcal{E}_T] \leq \mathbb{E}[\mathcal{E}_0] \prod_{k=1}^T \left(1 - \frac{\mu \gamma^k}{4L} \right) + 2L\kappa \zeta^2 \sigma^2 \sum_{k=1}^T \left[\prod_{i=k+1}^T \gamma^{2k} \left(1 - \frac{\mu \gamma^i}{4L} \right) \right]
$$

$$
\leq ||w_0 - w^*||^2 \exp \left(\frac{-\mu}{4L} \sum_{\substack{k=1 \ \dots \\ k=1}}^T \gamma^k \right) + 2L\kappa \zeta^2 \sigma^2 \sum_{k=1}^T \gamma^{2k} \exp \left(-\frac{\mu}{4L} \sum_{i=k+1}^T \gamma^i \right)
$$

$$
\frac{\zeta}{\zeta} \left(\lambda_0 = 0 \text{ and } 1 - x < \exp(-x) \right)
$$

Using Lemma [3](#page-36-3) to lower-bound *C* then the first term can be bounded as

$$
||w_0 - w^*||^2 \exp\left(\frac{-\mu}{4L}C\right) \le ||w_0 - w^*||^2 c_2 \exp\left(-\frac{T}{4\kappa} \frac{\gamma}{\ln(T/\tau)}\right)
$$

where $\kappa = \frac{L}{\mu}$ $\frac{L}{\mu}$ and $c_2 = \exp\left(\frac{1}{2\mu}\right)$ 2*κ* 2*τ* $\frac{2\tau}{\ln(T/\tau)}$. Using Lemma [4](#page-36-4) to upper-bound *D*, we have $D \leq \frac{32\kappa^2c_2(\ln(T/\tau))^2}{e^2\gamma^2T}$ $\frac{22(\ln(1/\tau))}{e^2\gamma^2T}$ then the second term can be bounded as

$$
2L\kappa\zeta^2\sigma^2D \le \frac{64L\sigma^2c_2\zeta^2\kappa^3}{e^2}\frac{(\ln(T/\tau))^2}{\gamma^2T}
$$

Hence

$$
\mathbb{E}[\mathcal{E}_T] \leq ||w_0 - w^*||^2 c_2 \exp\left(-\frac{T}{4\kappa} \frac{\gamma}{\ln(T/\tau)}\right) + \frac{64L\sigma^2 c_2 \zeta^2 \kappa^3}{e^2} \frac{(\ln(T/\tau))^2}{\gamma^2 T}
$$

By Lemma [1,](#page-36-5) then

$$
\mathbb{E} \|w_{T-1} - w^*\|^2 \leq \frac{c_2}{c_L} \|w_0 - w^*\|^2 \exp\left(-\frac{T}{4\kappa} \frac{\gamma}{\ln(T/\tau)}\right) + \frac{64L\sigma^2 c_2 \zeta^2 \kappa^3}{e^2 c_L} \frac{(\ln(T/\tau))^2}{\gamma^2 T}
$$

 \Box
B.1 Helper Lemmas

Lemma 1. For $\mathcal{E}_T := \|w_T - w^* + \lambda_T(w_T - w_{T-1})\|^2 + 2\eta_T\lambda_T(f(w_{t-1}) - f(w^*)), \ \mathcal{E}_T \geq$ c_L $||w_{T-1} - w^*||^2$ *where* $c_L = \frac{4(1-\gamma)}{u^2}$ $\frac{1-\gamma)}{\mu^2}$ $\left[1-\exp\left(-\frac{\mu\,\gamma}{2L}\right)\right]$ $\frac{\mu\gamma}{2L})$]

Proof.

$$
\mathbb{E}[\mathcal{E}_T] = \mathbb{E}[A_T] + \mathbb{E}[B_T] \ge \mathbb{E}[B_T] = 2\lambda_T \eta_T \mathbb{E}[f(w_{T-1}) - f^*]
$$

Hence, we want to lower-bound $\lambda_T \eta_T$ and we do this next

$$
\lambda_T \eta_T = \frac{1 - \gamma}{\mu} \left[1 - \left(1 - \frac{\mu \gamma^{T+1}}{2L} \right)^T \right]
$$
 (Using the definition of η_k and λ_k)
\n
$$
\geq \frac{1 - \gamma}{\mu} \left[1 - \exp\left(-T \gamma^T \frac{\mu \gamma}{2L} \right) \right]
$$
 (Since $1 - x \leq \exp(-x)$)
\n
$$
= \frac{1 - \gamma}{\mu} \left[1 - \exp\left(-\frac{\mu \gamma}{2L} \right) \right]
$$
 (Since $\gamma = \left(\frac{1}{T} \right)^{1/T}$)

Putting everything together, and using strong-convexity of *f*

$$
\mathbb{E}[\mathcal{E}_T] \ge \underbrace{\frac{4(1-\gamma)}{\mu^2} \left[1 - \exp\left(-\frac{\mu\,\gamma}{2L}\right)\right]}_{:=c_L} \mathbb{E} \|w_{T-1} - w^*\|^2
$$

 \Box

We restate [\[Vaswani et al.,](#page-29-0) [2022,](#page-29-0) Lemma 2, Lemma 5, and Lemma 6] that we used in our proof.

Lemma 2. *If*

$$
\sigma^2 := \mathbb{E}[f_i(w^*) - f_i^*],
$$

and each function fⁱ is µ strongly-convex and L-smooth, then

$$
\sigma_B^2 := \mathbb{E}_{\mathcal{B}}[f_{\mathcal{B}}(w^*) - f_{\mathcal{B}}^*] \le \kappa \underbrace{\frac{n-b}{(n-1)b}}_{:=\zeta^2} \sigma^2.
$$

Lemma 3.

$$
A:=\sum_{t=1}^T \gamma^t \geq \frac{\gamma T}{\ln(T/\tau)} - \frac{2\tau}{\ln(T/\tau)}
$$

Lemma 4. *For* $\gamma = \left(\frac{\tau}{7}\right)$ $(\frac{\tau}{T})^{1/T}$ *and any* $\kappa > 0$ *, with* $c_2 = \exp\left(\frac{1}{\kappa}\right)$ *κ* 2*τ* $rac{2\tau}{\ln(T/\tau)}\bigg),$

$$
\sum_{k=1}^{T} \gamma^{2k} \exp\left(-\frac{1}{\kappa} \sum_{i=k+1}^{T} \gamma^i\right) \le \frac{4\kappa^2 c_2 (\ln(T/\tau))^2}{e^2 \gamma^2 T}
$$

Appendix C

Proofs for non-accelerated rates with misestimation

A practical advantage of using Eq. [\(3.1\)](#page-14-0) with exponential step-sizes is its robustness to misspecification of L and μ . Specifically, in Section [C.1,](#page-37-0) we analyze the convergence of SHB (Eq. [\(3.1\)](#page-14-0)) when using an estimate L (rather than the true smoothness constant). In Section [C.2,](#page-41-0) we analyze the convergence of SHB when using an estimate $\hat{\mu}$ for the strong-convexity parameter.

C.1 *L* **misestimation**

Without loss of generality, we assume that the estimate \hat{L} is off by a multiplicative factor ν i.e. $\hat{L} = \frac{L}{\mu}$ $\frac{L}{v_L}$ for some $\nu_L > 0$. Here ν_L quantifies the estimation error with $\nu_L = 1$ corresponding to an exact estimation of *L*. In practice, it is typically possible to obtain lower-bounds on the smoothness constant. Hence, the $\nu_L > 1$ regime is of practical interest.

Similar to the dependence of SGD on smoothness mis-estimation obtained by [Vaswani](#page-29-0) [et al.](#page-29-0) [\[2022\]](#page-29-0), Theorem [6](#page-38-0) shows that with any mis-estimation on *L* we can still recover the convergence rate of $O\left(\exp\left(-\frac{T}{\kappa}\right)\right)$ $\left(\frac{-T}{\kappa}\right) + \frac{\sigma^2}{T}$ $\left(\frac{\sigma^2}{T}\right)$ to the minimizer *w*^{*}. Specifically, Theorem [6](#page-38-0) demonstrates a convergence rate of $O\left(\exp\left(-\frac{\min\{\nu_L,1\}T}{\epsilon}\right)\right)$ $\left(\frac{\nu_L,1}{\kappa}\right)$ + $\frac{\max\{\nu_l^2,1\}(\sigma^2 + \Delta_f \max\{\ln(\nu_L),0\})}{T}$ *T* . The first two terms in Theorem [6](#page-38-0) are similar to those in Theorem [1.](#page-15-0) For $\nu_L \leq 1$, the third term is zero and the rate matches that in Theorem [1](#page-15-0) upto a constant that depends on *νL*. For $\nu_L > 1$, SHB initially diverges for k_0 iterations, but the exponential step-size decay ensures that the algorithm eventually converges to the minimizer. The initial divergence and the resulting slowdown in the rate is proportional to ν_L . Finally, we note that [Vaswani](#page-29-0) [et al.](#page-29-0) [\[2022\]](#page-29-0) demonstrate similar robustness for SGD with exponential step-sizes, while also proving the necessity of the slowdown in the convergence.

Theorem 6. Under the same settings as Theorem [1,](#page-15-0) SHB (Eq. [\(3.1\)](#page-14-0)) with the estimated $\hat{L} = \frac{L}{\nu}$ $\frac{L}{v_L}$ results in the following convergence,

$$
\mathbb{E} \|w_{T-1} - w^*\|^2
$$
\n
$$
\leq \|w_0 - w^*\|^2 \frac{c_2}{c_L} \exp\left(-\frac{\min\{\nu_L, 1\}T}{2\kappa} \frac{\gamma}{\ln(T/\tau)}\right)
$$
\n
$$
+ \frac{c_2}{c_L} \frac{32L\kappa^3 \zeta^2 \ln(T/\tau)}{e^2 \gamma^2 T} \times \left[\left(\max\left\{1, \frac{\nu_L^2}{4L}\right\} \ln(T/\tau) \sigma^2\right) + \left(\max\{0, \ln(\nu_L)\}\left(\sigma^2 + 2\Delta_f \frac{\nu_L - 1}{\nu_L \kappa}\right)\right) \right]
$$

where $c_2 = \exp\left(\frac{1}{2\epsilon}\right)$ 2*κ* 2*τ* $\left(\frac{2\tau}{ln(T/\tau)}\right)$, $k_0 = T \frac{\ln(\nu_L)}{\ln(T/\tau)}$ $\frac{\ln(\nu_L)}{\ln(T/\tau)}$, and $\Delta_f = \max_{i \in [k_0]} \mathbb{E}[f(w_i) - f^*]$ and $c_L = \frac{4(1-\gamma)}{\mu^2}$ $\frac{1-\gamma)}{\mu^2}$ $\left[1-\exp\left(-\frac{\mu\,\gamma}{2L}\right)\right]$ $\frac{\mu\,\gamma}{2L})$]

Proof. Suppose we estimate L to be \hat{L} . Now redefine

$$
\eta_k = \frac{1}{2\hat{L}} \gamma_k
$$

$$
\hat{\lambda}_k = \frac{1 - 2\eta \hat{L}}{\eta_k \mu} \left(1 - (1 - \eta_k \mu)^k \right)
$$

$$
\hat{A}_k = \left\| w_k - w^* + \hat{\lambda}_k (w_k - w_{k-1}) \right\|^2
$$

$$
\hat{B}_k = 2\eta_k \hat{\lambda}_k (f(w_{k-1}) - f(w^*))
$$

$$
\hat{\mathcal{E}}_k = \hat{A}_k + \hat{B}_k
$$

Follow the proof of Theorem [5](#page-32-0) until Theorem [5](#page-32-0) [first part](#page-34-0) step with the new definition,

$$
\mathbb{E}[\hat{\mathcal{E}}_{k+1}] \leq (1 - \eta_k \mu) \mathbb{E}[\hat{\mathcal{E}}_k] + 2L\kappa \zeta^2 \eta_k^2 \sigma^2 + 2\mathbb{E}[f(w_k) - f^*] \underbrace{\left(2L\eta_k^2 - \eta_k \hat{\lambda}_k (1 - \eta_k \mu) - \eta_k + \eta_{k+1} \hat{\lambda}_{k+1}\right)}_{G}
$$
\n(C.1)

G can be bound as

$$
G = 2L\eta_k^2 - \eta_k \hat{\lambda}_k (1 - \eta_k \mu) - \eta_k + \eta_{k+1} \hat{\lambda}_{k+1}
$$

= $\eta_k (2L\eta_k - 1) - \eta_k \hat{\lambda}_k (1 - \eta_k \mu) + \eta_{k+1} \hat{\lambda}_{k+1}$
= $\eta_k (2L\eta_k - 1) + \eta_k (1 - 2\hat{L}\eta) - \frac{1 - 2\eta \hat{L}}{\mu} \left(1 - (1 - \eta_k \mu)^{k+1}\right) + \eta_{k+1} \hat{\lambda}_{k+1}$
(definition of $\hat{\lambda}_k$)

$$
\leq 2\eta_k (L\eta_k - \hat{L}\eta) - \frac{1 - 2\eta L}{\mu} \left(1 - (1 - \eta_{k+1}\mu)^{k+1} \right) + \eta_{k+1} \hat{\lambda}_{k+1} \qquad (\eta_{k+1} \leq \eta_k)
$$

= $2\eta_k (L\eta_k - \hat{L}\eta) - \eta_{k+1} \hat{\lambda}_{k+1} + \eta_{k+1} \hat{\lambda}_{k+1}$
= $2\eta_k (L\eta_k - \hat{L}\eta)$

Hence Eq. [\(C.1\)](#page-38-1) can be written as

$$
\mathbb{E}[\hat{\mathcal{E}}_{k+1}] \leq (1 - \eta_k \mu) \mathbb{E}[\hat{\mathcal{E}}_k] + 2L\kappa \zeta^2 \eta_k^2 \sigma^2 + 4\mathbb{E}[f(w_k) - f^*]\eta_k (L\eta_k - \hat{L}\eta)
$$

First case if $\nu_L \leq 1$ $\nu_L \leq 1$ then $L\eta_k - \hat{L}\eta \leq 0$ and we will recover the proof of Theorem 1 with a slight difference including *νL*.

$$
\mathbb{E}[\hat{\mathcal{E}}_k] \leq \|w_0 - w^*\|^2 c_2 \exp\left(-\frac{\nu_L T}{2\kappa} \frac{\gamma}{\ln(T/\tau)}\right) + \frac{32L\kappa \zeta^2 \sigma^2 c_2 \kappa^2}{e^2} \frac{(\ln(T/\tau))^2}{\gamma^2 T}
$$

Second case if *ν^L >* 1

Let $k_0 = T \frac{\ln(\nu_L)}{\ln(T/\tau)}$ $\frac{\ln(\nu_L)}{\ln(T/\tau)}$ then for $k < k_0$ regime, $L\eta_k - \hat{L}\eta > 0$

$$
\mathbb{E}[\hat{\mathcal{E}}_{k+1}] \leq (1 - \eta_k \mu) \mathbb{E}[\hat{\mathcal{E}}_k] + 2L\kappa \zeta^2 \eta_k^2 \sigma^2 + 4\mathbb{E}[f(w_k) - f^*]\eta_k (L\eta_k - \hat{L}\eta)
$$

Let $\Delta_f = \max_{i \in [k_0]} \mathbb{E}[f(w_i) - f^*]$ and observe that $L\eta_k - \hat{L}\eta \le L\eta_k \frac{\nu_L - 1}{\nu_L}$ $\frac{L-1}{\nu_L}$ then

$$
\mathbb{E}[\hat{\mathcal{E}}_{k+1}] \leq (1 - \eta_k \mu) \mathbb{E}[\hat{\mathcal{E}}_k] + 2L\kappa \zeta^2 \eta_k^2 \sigma^2 + 4L\eta_k^2 \Delta_f \frac{\nu_L - 1}{\nu_L}
$$

= $(1 - \frac{\mu \nu_L}{2L} \gamma^k) \mathbb{E}[\hat{\mathcal{E}}_k] + 2L(\kappa \zeta^2 \sigma^2 + 2\Delta_f \frac{\nu_L - 1}{\nu_L}) \eta_k^2$

Since $\nu_L > 1$

$$
\mathbb{E}[\hat{\mathcal{E}}_{k+1}] \leq (1 - \frac{\mu}{2L} \gamma^k) \mathbb{E}[\hat{\mathcal{E}}_{k+1}] + c_5 \eta_k^2
$$

Unrolling the recursion for the first k_0 iterations we get

$$
\mathbb{E}[\hat{\mathcal{E}}_{k_0}] \leq \mathbb{E}[\hat{\mathcal{E}}_0] \prod_{k=1}^{k_0-1} \left(1 - \frac{\mu}{2L} \gamma^k \right) + c_5 \sum_{k=1}^{k_0-1} \gamma_k^2 \prod_{i=k+1}^{k_0-1} \left(1 - \frac{\mu}{2L} \gamma_i \right)
$$

Bounding the first term using Lemma [3,](#page-36-0)

$$
\prod_{k=1}^{k_0-1} \left(1 - \frac{\mu}{2L} \gamma^k \right) \le \exp\left(-\frac{\mu}{2L} \frac{\gamma - \gamma^{k_0}}{1 - \gamma} \right)
$$

Bounding the second term using Lemma [4](#page-36-1) similar to [\[Vaswani et al.,](#page-29-0) [2022,](#page-29-0) Section C3]

$$
\sum_{k=1}^{k_0-1} \gamma_k^2 \prod_{i=k+1}^{k_0-1} \left(1 - \frac{\mu}{2L} \gamma_i\right) \le \exp\left(\frac{\gamma^{k_0}}{2\kappa(1-\gamma)}\right) \frac{16\kappa^2}{e^2 \gamma^2} \frac{k_0 \ln(T/\tau)^2}{T^2}
$$

Put everything together,

$$
\mathbb{E}[\hat{\mathcal{E}}_{k_0}] \le ||w_0 - w^*||^2 \exp\left(-\frac{\mu}{2L} \frac{\gamma - \gamma^{k_0}}{1 - \gamma}\right) + c_5 \exp\left(\frac{\gamma^{k_0}}{2\kappa(1 - \gamma)}\right) \frac{16\kappa^2}{e^2 \gamma^2} \frac{k_0 \ln(T/\tau)^2}{T^2}
$$

Now consider the regime $k \geq k_0$ where $L\eta_k - \hat{L}\eta \leq 0$

$$
\mathbb{E}[\hat{\mathcal{E}}_{k+1}] \leq (1 - \frac{\mu}{2L} \gamma^k) \mathbb{E}[\hat{\mathcal{E}}_k] + 2L\kappa \zeta^2 \sigma^2 \frac{\nu_L^2}{4L} \gamma_k^2
$$

$$
\leq (1 - \frac{\mu}{2L} \gamma^k) \mathbb{E}[\hat{\mathcal{E}}_k] + \frac{\nu_L^2 \sigma^2}{2L} \gamma_k^2
$$

Unrolling the recursion from $k = k_0$ to T

$$
\mathbb{E}[\hat{\mathcal{E}}_T] \leq \mathbb{E}[\hat{\mathcal{E}}_{k_0}] \prod_{k=k_0}^T (1 - \frac{\mu}{2L} \gamma_k) + \frac{\nu_L^2 \kappa \zeta^2 \sigma^2}{2L} \sum_{k=k_0}^T \gamma_k^2 \prod_{i=k+1}^T (1 - \frac{\mu}{L} \gamma_i)
$$

Bounding the first term using Lemma [3,](#page-36-0)

$$
\prod_{k=k_0}^{T} \left(1 - \frac{\mu}{2L} \gamma^k \right) \le \exp\left(-\frac{\mu}{2L} \frac{\gamma^{k_0} - \gamma^{T+1}}{1 - \gamma} \right)
$$

Bounding the second term using Lemma [4](#page-36-1) similar to [\[Vaswani et al.,](#page-29-0) [2022,](#page-29-0) Section C3]

$$
\sum_{k=k_0}^{T} \gamma_k^2 \prod_{i=k+1}^{T} \left(1 - \frac{\mu}{2L} \gamma_i\right) \le \exp\left(\frac{\gamma^{T+1}}{2\kappa(1-\gamma)}\right) \frac{16\kappa^2}{e^2 \gamma^2} \frac{(T-k_0+1)\ln(T/\tau)^2}{T^2}
$$

Hence, put everything together

$$
\mathbb{E}[\hat{\mathcal{E}}_T] \leq \mathbb{E}[\hat{\mathcal{E}}_{k_0}] \exp\left(-\frac{\mu}{2L} \frac{\gamma^{k_0} - \gamma^{T+1}}{1 - \gamma}\right) + \frac{\nu_L^2 \kappa \zeta^2 \sigma^2}{2L} \exp\left(\frac{\gamma^{T+1}}{2\kappa(1 - \gamma)}\right) \frac{16\kappa^2}{e^2 \gamma^2} \frac{(T - k_0 + 1) \ln(T/\tau)^2}{T^2}
$$

Combining the bounds for two regimes

$$
\mathbb{E}[\hat{\mathcal{E}}_T] \le \exp\left(-\frac{\mu}{2L} \frac{\gamma^{k_0} - \gamma^{T+1}}{1 - \gamma}\right) \left(\|w_0 - w^*\|^2 \exp\left(-\frac{\mu}{2L} \frac{\gamma - \gamma^{k_0}}{1 - \gamma}\right) + c_5 \exp\left(\frac{\gamma^{k_0}}{2\kappa(1 - \gamma)}\right) \frac{16\kappa^2 k_0 \ln(T/\tau)^2}{e^2 \gamma^2} \right) \n+ \frac{\nu_L^2 \kappa \zeta^2 \sigma^2}{2L} \exp\left(\frac{\gamma^{T+1}}{2\kappa(1 - \gamma)}\right) \frac{16\kappa^2}{e^2 \gamma^2} \frac{(T - k_0 + 1) \ln(T/\tau)^2}{T^2} \n= \|w_0 - w^*\|^2 \exp\left(-\frac{\mu}{2L} \frac{\gamma - \gamma^{T+1}}{1 - \gamma}\right) + c_5 \exp\left(\frac{\gamma^{T+1}}{2\kappa(1 - \gamma)}\right) \frac{16\kappa^2 k_0 \ln(T/\tau)^2}{e^2 \gamma^2} \n+ \frac{\nu_L^2 \kappa \zeta^2 \sigma^2}{2L} \exp\left(\frac{\gamma^{T+1}}{2\kappa(1 - \gamma)}\right) \frac{16\kappa^2 (T - k_0 + 1) \ln(T/\tau)^2}{e^2 \gamma^2} \n= \frac{T^2}{2L} \exp\left(\frac{\gamma^{T+1}}{2\kappa(1 - \gamma)}\right) \frac{16\kappa^2 (T - k_0 + 1) \ln(T/\tau)^2}{e^2 \gamma^2} \n= \frac{T^2}{2L} \exp\left(\frac{\gamma^{T+1}}{2\kappa(1 - \gamma)}\right) \frac{16\kappa^2 (T - k_0 + 1) \ln(T/\tau)^2}{e^2 \gamma^2} \n= \frac{T^2}{2L} \exp\left(\frac{\gamma^{T+1}}{2\kappa(1 - \gamma)}\right) \frac{16\kappa^2 (T - k_0 + 1) \ln(T/\tau)^2}{e^2 \gamma^2} \n= \frac{T^2}{2L} \exp\left(\frac{\gamma^{T+1}}{2\kappa(1 - \gamma)}\right) \frac{16\kappa^2 (T - k_0 + 1) \ln(T/\tau
$$

Using Lemma [3](#page-36-0) to bound the first term and noting that $\frac{\gamma^{T+1}}{1-\gamma} \leq \frac{2\tau}{\ln(T)}$ $\frac{2\tau}{\ln(T/\tau)}$, let $c_2 = \exp\left(\frac{1}{2\kappa}\right)$ 2*κ* 2*τ* $\frac{2\tau}{ln(T/\tau)}$

$$
\mathbb{E}[\hat{\mathcal{E}}_T] \leq ||w_0 - w^*||^2 \exp\left(-\frac{T}{2\kappa} \frac{\gamma}{\ln(T/\tau)}\right) + c_5 \frac{16c_2\kappa^2 k_0 \ln(T/\tau)^2}{e^2 \gamma^2} + \frac{\nu_L^2 \kappa \zeta^2 \sigma^2}{2L} \frac{16c_2\kappa^2}{e^2 \gamma^2} \frac{(T - k_0 + 1)\ln(T/\tau)^2}{T^2}
$$

Substitute the value of c_5 and k_0 we have

$$
\mathbb{E}[\hat{\mathcal{E}}_T] \le ||w_0 - w^*||^2 \exp\left(-\frac{T}{2\kappa} \frac{\gamma}{\ln(T/\tau)}\right) + \frac{\nu_L^2 \kappa \zeta^2 \sigma^2}{LT} \frac{8c_2 \kappa^2 \ln(T/\tau)^2}{e^2 \gamma^2} + 32 \left(\kappa \zeta^2 \sigma^2 + 2\Delta_f \frac{\nu_L - 1}{\nu_L}\right) \frac{L}{T} \frac{c_2 \kappa^2 \ln(\nu_L) \ln(T/\tau)}{e^2 \gamma^2}
$$

Combining the statements from $\nu_L \leq 1$ and $\nu_L > 1$ gives us

$$
\mathbb{E}[\hat{\mathcal{E}}_T] \leq ||w_0 - w^*||^2 c_2 \exp\left(-\frac{\min\{\nu_L, 1\}T}{2\kappa} \frac{\gamma}{\ln(T/\tau)}\right) \n+ \frac{32Lc_2\kappa^2 \ln(T/\tau)}{e^2 \gamma^2 T} \left(\max\left\{1, \frac{\nu_L^2}{4L}\right\} \ln(T/\tau) \kappa \zeta^2 \sigma^2 + \max\{0, \ln(\nu_L)\} \left(\kappa \zeta^2 \sigma^2 + 2\Delta_f \frac{\nu_L - 1}{\nu_L}\right)\right)
$$

The next step is to remove the \hat{L} from the LHS, and obtain a better measure of sub-optimality. By Lemma [1,](#page-36-2)

$$
\mathbb{E}[\hat{\mathcal{E}}_T] \ge \underbrace{\frac{4(1-\gamma)}{\mu^2} \left[1 - \exp\left(-\frac{\mu\,\gamma}{2L}\right)\right]}_{:=c_L} \left\|w_{T-1} - w^*\right\|^2
$$

Note that $c_L > 0$ is constant w.r.t *T*. Hence,

$$
\mathbb{E} ||w_{T-1} - w^*||^2 \le ||w_0 - w^*||^2 \frac{c_2}{c_L} \exp\left(-\frac{\min\{\nu_L, 1\}T}{2\kappa} \frac{\gamma}{\ln(T/\tau)}\right) \n+ \frac{c_2}{c_L} \frac{32L\kappa^2 \ln(T/\tau)}{e^2 \gamma^2 T} \left(\max\left\{1, \frac{\nu_L^2}{4L}\right\} \ln(T/\tau) \kappa \zeta^2 \sigma^2 + \max\{0, \ln(\nu_L)\} \left(\kappa \zeta^2 \sigma^2 + 2\Delta_f \frac{\nu_L - 1}{\nu_L}\right)\right)
$$

C.2 μ **misestimation**

Next, we analyze the effect of misspecifying μ , the strong-convexity parameter. We assume we have access to an estimate $\hat{\mu} = \mu \nu_{\mu}$ where ν_{μ} is the degree of misspecification. We only consider the case where we underestimate μ , and hence $\nu_{\mu} \leq 1$. This is the typical case in practice – for example, while optimizing regularized convex loss functions in supervised learning, $\hat{\mu}$ is set to the regularization strength, and thus underestimates the true strongconvexity parameter.

Theorem [7](#page-42-0) below demonstrates an $O\left(\exp\left(-\frac{\nu_\mu T}{\kappa}\right)\right)$ $(\frac{\mu T}{\kappa}) + \frac{1}{\nu_u^2}$ *ν* 2 *^µT* convergence to the minimizer. Hence, SHB with an underestimate of the strong-convexity results in slower convergence to the minimizer, with the slowdown again depending on the amount of misspecification.

Theorem 7. Under the same settings as Theorem [1,](#page-15-0) SHB (Eq. (3.1)) with the estimated $\hat{\mu} = \nu_{\mu} \mu$ for $\nu_{\mu} \leq 1$, results in the following convergence,

$$
\mathbb{E} \|w_{T-1} - w^*\|^2 \le \|w_0 - w^*\|^2 \frac{c_2}{c_\mu} \exp\left(-\frac{\nu_\mu T}{2\kappa} \frac{\gamma}{\ln(T/\tau)}\right) + \frac{32L\zeta^2 c_2 \kappa^3}{\nu_\mu^2 e^{2\gamma^2 c_\mu}} \frac{(\ln(T/\tau))^2}{T} \sigma^2
$$

where $c_2 = \exp\left(\frac{1}{2\kappa} \frac{2\tau}{\ln(T/\tau)}\right)$ and $c_\mu = \frac{4(1-\gamma)}{\nu_\mu^2 \mu^2} [1 - \exp(-\frac{\nu_\mu \mu \gamma}{2L})]$

Proof. Suppose we estimate μ to be $\hat{\mu}$. Now redefine

$$
\hat{\lambda}_k = \frac{1 - 2\eta L}{\eta_k \hat{\mu}} \left(1 - (1 - \eta_k \hat{\mu})^k \right); \ \hat{A}_k = \| w_k - w^* + \hat{\lambda}_k (w_k - w_{k-1}) \|^2
$$

$$
\hat{B}_k = 2\eta_k \hat{\lambda}_k (f(w_{k-1}) - f(w^*)); \ \hat{\mathcal{E}}_k = \hat{A}_k + \hat{B}_k
$$

Follow Theorem [5](#page-32-0) [first part](#page-34-0) steps with the new definition, the only difference was at the step where we use strongly-convex on *f* for $-2\eta_k \langle w_k - w^*, \nabla f(w_k) \rangle \leq -\eta_k \mu ||w_k - w^*||^2$ $2\eta_k[f(w_k) - f^*].$

$$
\mathbb{E}[\hat{\mathcal{E}}_{k+1}] \leq (1 - \eta_k \hat{\mu}) \mathbb{E}[\hat{\mathcal{E}}_k] + 2L\kappa \zeta^2 \eta_k^2 \sigma^2 + \eta_k (\hat{\mu} - \mu) \|w_k - w^*\|^2 \n= (1 - \eta_k \nu_\mu \mu) \mathbb{E}[\hat{\mathcal{E}}_k] + 2L\kappa \zeta^2 \eta_k^2 \sigma^2 + \eta_k (\hat{\mu} - \mu) \|w_k - w^*\|^2 \n\leq (1 - \eta_k \nu_\mu \mu) \mathbb{E}[\hat{\mathcal{E}}_k] + 2L\kappa \zeta^2 \eta_k^2 \sigma^2 + \eta_k \mu (\nu_\mu - 1) \frac{2}{\mu} [f(w_k) - f^*] \n\text{(since } f \text{ is strongly-convex)}
$$

$$
= (1 - \eta_k \nu_{\mu} \mu) \mathbb{E}[\hat{\mathcal{E}}_k] + 2L\kappa \zeta^2 \eta_k^2 \sigma^2 + 2\eta_k (\nu_{\mu} - 1)[f(w_k) - f^*]
$$

Since $\nu_{\mu} \leq 1$ then $2\eta_k(\nu_{\mu}-1)[f(w_k)-f^*] \leq 0$ so

$$
\mathbb{E}[\hat{\mathcal{E}}_{k+1}] \leq (1-\eta_k \nu_\mu \mu) \mathbb{E}[\hat{\mathcal{E}}_{k}]+2L\kappa \zeta^2 \eta_k^2 \sigma^2
$$

Hence, following the same proof as Theorem [1](#page-15-0)

$$
\mathbb{E}[\hat{\mathcal{E}}_T] \leq ||w_0 - w^*||^2 c_2 \exp\left(-\frac{\nu_\mu T}{2\kappa} \frac{\gamma}{\ln(T/\tau)}\right) + \frac{32L\zeta^2 \sigma^2 c_2 \kappa^3}{\nu_\mu^2 e^2} \frac{(\ln(T/\tau))^2}{\gamma^2 T}
$$

By Lemma [1,](#page-36-2)

$$
\mathbb{E}[\hat{\mathcal{E}}_T] \ge \underbrace{\frac{4(1-\gamma)}{\nu_\mu^2 \mu^2} \left[1 - \exp\left(-\frac{\nu_\mu \mu \gamma}{2L}\right)\right]}_{:=c_\mu} \|w_{T-1} - w^*\|^2
$$

Note that $c_{\mu} > 0$ is constant w.r.t *T*. Hence,

$$
||w_{T-1} - w^*||^2 \le ||w_0 - w^*||^2 \frac{c_2}{c_\mu} \exp\left(-\frac{\nu_\mu T}{2\kappa} \frac{\gamma}{\ln(T/\tau)}\right) + \frac{32L\zeta^2 c_2 \kappa^3}{\nu_\mu^2 e^2 \gamma^2 c_\mu} \frac{(\ln(T/\tau))^2}{T} \sigma^2
$$

 \Box

Appendix D

Proofs for upper bound SHB

Lemma 5. For *L*-smooth and μ strongly-convex quadratics, SHB (Eq. [\(2.1\)](#page-13-0)) with $\alpha_k = \alpha = \frac{a}{L}$ *L and* $a \leq 1$, $\beta_k = \beta = \left(1 - \frac{1}{2}\right)$ $\frac{1}{2}\sqrt{\alpha\mu}$ ², batch-size *b* satisfies the following recurrence relation,

$$
\mathbb{E}[\|\Delta_T\|] \leq C_0 \rho^T \|\Delta_0\| + 2aC_0 \zeta(b) \left[\sum_{k=0}^{T-1} \rho^{T-1-k} \mathbb{E} \|\Delta_k\| \right] + \frac{aC_0 \chi \zeta(b)}{L} \left[\sum_{k=0}^{T-1} \rho^{T-1-k} \right],
$$

where $\Delta_k := \begin{bmatrix} w_k - w^* \\ w_{k-1} - w^* \end{bmatrix}$, $C_0 \leq 3\sqrt{\frac{\kappa}{a}}$, $\zeta(b) = \sqrt{3 \frac{n-b}{(n-1)b}}$ and $\rho = 1 - \frac{\sqrt{a}}{2\sqrt{\kappa}}$

Proof. With the definition of SHB [\(2.1\)](#page-13-0), if $\nabla f_{ik}(w)$ is the mini-batch gradient at iteration *k*, then, for quadratics,

$$
\underbrace{\begin{bmatrix} w_{k+1} - w^* \\ w_k - w^* \end{bmatrix}}_{\Delta_{k+1}} = \underbrace{\begin{bmatrix} (1+\beta)I_d - \alpha A & -\beta I_d \\ I_d & 0 \end{bmatrix}}_{\mathcal{H}} \underbrace{\begin{bmatrix} w_k - w^* \\ w_{k-1} - w^* \end{bmatrix}}_{\Delta_k} + \alpha \underbrace{\begin{bmatrix} \nabla f(w_k) - \nabla f_{ik}(w_k) \\ 0 \end{bmatrix}}_{\delta_k}
$$

Recursing from $k = 0$ to $T - 1$, taking norm and expectation w.r.t to the randomness in all iterations.

$$
\mathbb{E}[\|\Delta_T\|] \le \left\|\mathcal{H}^T\Delta_0\right\| + \alpha \mathbb{E}\left[\left\|\sum_{k=0}^{T-1} \mathcal{H}^{T-1-k} \delta_k\right\|\right]
$$

Using Theorem [8](#page-49-0) and Corollary [6,](#page-49-1) for any vector *v*, $\left\|\mathcal{H}^k v\right\| \leq C_0 \rho^k \|v\|$ where $\rho = \sqrt{\frac{L_k^k v}{n}}$ *β*. Hence,

$$
\mathbb{E}[\|\Delta_T\|] \le C_0 \rho^T \|\Delta_0\| + \frac{C_0 a}{L} \left[\sum_{k=0}^{T-1} \rho^{T-1-k} \mathbb{E} \|\delta_k\|\right] \qquad (\alpha = \frac{a}{L})
$$

In order to simplify δ_k , we will use the result from Lemma [7](#page-50-0) and [Lohr](#page-28-0) [\[2021\]](#page-28-0),

$$
\mathbb{E}_k[\|\delta_k\|^2] = \mathbb{E}_k[\|\nabla f(w_k) - \nabla f_{ik}(w_k)\|^2] = \frac{n-b}{(n-1)b} \mathbb{E}_i \|\nabla f(w_k) - \nabla f_i(w_k)\|^2
$$

(Sampling with replacement where *b* is the batch-size and *n* is the total number of examples)

$$
= \frac{n-b}{(n-1)b} \mathbb{E}_{i} || \nabla f(w_{k}) - \nabla f(w^{*}) - \nabla f_{i}(w_{k}) + \nabla f_{i}(w^{*}) - \nabla f_{i}(w^{*}) ||^{2}
$$
\n
$$
\langle \nabla f(w^{*}) = 0 \rangle
$$
\n
$$
\leq 3 \frac{n-b}{(n-1)b} \left[\mathbb{E}_{i} || \nabla f(w_{k}) - \nabla f(w^{*}) ||^{2} + \mathbb{E}_{i} || \nabla f_{i}(w_{k}) - \nabla f_{i}(w^{*}) ||^{2} + \mathbb{E}_{i} || \nabla f_{i}(w^{*}) ||^{2} \right]
$$
\n
$$
\langle (a+b+c)^{2} \leq 3[a^{2}+b^{2}+c^{2}] \rangle
$$
\n
$$
\leq 3 \frac{n-b}{(n-1)b} \left[L^{2} \mathbb{E}_{i} || w_{k} - w^{*} ||^{2} + L^{2} \mathbb{E}_{i} || w_{k} - w^{*} ||^{2} + \mathbb{E}_{i} || \nabla f_{i}(w^{*}) ||^{2} \right]
$$
\n
$$
\langle \text{Using the } L \text{ smoothness of } f \text{ and } f_{i} \rangle
$$
\n
$$
\leq 3 \frac{n-b}{(n-1)b} \left[2L^{2} || w_{k} - w^{*} ||^{2} + \chi^{2} \right]
$$
\n
$$
\langle w_{k} \text{ is independent of the randomness and by definition } \chi^{2} = \mathbb{E}_{i} || \nabla f_{i}(w^{*}) ||^{2} \rangle
$$
\n
$$
\leq 3 \frac{n-b}{(n-1)b} \left[2L^{2} [|| w_{k} - w^{*} ||^{2} + || w_{k-1} - w^{*} ||^{2}] + \chi^{2} \right]
$$
\n
$$
\langle ||w_{k-1} - w^{*}||^{2} \geq 0 \rangle
$$
\n
$$
\Delta_{k} ||^{2} \right] \leq 3 \frac{n-b}{(n-1)b} \left[2L^{2} || \Delta_{k} ||^{2} + \chi^{2} \right]
$$
\n
$$
(\text{Definition of } \Delta_{k})
$$

i

$$
\implies \mathbb{E}_k[\|\Delta_k\|^2] \le 3 \frac{n-b}{(n-1)\,b} \left[2L^2 \|\Delta_k\|^2 + \chi^2\right]
$$

$$
\implies \mathbb{E}_k[\|\Delta_k\|] \le \underbrace{\sqrt{3 \frac{n-b}{(n-1)\,b}}} \left[\sqrt{2L^2} \|\Delta_k\| + \chi\right]
$$

$$
:=\zeta(b)
$$

(Taking square-roots, using Jensen's inequality on the LHS and $\sqrt{a+b} \leq \sqrt{a}$ + √ *b* on the RHS) \Rightarrow $\mathbb{E}_k[\|\delta_k\|] \leq \sqrt{\}$ $2L \zeta(b)$ $\|\Delta_k\| + \zeta(b) \chi$

Putting everything together,

$$
\mathbb{E}[\|\Delta_T\|] \le C_0 \rho^T \|\Delta_0\| + \sqrt{2} a C_0 \zeta(b) \mathbb{E} \left[\sum_{k=0}^{T-1} \rho^{T-1-k} \|\Delta_k\| \right] + \frac{a C_0 \chi \zeta(b)}{L} \left[\sum_{k=0}^{T-1} \rho^{T-1-k} \right]
$$

Theorem 2. For *L*-smooth, *µ* strongly-convex quadratics, SHB (Eq. [\(2.1\)](#page-13-0)) with $\alpha_k = \alpha = \frac{a}{L}$ *L* for $a \leq 1$, $\beta_k = \beta = \left(1 - \frac{1}{2}\right)$ $\left(\frac{1}{2}\sqrt{\alpha\mu}\right)^2$, batch-size *b* s.t. $b \ge b^* := n \max\left\{\frac{1}{1 + \frac{n-1}{C\kappa^2}}\right\}$ $\frac{1}{\sqrt{n}}$ $1+\frac{(n-1)a}{3}$ \mathcal{L} converges as:

$$
\mathbb{E}[\Delta_T] \leq \frac{6\sqrt{2}\sqrt{\kappa}}{\sqrt{a}} \exp\left(-\frac{\sqrt{a}T}{2\sqrt{\kappa}} \max\left\{\frac{3}{4}, 1 - 2\sqrt{\kappa}\sqrt{\zeta}\right\}\right) \Delta_0 + \frac{12\sqrt{a}\chi}{\mu} \min\left\{1, \frac{\zeta}{\sqrt{a}}\right\}
$$

where $\Delta_k := ||w_k - w^*||$, $\chi := \sqrt{\mathbb{E}||\nabla f_i(w^*)||^2}$, $\zeta = \sqrt{3\frac{n-b}{(n-1)b}}$ and $C := 3^5 2^6$.

Proof. Using Lemma [5,](#page-43-0) we have that,

$$
\mathbb{E} \| \Delta_T \| \le C_0 \rho^T \| \Delta_0 \| + \sqrt{2} a C_0 \zeta \left[\sum_{k=0}^{T-1} \rho^{T-1-k} \mathbb{E} \| \Delta_k \| \right] + \frac{a C_0 \zeta \chi}{L} \left[\sum_{k=0}^{T-1} \rho^{T-1-k} \right]
$$

We use induction to prove that for all $T \geq 1$,

$$
\mathbb{E} \left\| \Delta_T \right\| \le 2C_0 \left[\rho + \sqrt{\zeta} \sqrt{a} \right]^T \left\| \Delta_0 \right\| + \frac{2C_0 \zeta a \chi}{L(1-\rho)}
$$

where $\rho +$ √ $\sqrt{\overline{a}}$ < 1.

Base case: By Theorem [8,](#page-49-0) $C_0 \ge 1$ hence $\|\Delta_0\| \le 2C_0 \|\Delta_0\| + \frac{2C_0 a\zeta \chi}{L(1-a)}$ $L(1-\rho)$

Inductive hypothesis: For all $k \in \{0, 1, \ldots, T-1\}$, $\|\Delta_k\| \leq 2C_0$ [ρ + √ $\left(\overline{\zeta}\sqrt{a}\right)^k \|\Delta_0\| +$ 2*C*⁰ *aζ χ L*(1−*ρ*) .

Inductive step: Using the above inequality,

$$
\mathbb{E} \|\Delta T\| \leq C_0 \rho^T \|\Delta_0\| + \sqrt{2}aC_0 \zeta \left[\sum_{k=0}^{T-1} \rho^{T-1-k} \mathbb{E} \|\Delta_k\| \right] + \frac{aC_0 \zeta \chi}{L} \left[\sum_{k=0}^{T-1} \rho^{T-1-k} \right]
$$

\n
$$
\leq C_0 \left[\rho + \sqrt{\zeta} \sqrt{a} \right]^T \|\Delta_0\| + \sqrt{2}aC_0 \zeta \left[\sum_{k=0}^{T-1} \rho^{T-1-k} \mathbb{E} \|\Delta_k\| \right] + \frac{aC_0 \zeta \chi}{L} \left[\sum_{k=0}^{T-1} \rho^k \right]
$$

\n(Since $\zeta, a > 0$)
\n
$$
\leq C_0 \left[\rho + \sqrt{\zeta} \sqrt{a} \right]^T \|\Delta_0\| + \frac{\sqrt{2}aC_0 \zeta}{\rho} \rho^T \left[\sum_{k=0}^{T-1} \rho^{-k} \left(2C_0 \left[\rho + \sqrt{\zeta} \sqrt{a} \right]^k \|\Delta_0\| + \frac{2C_0 a \zeta \chi}{L(1-\rho)} \right) \right]
$$

\n
$$
+ \frac{aC_0 \zeta \chi}{L} \frac{1-\rho^T}{1-\rho} \text{ (Sum of geometric series and using the inductive hypothesis)}
$$

\n
$$
= C_0 \left[\rho + \sqrt{\zeta} \sqrt{a} \right]^T \|\Delta_0\| + \frac{2\sqrt{2}aC_0^2 \zeta}{\rho} \rho^T \left[\sum_{k=0}^{T-1} \left(\frac{\rho + \sqrt{\zeta} \sqrt{a}}{\rho} \right)^k \right] \|\Delta_0\|
$$

\n
$$
+ \frac{2\sqrt{2}a^2 C_0^2 \zeta^2 \chi}{\rho L(1-\rho)} \rho^T \left[\sum_{k=0}^{T-1} \left(\frac{1}{\rho} \right)^k \right] + \frac{aC_0 \zeta \chi}{L} \frac{1-\rho^T}{1-\rho}
$$

First, we need to prove that $\frac{2\sqrt{2} a C_0^2 \zeta}{a}$ *aC*₀² \int ρ ^T $\left[\sum_{k=0}^{T-1} \left(\frac{\rho + \sqrt{\zeta} \sqrt{a}}{\rho} \right) \right]$ *ρ* \setminus^k $||\Delta_0||$ ≤ *C*₀ [*ρ* + √ $\overline{\zeta}\sqrt{a}$ ^T $\|\Delta_0\|.$

$$
\frac{2\sqrt{2} a C_0^2 \zeta}{\rho} \rho^T \left[\sum_{k=0}^{T-1} \left(\frac{\rho + \sqrt{\zeta} \sqrt{a}}{\rho} \right)^k \right] ||\Delta_0|| = \frac{2\sqrt{2} a C_0^2 \zeta}{\rho} \rho^T \frac{\left(\frac{\rho + \sqrt{\zeta} \sqrt{a}}{\rho} \right)^T - 1}{\left(\frac{\rho + \sqrt{\zeta} \sqrt{a}}{\rho} \right) - 1} ||\Delta_0||
$$
\n(Sum of geometric series)

\n
$$
\leq 2\sqrt{2} \sqrt{a} C_0^2 \sqrt{\zeta} \left(\rho + \sqrt{\zeta} \sqrt{a} \right)^T ||\Delta_0||
$$

Hence, we require that,

$$
2\sqrt{2}\sqrt{a}C_0^2\sqrt{\zeta}\leq C_0\implies \zeta\leq \frac{1}{8\,C_0^2}\frac{1}{a}
$$

Hence it suffices to choose *ζ* s.t.

$$
\Rightarrow \zeta \le \frac{a}{3^2 2^3 \kappa} \frac{1}{a}
$$
\n
$$
\Rightarrow \zeta \le \frac{1}{3^2 2^3 \kappa}
$$
\n
$$
\Rightarrow \frac{n - b}{(n - 1)b} \le \frac{1}{3^5 2^6 \kappa^2} \Rightarrow \frac{b}{n} \ge \frac{1}{1 + \frac{n - 1}{3^5 2^6 \kappa^2}}
$$
\n(Using the definition of ζ)

Since the batch-size *b* satisfies the condition that: $\frac{b}{n} \ge \frac{1}{1 + \frac{n-1}{C\kappa^2}}$ for $C := 15552 = 3^52^6$, the above requirement is satisfied, and $\zeta \leq \frac{1}{322}$ $\frac{1}{3^2 2^3 \kappa}$.

Next, we need to show $D := \frac{2\sqrt{2}a^2C_0^2\zeta^2\chi}{a^2(1-\alpha)}$ $\sqrt{\frac{2a^2C_0^2\zeta^2\chi}{\rho L(1-\rho)}}\rho^T\left[\sum_{k=0}^{T-1}\left(\frac{1}{\rho}\right)\right]$ $\left[\frac{1}{\rho}\right)^k$ + $\frac{aC_0 \zeta \chi}{L}$ $\frac{1-\rho^T}{1-\rho} \leq \frac{2C_0 a\zeta \chi}{L(1-\rho)}$ $L(1-\rho)$ √

$$
D = \frac{2\sqrt{2} a^2 C_0^2 \zeta^2 \chi}{\rho L (1 - \rho)} \rho^T \left[\sum_{k=0}^{T-1} \left(\frac{1}{\rho} \right)^k \right] + \frac{a C_0 \zeta \chi}{L} \frac{1 - \rho^T}{1 - \rho}
$$

=
$$
\frac{2\sqrt{2} a^2 C_0^2 \zeta^2 \chi}{\rho L (1 - \rho)} \rho^T \frac{\left(\frac{1}{\rho} \right)^T - 1}{\left(\frac{1}{\rho} \right) - 1} + \frac{a C_0 \zeta \chi}{L} \frac{1 - \rho^T}{1 - \rho}
$$

(Sum of geometric series)

$$
< \frac{2\sqrt{2} a^2 C_0^2 \zeta^2 \chi}{\rho L (1 - \rho)} \rho^T \frac{1 - \rho^T}{1 - \rho} \frac{\rho}{\rho^T} + \frac{a C_0 \zeta \chi}{L (1 - \rho)}
$$

<
$$
< \frac{2\sqrt{2} a^2 C_0^2 \zeta^2 \chi}{L (1 - \rho)^2} + \frac{a C_0 \zeta \chi}{L (1 - \rho)}
$$

Since we want $D \leq \frac{2aC_0 \zeta \chi}{L(1-\delta)}$ $\frac{2aC_0\zeta\chi}{L(1-\rho)}$, we require that

$$
\frac{2\sqrt{2}a^2C_0^2\zeta^2\chi}{L(1-\rho)^2} \le \frac{aC_0\zeta\chi}{L(1-\rho)}
$$

$$
\implies \frac{2\sqrt{2}C_0a\,\zeta}{1-\rho} \le 1
$$

Ensuring this imposes an additional constraint on ζ . We require ζ such that,

$$
\zeta \le \frac{1-\rho}{2\sqrt{2}\,C_0\,a} \implies \zeta \le \frac{1}{4\sqrt{2}\,\sqrt{a}\,\sqrt{\kappa}}\,\frac{1}{C_0} \tag{Since } \rho = 1 - \frac{\sqrt{a}}{2\sqrt{\kappa}})
$$

Hence it suffices to choose ζ such that,

$$
\zeta \le \frac{1}{12\sqrt{2}\kappa} \tag{Since } C_0 \le 3\sqrt{\frac{\kappa}{a}}\text{)}
$$

Since the condition on the batch-size ensures that $\zeta \leq \frac{1}{322}$ $\frac{1}{3^2 2^3 \kappa}$, this condition is satisfied. Hence,

$$
\mathbb{E} \left\| \Delta_T \right\| \le 2C_0 \left[\rho + \sqrt{\zeta} \sqrt{a} \right]^T \left\| \Delta_0 \right\| + \frac{2C_0 a \zeta \chi}{L(1-\rho)}
$$

This completes the induction.

In order to bound the noise term as $\frac{12\sqrt{a}\chi}{a}$ $\frac{\sqrt{a}\chi}{\mu}$ min $\left\{1, \frac{\zeta}{\sqrt{}}\right\}$ *a* $\}$, we will require an additional constraint on the batch-size that ensures $\zeta \leq \sqrt{a}$. Using the definition of ζ , we require that,

$$
\sqrt{3 \frac{n-b}{(n-1)b}} \leq \sqrt{a}
$$

$$
\implies \frac{b}{n} \geq \frac{1}{1 + \frac{(n-1)a}{3}},
$$

which is satisfied by the condition on the batch-size. From the result of the induction,

$$
\mathbb{E} \|\Delta T\| \leq 2C_0 \left[\rho + \sqrt{\zeta}\sqrt{a}\right]^T \|\Delta_0\| + \frac{2C_0 a \zeta \chi}{L(1-\rho)} \n= 2C_0 \left[1 - \frac{\sqrt{a}}{2\sqrt{\kappa}} + \sqrt{\zeta}\sqrt{a}\right]^T \|\Delta_0\| + \frac{2C_0 a \zeta \chi}{L} \frac{2\sqrt{\kappa}}{\sqrt{a}} \qquad (\rho = 1 - \frac{\sqrt{a}}{2\sqrt{\kappa}}) \n= 2C_0 \left[1 - \frac{\sqrt{a}}{2\sqrt{\kappa}} \left(1 - 2\sqrt{\kappa}\sqrt{\zeta}\right)\right]^T \|\Delta_0\| + \frac{2C_0 a \zeta \chi}{L} \frac{2\sqrt{\kappa}}{\sqrt{a}} \n(1 - \frac{1}{3\sqrt{2}} \leq (1 - 2\sqrt{\kappa}\sqrt{\zeta}) \leq 1 \text{ because of the constraint on batch-size}) \n\leq 6\sqrt{\frac{\kappa}{a}} \left[1 - \frac{\sqrt{a}}{2\sqrt{\kappa}} \max\left\{\frac{3}{4}, 1 - 2\sqrt{\kappa}\sqrt{\zeta}\right\}\right]^T \|\Delta_0\| + \frac{2a \zeta \chi}{L} 3\sqrt{\frac{\kappa}{a}} \frac{2\sqrt{\kappa}}{\sqrt{a}} \n(C_0 \leq 3\sqrt{\frac{\kappa}{a}}) \n\leq \frac{6}{\sqrt{a}} \sqrt{\kappa} \left[1 - \frac{\sqrt{a}}{2\sqrt{\kappa}} \max\left\{\frac{3}{4}, 1 - 2\sqrt{\kappa}\sqrt{\zeta}\right\}\right]^T \|\Delta_0\| + \frac{12\sqrt{a}\chi}{\mu} \min\left\{1, \frac{\zeta}{\sqrt{a}} \right\} \n(C_5 \leq \sqrt{a})
$$

<u>)</u>

$$
\implies \mathbb{E} \|w_T - w^*\| \le \frac{6\sqrt{2}}{\sqrt{a}} \sqrt{\kappa} \, \exp\left(-\frac{T}{\sqrt{\kappa}} \frac{\sqrt{a}}{2} \max\left\{\frac{3}{4}, 1 - 2\sqrt{\kappa}\sqrt{\zeta}\right\}\right) \|w_0 - w^*\| + \frac{12\sqrt{a}\chi}{\mu} \min\left\{1, \frac{\zeta}{\sqrt{a}}\right\}
$$
\n(for all $x, 1 - x \le \exp(-x)$)

 \Box

Corollary 1. For *L*-smooth, *µ* strongly-convex quadratics, under interpolation, SHB (Eq. [\(2.1\)](#page-13-0)) with the same parameters as in Theorem [2](#page-16-0) and batch-size *b* s.t. $b \ge b^* := n \frac{1}{1 + \frac{n-1}{C \kappa^2}}$ (where *C* is defined in Theorem [2\)](#page-16-0) converges as:

$$
\mathbb{E} \|w_T - w^*\| \le \frac{6\sqrt{2}}{\sqrt{a}} \sqrt{\kappa} \exp\left(-\frac{T}{\sqrt{\kappa}} \frac{\sqrt{a}}{2} \max\left\{\frac{3}{4}, 1 - 2\sqrt{\kappa}\sqrt{\zeta}\right\}\right) \|w_0 - w^*\|
$$

Proof. Under interpolation $\chi = 0$. This removes the additional constraint on b^* that depends on the constant *a*, finishing the proof. \Box

Corollary 4. Under the same conditions of Theorem [2,](#page-16-0) for a target error $\epsilon > 0$, setting $a :=$ $\min\left\{1, \left(\frac{\mu}{24}\right)\right\}$ $\left\{\frac{\mu}{24\chi}\right\}^2 \epsilon$ and $T \ge \frac{2\sqrt{\kappa}}{\sqrt{a}\left(1-2\sqrt{\kappa}\sqrt{\zeta}\right)} \log\left(\frac{12\sqrt{2}\sqrt{\kappa}||w_0-w^*||}{\sqrt{a\epsilon}}\right)$ ensures that $||w_T - w^*|| \le$ √ $\sqrt{\epsilon}$.

Proof. Using Theorem [2,](#page-16-0) we have that,

$$
E \|w_T - w^*\| \le \frac{6\sqrt{2}}{\sqrt{a}} \sqrt{\kappa} \exp\left(-\frac{\sqrt{a}\left(1 - 2\sqrt{\kappa}\sqrt{\zeta}\right)}{2} \frac{T}{\sqrt{\kappa}}\right) \|w_0 - w^*\| + \frac{12\sqrt{a}\chi}{\mu} \min\left\{1, \frac{\zeta}{\sqrt{a}}\right\}
$$

Using the step-size similar to that for SGD in [\[Gower et al.,](#page-27-0) [2019,](#page-27-0) Theorem 3.1], we see that to get $\sqrt{\epsilon}$ accuracy first we consider $\frac{12\sqrt{a}\chi}{\mu} \le$ √ *ϵ* $\frac{\sqrt{\epsilon}}{2}$ that implies $a \leq (\frac{\mu}{24})$ $\frac{\mu}{24\,\chi}$ ² ϵ . We also need $\frac{6\sqrt{}}{6}$ $\frac{3\sqrt{2}}{2}$ *a* $\sqrt{\kappa} \exp \left(-\frac{\omega}{2} \right)$ \sqrt{a} (1−2 $\sqrt{\kappa}\sqrt{\zeta}$) $\frac{2\sqrt{\kappa}\sqrt{\varsigma}}{2}\frac{T}{\sqrt{\kappa}}$ *κ* $\Big\}$ $\|w_0 - w^*\|$ ≤ $\frac{\sqrt{\epsilon}}{2}$ $\frac{\sqrt{e}}{2}$. Taking log on both sides,

$$
\begin{aligned}\n\left(-\frac{\sqrt{a}\left(1-2\sqrt{\kappa}\sqrt{\zeta}\right)}{2}\frac{T}{\sqrt{\kappa}}\right) &\leq \log\left(\frac{\sqrt{\epsilon}}{2}\frac{\sqrt{a}}{6\sqrt{2}\sqrt{\kappa}}\frac{1}{\|w_0-w^*\|}\right) \\
&\implies T \geq \frac{2\sqrt{\kappa}}{\sqrt{a}\left(1-2\sqrt{\kappa}\sqrt{\zeta}\right)}\log\left(\frac{12\sqrt{2}\sqrt{\kappa}\|w_0-w^*\|}{\sqrt{a\epsilon}}\right)\n\end{aligned}
$$

D.1 Helper Lemmas

We restate [\[Wang et al.,](#page-29-1) [2021,](#page-29-1) Theorem 5] that we used in our proof.

Theorem 8. Let $H := \begin{bmatrix} (1+\beta)I_d - \alpha A & \beta I_d \\ I & I \end{bmatrix}$ I_d 0 $\begin{bmatrix} \in \mathbb{R}^{2d \times 2d} \text{where } A \in \mathbb{R}^{dn \times d} \text{ is a positive} \end{bmatrix}$ definite matrix. Fix a vector $v_0 \in \mathbb{R}^d$. If β is chosen to satisfy $1 \geq \beta \geq \max \left\{ \left(1 - \sqrt{\alpha \lambda_{\min}(A)}\right)^2, \left(1 - \sqrt{\alpha \lambda_{\max}(A)}\right)^2 \right\}$ then $\left\| H^k v_0 \right\| \le \left(\sqrt{\beta} \right)^k C_0 \left\| v_0 \right\|$

where the constant

$$
C_0 := \frac{\sqrt{2}(\beta + 1)}{\sqrt{\min \{h(\beta, \alpha \lambda_{\min}(A)), h(\beta, \alpha \lambda_{\max}(A))\}}} \ge 1
$$

and $h(\beta, z) := -(\beta - (1 - \sqrt{z})^2) (\beta - (1 + \sqrt{z})^2).$

Lemma 6. For a positive definite matrix A, denote $\kappa := \frac{\lambda_{\max}(A)}{\lambda_{\min}(A)} = \frac{L}{\mu}$ $\frac{L}{\mu}$ *. Set* $\alpha = \frac{a}{\lambda_{\max}(A)} = \frac{a}{L}$ *L for* $a \leq 1$ *and* $β = (1 - \frac{1}{2})$ $\frac{1}{2}\sqrt{\alpha\lambda_{\min}(A)}\Big)^2 = \Big(1 -$ √ *a* $rac{\sqrt{u}}{2\sqrt{\kappa}}$ \int_0^2 . *Then,* $C_0 :=$ √ $\sqrt{2(\beta+1)}$ $\frac{\sqrt{2(\beta+1)}}{\min\{h(\beta,\alpha\lambda_{\min}(A)),h(\beta,\alpha\lambda_{\max}(A))\}} \leq$ $3\sqrt{\frac{\kappa}{a}}$ and $h(\beta, z) := -(\beta - (1 - \sqrt{z})^2) (\beta - (1 + \sqrt{z})^2).$

Proof. Using the definition of $h(\beta, z)$ with the above setting for β and simplifying,

$$
h(\beta, \alpha \mu) = 3\alpha \mu \left(1 - \frac{1}{2} \sqrt{\alpha \mu} - \frac{3}{16} \alpha \mu \right)
$$

= $3\frac{a}{\kappa} \left(1 - \frac{\sqrt{a}}{2\sqrt{\kappa}} - \frac{3a}{16\kappa} \right)$ ($\alpha = \frac{a}{L}$)

$$
\geq 3\frac{a}{\kappa} \left(1 - \frac{1}{2\sqrt{\kappa}} - \frac{3}{16\kappa} \right) \tag{a \leq 1}
$$

$$
\geq 3\frac{a}{\kappa} \left(1 - \frac{1}{2} - \frac{3}{16} \right) = \frac{15}{16} \frac{a}{\kappa} \qquad (\kappa \geq 1)
$$

$$
\implies \frac{\sqrt{2}(1+\beta)}{\sqrt{h(\beta,\alpha\mu)}} \le \frac{2\sqrt{2}}{\sqrt{\frac{15}{16}\frac{a}{\kappa}}} = \frac{8\sqrt{2}\sqrt{\kappa}}{\sqrt{15a}} \le 3\sqrt{\frac{\kappa}{a}} \qquad (\beta \le 1)
$$

Now we need to bound √ $\frac{\sqrt{2(1+\beta)}}{\sqrt{2(1+\beta)}}$ $\frac{2(1+\beta)}{h(\beta,\alpha L)}$. Using the definition of $h(\beta, z)$ and simplifying,

$$
h(\beta, \alpha L) = (2\sqrt{\alpha L} - \sqrt{\alpha \mu} - \alpha L + \frac{1}{4}\alpha\mu)(\sqrt{\alpha \mu} + 2\sqrt{\alpha L} + \alpha L - \frac{1}{4}\alpha\mu)
$$

= $4a - \frac{a}{\kappa} - 2\frac{a^{3/2}}{\sqrt{\kappa}} + \frac{1}{2}\frac{a^{3/2}}{\kappa^{3/2}} - a^2 \left[1 - \frac{1}{2\kappa} + \frac{1}{16\kappa^2}\right]$
(setting $\alpha = a/L$ and expanding above)

$$
= a \left[4 - \frac{1}{\kappa} - 2 \frac{a^{1/2}}{\sqrt{\kappa}} + \frac{1}{2} \frac{a^{1/2}}{\kappa^{3/2}} - a \left(1 - \frac{1}{2\kappa} + \frac{1}{16\kappa^2} \right) \right]
$$

= $a \left[4 - \frac{1}{\kappa} - \sqrt{a} \left(\frac{2}{\sqrt{\kappa}} - \frac{1}{2\kappa^{3/2}} \right) - a \left(1 - \frac{1}{2\kappa} + \frac{1}{16\kappa^2} \right) \right]$

Since $\kappa \geq 1, \frac{2}{\sqrt{2}}$ $\frac{2}{\kappa} - \frac{1}{2\kappa^{3/2}} > 0$ and $1 - \frac{1}{2\kappa} + \frac{1}{16\kappa^2} > 0$, hence

$$
h(\beta, \alpha L) \ge a \left[4 - \frac{1}{\kappa} - \left(\frac{2}{\sqrt{\kappa}} - \frac{1}{2\kappa^{3/2}} \right) - \left(1 - \frac{1}{2\kappa} + \frac{1}{16\kappa^2} \right) \right]
$$

= $a \left[4 - \left(\frac{2}{\sqrt{\kappa}} - \frac{1}{2\kappa^{3/2}} \right) - \left(1 + \frac{1}{2\kappa} + \frac{1}{16\kappa^2} \right) \right]$ ($a \le \sqrt{a} \le 1$)

Both $\frac{2}{\sqrt{2}}$ $\frac{d}{k} - \frac{1}{2\kappa^{3/2}}$ and $1 + \frac{1}{2\kappa} + \frac{1}{16\kappa^2}$ are decreasing functions of κ for $\kappa \ge 1$. Hence, RHS $(\kappa) := \left[4 - \left(\frac{2}{\sqrt{2}}\right)\right]$ $\frac{2}{\kappa} - \frac{1}{2\kappa^3}$ $2\kappa^{3/2}$ $\left(1 + \frac{1}{2\kappa} + \frac{1}{16\kappa^2}\right)\right]$ is an increasing function of κ . Since, $h(\beta, \alpha L) \geq \text{RHS}(\kappa) \geq \text{RHS}(1)$ for all $\kappa \geq 1$,

$$
h(\beta, \alpha L) \ge a \left[4 - 2 + \frac{1}{2} - 1 - \frac{1}{2} - \frac{1}{16} \right] = \frac{15a}{16} \tag{3 \le 1}
$$

 \Box

Using the above lower-bound for √ $\frac{\sqrt{2(1+\beta)}}{\sqrt{2(1+\beta)}}$ $\frac{2(1+\beta)}{h(\beta,\alpha L)}$ we have

$$
\frac{\sqrt{2}(1+\beta)}{\sqrt{h(\beta,\alpha L)}} \le \frac{8\sqrt{2}}{\sqrt{15a}} \le \frac{3}{\sqrt{a}}
$$

Putting everything together we get,

$$
C_0 \le \max\left\{3\sqrt{\frac{\kappa}{a}}, \frac{3}{\sqrt{a}}\right\} \implies C_0 \le 3\sqrt{\frac{\kappa}{a}}
$$

Lemma 7. *For batch sampling method where each batch is sampling without replacement from the dataset.*

$$
\mathbb{E}\left[\left\|\nabla f_b(w_k) - \nabla f(w_k)\right\|^2\right] = \frac{n-b}{(n-1)b} \mathbb{E}\left[\left\|\nabla f_i(w_k) - \nabla f(w_k)\right\|^2\right]
$$

 $where \nabla f_b(w_k) = \frac{1}{b} \sum_{i \in \mathcal{B}} \nabla f_i(w_k)$

Proof. First, $\mathbb{E}[\nabla f_b(w_k)] = \mathbb{E} \left[\frac{1}{b} \right]$ $\frac{1}{b}\sum_{i\in\mathcal{B}}\nabla f_i(w_k)\Big]=\frac{1}{b}$ $\frac{1}{b} \sum_{i \in \mathcal{B}} \mathbb{E}[\nabla f_i(w_k)] = \frac{1}{b} \sum_{i \in \mathcal{B}} \nabla f(w_k) =$ $\nabla f(w_k)$. Then we will calculate the variance of $\nabla f_b(w_k)$,

$$
\operatorname{Var} (\nabla f_b(w_k)) = \operatorname{Var} \left(\frac{1}{b} \sum_{i \in \mathcal{B}} \nabla f_i(w_k) \right)
$$

$$
= \frac{1}{b^2} \operatorname{Var} \left(\sum_{i \in \mathcal{B}} \nabla f_i(w_k) \right)
$$

$$
= \frac{1}{b^2} \text{Var}\left(\sum_{i=1}^n \nabla f_i(w_k) X_i\right)
$$

where X_i is an indicator if sample *i* is in the batch β

$$
\implies \text{Var}(\nabla f_b(w_k)) = \frac{1}{b^2} \left(\sum_{i=1}^n \text{Var}[\nabla f_i(w_k)X_i] + 2 \sum_{j \neq k}^{j,k \in \mathcal{N}} \text{Cov}[\nabla f_j(w_k)X_j, \nabla f_k(w_k)X_k] \right)
$$

Denote $\nabla f_i(w_k) = \nabla_i$ and $\nabla f_b(w_k) = \nabla_b$ for simplification, hence

 $Var\left[\nabla_i X_i\right] = \nabla_i^2 Var\left[X_i\right] = \nabla_i^2$ *b n n* − *b* $\frac{a-b}{n}$ (a sample is in the batch with probability $\frac{b}{n}$)

$$
\begin{aligned} \text{Cov} \left[\nabla_j X_j, \nabla_k X_k \right] &= \mathbb{E}[\nabla_j X_j \nabla_k X_k] - \mathbb{E}[\nabla_j X_j] \mathbb{E}[\nabla_k X_k] \\ &= \nabla_j \nabla_k \left(\mathbb{E}[X_j X_k] - \mathbb{E}[X_j] \mathbb{E}[X_k] \right) \end{aligned}
$$

Since $\mathbb{E}[X_j X_k] = \Pr[\text{both samples } i, j \text{ are in the batch}] = \binom{n-2}{b-2}$ *b* − 2 \setminus */ n b* $\Big\}$ and $\mathbb{E}[X_j] =$ $\mathbb{E}[X_k] = \frac{b}{n},$

$$
\implies \text{Cov} \left[\nabla_j X_j, \nabla_k X_k \right] = \nabla_j \nabla_k \left(\frac{b(b-1)}{n(n-1)} - \frac{b^2}{n^2} \right)
$$

$$
= \nabla_j \nabla_k \frac{b(b-n)}{n^2(n-1)}
$$

Plug back to Var (∇_b) then,

 \implies

$$
\operatorname{Var}(\nabla_b) = \frac{1}{b^2} \left(\frac{b(n-b)}{n^2} \left[\sum_{i=1}^n \nabla_i^2 \right] + 2 \frac{b(b-n)}{n^2 (n-1)} \left[\sum_{j \neq k}^{j, k \in \mathcal{N}} \nabla_j \nabla_k \right] \right)
$$

\n
$$
= \frac{n-b}{(n-1)b} \left(\frac{n-1}{n^2} \left[\sum_{i=1}^n \nabla_i^2 \right] - \frac{2}{n^2} \left[\sum_{j \neq k} \nabla_j \nabla_k \right] \right)
$$

\n
$$
= \frac{n-b}{(n-1)b} \left(\left[\frac{1}{n} \sum_{i=1}^n \nabla_i^2 \right] - \frac{1}{n^2} \left[\sum_{i=1}^n \nabla_i^2 + 2 \sum_{j \neq k} \nabla_j \nabla_k \right] \right)
$$

\n
$$
= \frac{n-b}{(n-1)b} \left(\mathbb{E}[\nabla_i^2] - \left(\mathbb{E}[\nabla_i^2] \right)^2 \right)
$$

\n
$$
= \frac{n-b}{(n-1)b} \operatorname{Var}(\nabla_i)
$$

\n
$$
\mathbb{E} \left[\|\nabla f_b(w_k) - \nabla f(w_k) \|^2 \right] = \frac{n-b}{(n-1)b} \mathbb{E} \left[\|\nabla f_i(w_k) - \nabla f(w_k) \|^2 \right]
$$

 \Box

Appendix E

Proofs for lower bound SHB

Before looking at the general lower-bound for *n* samples, it is instructive to consider the lower-bound arguments for a 2-sample example. The arguments for the general *n*-sample example are similar.

Theorem 9. For a \bar{L} -smooth, $\bar{\mu}$ strong-convex quadratics problem $f(w) := \frac{1}{2} \sum_{i=1}^{2} \frac{1}{2} w^T A_i w$ with 2 samples and dimension $d = n = 2$ such that $w^* = 0$ and each A_i is a 2-by-2 matrix of all zeros except at the (i, i) position, we run SHB [\(2.1\)](#page-13-0) with $\alpha_k = \alpha = \frac{1}{L}$, $\beta_k = \beta = \left(1 - \frac{1}{2}\right)$ $\overline{2}$ √ $\overline{\alpha\overline{\mu}}$ ². With a batch-size 1, when $\kappa > 6$, after 3*T* iterations, we have the following: if $\Delta_k := \begin{pmatrix} w_k \\ w_k \end{pmatrix}$ *wk*−¹ \setminus , for a $c = 1.1 > 1$, $\mathbb{E}[\|\Delta_{3T}\|^2] > c^T \|\Delta_0\|^2$

Proof. By definition, the 2 samples are: A_1 = $\begin{pmatrix} \mu & 0 \\ 0 & 0 \end{pmatrix}$ $A_2 =$ $\begin{pmatrix} 0 & 0 \\ 0 & 0 \\ 0 & 0 \\ 0 & 0 \\ 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 &$ 0 *L* \setminus $,$ and hence $A =$ 1 $\overline{2}$ $\mu \neq 0$ 0 *L* \setminus . Calculating the smoothness and strong-convexity of the resulting problem,

 $\bar{L} = \frac{L}{2}$ $\frac{L}{2}, \bar{\mu} = \frac{\mu}{2}$ $\frac{\mu}{2}, \kappa = \frac{L}{\mu}$ $\frac{L}{\mu}$. By the definition of SHB [\(2.1\)](#page-13-0), we have that,

$$
\begin{bmatrix} w_{k+1} - w^* \\ w_k - w^* \end{bmatrix} = \begin{bmatrix} (1+\beta)I_d - \alpha A_k & -\beta I_d \\ I_d & 0 \end{bmatrix} \begin{bmatrix} w_k - w^* \\ w_{k-1} - w^* \end{bmatrix}
$$

Let $w_k^{(1)}$ $\binom{(1)}{k}, w_k^{(2)}$ $h_k^{(2)}$ be the first and second coordinate of w_k respectively, $A_k^{(i,j)}$ $\binom{[i,j]}{k}$ is the element in (i, j) -position of *A*. Since $w^* = 0$, the above update can be written as:

$$
\begin{bmatrix} w_{k+1}^{(1)} \\ w_{k+1}^{(2)} \\ w_{k}^{(1)} \\ w_{k}^{(2)} \\ w_{k}^{(2)} \end{bmatrix} = \begin{bmatrix} 1+\beta-\alpha A_{k}^{(1,1)} & 0 & -\beta & 0 \\ 0 & 1+\beta-\alpha A_{k}^{(2,2)} & 0 & -\beta \\ 1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \end{bmatrix} \begin{bmatrix} w_{k}^{(1)} \\ w_{k}^{(2)} \\ w_{k-1}^{(2)} \\ w_{k-1}^{(2)} \\ w_{k-1}^{(2)} \end{bmatrix}
$$

Hence, we can separate the two coordinates and interpret the update as SHB in 1 dimension for each coordinate.

Subsequently, we only focus on the second coordinate which corresponds to $L(A_k^(2,2))$ $\binom{2,2}{k}$ in matrix *A*.

$$
w_{k+1} = w_k - \alpha A_k^{22} w_k + \beta (w_k - w_{k-1})
$$

\n
$$
\implies \begin{pmatrix} w_{k+1} \\ w_k \end{pmatrix} = \begin{pmatrix} 1 + \beta - \frac{2A_k^{22}}{L} & -\beta \\ 1 & 0 \end{pmatrix} \begin{pmatrix} w_k \\ w_{k-1} \end{pmatrix} \qquad (\alpha = 1/\bar{L} = 2/L)
$$

Denoting $\Delta_k := \begin{pmatrix} w_k \\ w_k \end{pmatrix}$ *wk*−¹ \setminus , the above update is

$$
\Delta_{k+1} = H_k \Delta_k
$$

 $\text{where } H_k \text{ is either } H_1 := \begin{pmatrix} 1+\beta & -\beta \ 1 & 0 \end{pmatrix} \text{ (corresponding to } A_1^{22} = 0 \text{) or } H_2 := \begin{pmatrix} -1+\beta & -\beta \ 1 & 0 \end{pmatrix}.$ (corresponding to $A_2^{22} = L$) with probability 0.5.

In order to prove divergence, we will analyze three iterations of the update in expectation. We enumerate across 8 possible sequences (depending on which sample is chosen): $(1, 1, 1), (1, 1, 2), \ldots (2, 2, 2)$. For example, if the sequence is $(1, 1, 2)$, the corresponding update (across 3 iterations) is:

$$
\Delta_{k+3} = H_{(1,1,2)} \Delta_k \text{ where } H_{(1,1,2)} := H_2 H_1 H_1
$$

We denote \mathcal{H}_i to be the matrix corresponding to the *i*-th permutation. For example, $\mathcal{H}_1 :=$ $H_{(1,1,1)}$. Next, we analyze the suboptimality $\|\Delta_k\|^2$ in expectation.

$$
\mathbb{E}[\|\Delta_{k+3}\|^2] = \frac{1}{8} \sum_{i=1}^8 \|\mathcal{H}_i \Delta_k\|^2
$$
 (probability for each of the 8 sequences is 1/8)

Representing Δ_k in polar coordinates, for a $\theta_k \in [0, 2\pi]$, $\Delta_k := r_k \phi_k$ where $r_k \in \mathbb{R}_+$ and $\phi_k =$ $\sin(\theta_k)$ $\cos(\theta_k)$ \setminus ,

$$
\mathbb{E}[\|\Delta_{k+3}\|^2] = \frac{1}{8} \sum_{i=1}^8 \|\mathcal{H}_i r_k \phi_k\|^2
$$

$$
= \frac{r_k^2}{8} \sum_{i=1}^8 \|\mathcal{H}_i \phi_k\|^2
$$

In order to analyze the divergence of SHB, we define the *norm square increase factor* $\Psi := \frac{\mathbb{E}[\|\Delta_{k+3}\|^2]}{\|\Delta\|^2}$ $\frac{\|\Delta_{k+3}\|}{\|\Delta_k\|^2},$

$$
\Psi = \frac{\mathbb{E}[\|\Delta_{k+3}\|^2]}{\|\Delta_k\|^2} \n= \frac{\frac{r_k^2}{8}\sum_{i=1}^8 \|\mathcal{H}_i \phi_k\|^2}{r_k^2 \|\phi_k\|^2} \n= \frac{1}{8} \frac{\sum_{i=1}^8 \|\mathcal{H}_i \phi_k\|^2}{\|\phi_k\|^2} \n= \frac{1}{8} \sum_{i=1}^8 \|\mathcal{H}_i \phi_k\|^2 \n= \frac{1}{8} \sum_{i=1}^8 \|\mathcal{H}_i \phi_k\|^2
$$
\n($\|\phi_k\|^2 = 1$)

Ψ depends on *ϕ^k* and hence it is a function of *θk*. Using symbolic mathematics program-ming [\[Meurer et al.,](#page-28-1) [2017\]](#page-28-1), we can calculate Ψ as an expression of β , θ ,

$$
\Psi = \frac{1}{8} \sum_{i=1}^{8} \left\| \mathcal{H}_i \left(\frac{\sin(\theta)}{\cos(\theta)} \right) \right\|^2
$$

= $-\beta^6 \sin(2\theta) + \beta^6 + 3\beta^5 \sin(2\theta) + \beta^5 \cos(2\theta) - 3\beta^5$
 $- 5\beta^4 \sin(2\theta) - 2\beta^4 \cos(2\theta) + 6\beta^4$
 $+ 2\beta^3 \sin(2\theta) + 3\beta^3 \cos(2\theta) - 3\beta^3$
 $- 2\beta^2 \sin(2\theta) - 3\beta^2 \cos(2\theta) + 5\beta^2 - \cos(2\theta) + 1$

We first verify that $\Psi(\beta, \theta)$ is monotonically increasing w.r.t $\beta \in [0, 1]$ by taking derivative of $\Psi(\beta, \theta)$ w.r.t β . We plot the derivative for $\beta \in [0, 1]$ and $\theta \in [0, 2\pi]$. From Fig. [E.1a,](#page-55-0) we can see that the derivative of $\Psi(\beta, \theta)$ is positive for $\beta \in [0, 1]$ and $\theta \in [0, 2\pi]$.

Choosing $\beta = 0.63$ (corresponding to $\kappa = 6$), we plot Ψ against θ in Fig. [E.1b](#page-55-0) and minimize Ψ w.r.t θ , finding the minimum to be 1.1. Since min(Ψ) = 1.1 > 1, the sub-optimality is increasing in expectation for any Δ_k when $\beta = 0.63$. Hence, since $\Psi(\beta, \theta)$ is monotonically increasing with respect to β (Fig. [E.1a\)](#page-55-0), when $\kappa > 6$ (correspond to $\beta > 0.63$), for an arbitrary Δ_k ,

$$
\mathbb{E}[\left\|\Delta_{k+3}\right\|^2] > c \, \mathbb{E}[\left\|\Delta_k\right\|^2]
$$

where $c \geq 1.1$ for all $\kappa > 6$. Unrolling the recursion starting from 0 to 3*T*,

$$
\mathbb{E}[\|\Delta_{3T}\|^2] > c^T\,\|\Delta_0\|^2
$$

Since $c \geq 1.1 > 1$, the second coordinate will diverge and SHB will diverge consequently (Fig. [E.1c\)](#page-55-0). \Box

0*.*63

(a) 3D plot of derivative of Ψ(*β, θ*) with respect to *β* for $\beta \in [0, 1]$ and $\theta \in [0, 2\pi]$. The whole plane is above 0 hence $\Psi(\beta, \theta)$ is monotonically increasing for $\beta \in [0, 1]$ for any θ .

(b) Plot of Ψ against θ for $\beta =$

(c) Plot of SHB vs SGD for the 2-sample case with $b = 1, \kappa = 6$. SHB diverges while SGD converges

Figure E.1: Figures for 2-sample SHB lower bound proofs

Theorem 3. For a \bar{L} -smooth, $\bar{\mu}$ strongly-convex quadratic problem $f(w) := \frac{1}{n} \sum_{i=1}^{n} \frac{1}{2} w^T A_i w$ with *n* samples and dimension $d = n = 100$ such that $w^* = 0$ and each A_i is an *n*-by-*n* matrix of all zeros except at the (i, i) position, we run SHB [\(2.1\)](#page-13-0) with $\alpha_k = \alpha = \frac{1}{L}$, *β*_{*k*} = *β* = $(1 - \frac{1}{2})$ 2 √ $\left(\frac{w_k}{\alpha \bar{\mu}}\right)^2$. If $b < \frac{1}{1 + \frac{n-1}{e^{3.3} \kappa^{0.6}}} n$ and $\Delta_k := \begin{pmatrix} w_k \\ w_k \end{pmatrix}$ *wk*−¹ \setminus , for a $c > 1$, after $6T$ iterations, we have that:

$$
\mathbb{E}\left[\left\|\Delta_{6T}\right\|^2\right] > c^T \left\|\Delta_0\right\|^2.
$$

Proof. Denote $L = \max_{i \in n} A_i^{(i,i)}$ $\mu_i^{(i,i)}$ and $\mu = \min_{i \in n} A_i^{(i,i)}$ $i_i^{(i,i)}$. For the strongly-convex quadratic objective function $f(w) := \frac{1}{n} \sum_{i=1}^{n} \frac{1}{2} w^{T} A_{i} w, w^{*} = \vec{0}.$

Since each A_i is diagonal, similar to Theorem [9,](#page-52-0) we can separate the coordinates and consider SHB in 1 dimension for each of the coordinates. Subsequently, we only focus on coordinate *u* that corresponds to the largest $A_i^{(i,i)}$ $a_i^{(i,i)}$ i.e. $u = \arg \max_{i \in n} A_i^{(i,i)}$ $i^{(i,i)}$. The update for this coordinate is given by:

$$
w_{k+1} = w_k - \alpha \nabla f_{ik}(w_k) + \beta (w_k - w_{k-1}),
$$

where $\nabla f_{ik}(w_k) = \frac{1}{b} \sum_{i \in B_k} \nabla f_i(w_k) = \frac{1}{b} \left(\sum_{i \in B_k} A_i^{(u,u)} \right)$ $\binom{u,u}{i}$ w_k . Hence,

$$
w_{k+1} = w_k - \alpha \frac{1}{b} \left(\sum_b A_{ik}^{(u,u)} \right) w_k + \beta (w_k - w_{k-1})
$$

Similar to Theorem [9,](#page-52-0) we calculate the smoothness of $f(w)$ as $\overline{L} = \lambda_{\max} (\nabla^2 f(w)) =$ $\lambda_{\max} \left(\frac{1}{n} \right)$ $\frac{1}{n}\sum_{i=1}^n A_i = \frac{L}{n}$ $\frac{L}{n}$. Hence $\alpha = \frac{1}{\bar{L}} = \frac{n}{L}$ $\frac{n}{L}$ and the full update can be written as:

$$
w_{k+1} = w_k - \frac{n}{bL} \left(\sum_{i \in B_k} A_i^{(u,u)} \right) w_k + \beta (w_k - w_{k-1})
$$

$$
\implies \begin{pmatrix} w_{k+1} \\ w_k \end{pmatrix} = \begin{pmatrix} 1 + \beta - \frac{n}{b} \frac{\sum_{i \in B_k} A_i^{(u,u)}}{L} & -\beta \\ 1 & 0 \end{pmatrix} \begin{pmatrix} w_k \\ w_{k-1} \end{pmatrix}
$$

In each iteration, we randomly sample (without replacement) *b* examples. Hence, the probability that A_u is in the batch is $\frac{b}{n}$. When A_u is in the batch, $\sum_{i \in B_k} A_i^{(u,u)} = L$. On the other hand, when A_u is not in the batch, $\sum_{i \in B_k} A_i^{(u,u)} = 0$. Similar to Theorem [9,](#page-52-0) we define $\Delta_k := \begin{pmatrix} w_k \ w_k \end{pmatrix}$ *wk*−¹ \setminus . Hence, the update can be rewritten as:

$$
\Delta_{k+1} = H_k \Delta_k
$$

where H_k is either $H_1 := \begin{pmatrix} 1 + \beta & -\beta \\ 1 & 0 \end{pmatrix}$ w.p $\rho_1 := \frac{n-b}{n}$ (corresponding to when A_u is not in the batch) or $H_2 := \begin{pmatrix} 1 - \frac{n}{b} + \beta & -\beta \\ 1 & 0 \end{pmatrix}$ w.p $\rho_2 := 1 - \rho_1 = \frac{b}{n}$ $\frac{b}{n}$ (corresponding to when A_u is in the batch).

We will use the same technique as in Theorem [9](#page-52-0) and analyze six iterations of the update in expectation using symbolic mathematics programming [\[Meurer et al.,](#page-28-1) [2017\]](#page-28-1). For this, we denote \mathcal{H}_i to be the matrix corresponding to the *i*-th permutation of 2⁶ possible sequences and $\bar{\rho}_i$ to be the probability of that sequence. Therefore, $\bar{\rho}_i$ is a product of ρ_1, ρ_2 corresponding to matrices H_1, H_2 in the *i*-th sequence. For example, when $H_1 = H_{(1,1,1,1,1,1)} = H_1 H_1 H_1 H_1 H_1$, $\bar{\rho}_1 = \rho_1^6$. Writing the suboptimality $\|\Delta_k\|^2$ in expectation,

$$
\mathbb{E} \left\| \Delta_{k+6} \right\|^2 = \sum_{i=1}^{2^6} \bar{\rho}_i \left\| \mathcal{H}_i \Delta_k \right\|^2
$$

Representing Δ_k in polar coordinates, for a $\theta_k \in [0, 2\pi]$, $\Delta_k := r_k \phi_k$ where $r_k \in \mathbb{R}_+$ and $\phi_k =$ $\sin(\theta_k)$ $\cos(\theta_k)$). The norm square increase factor $\Psi := \frac{\mathbb{E}[\|\Delta_{k+6}\|^2]}{\mathbb{E}[\|\Delta_{k+6}\|^2]}$ $\frac{\mathbb{E}[\|\Delta_k\|^2]}{\mathbb{E}[\|\Delta_k\|^2]}$ is given by:

$$
\Psi = \frac{\mathbb{E} \left\| \Delta_{k+6} \right\|^2}{\left\| \Delta_k \right\|^2} \n= \frac{r_k^2 \sum_{i=1}^{2^6} \bar{\rho}_i \left\| \mathcal{H}_i \phi_k \right\|^2}{r_k^2 \left\| \phi_k \right\|^2} \n= \sum_{i=1}^{2^6} \bar{\rho}_i \left\| \mathcal{H}_i \phi_k \right\|^2
$$

$-\beta^{12} \sin (2\theta) + \beta^{12} + 9\beta^{11} \sin (2\theta) + \beta^{11} \cos (2\theta) - 9\beta^{11} - 25\beta^{10} \sin (2\theta) - 7\beta^{10} \cos (2\theta) + 25\beta^{10} + 19\beta^{9} \sin (2\theta) + 12\beta^{9} \cos (2\theta) - 18\beta^{9} +$
$7\beta^8 \sin (2\theta) + 2\beta^8 \cos (2\theta) - 12\beta^8 - \beta^7 \sin (2\theta) - 7\beta^7 \cos (2\theta) + 5\beta^7 - 4\beta^6 \sin (2\theta) - 6\beta^6 \cos (2\theta) + 8\beta^6 - 2\beta^5 \sin (2\theta) + 2\beta^5 + \beta^4 \cos (2\theta) -$
$\beta^4 + \beta^3 \cos(2\theta) - \beta^3 - \frac{500\beta^{10} \sin(2\theta)}{3200\beta^{9} \sin(2\theta)} - \frac{50\beta^{10} \cos(2\theta)}{3200\beta^{9} \sin(2\theta)} + \frac{2800\beta^9 \sin(2\theta)}{2200\beta^{9} \cos(2\theta)} - \frac{3200\beta^9}{3500\beta^8 \sin(2\theta)}$
$2350\beta^8\cos{(2\theta)} - 4350\beta^8 - 1300\beta^7\sin{(2\theta)} - 400\beta^7\cos{(2\theta)} - 1600\beta^7 - 1400\beta^6\sin{(2\theta)} - 2350\beta^6\cos{(2\theta)} - 2850\beta^6\cos{(2\theta)}$
$1300\beta^5 \sin (2\theta) - 800\beta^5 \cos (2\theta) - 2000\beta^5 - 100\beta^4 \sin (2\theta) - 550\beta^4 \cos (2\theta) - 350\beta^4 - 100\beta^3 \sin (2\theta) - 800\beta^3 \cos (2\theta) - 800\beta^3 \cos (2\theta)$
$100\beta^2 \sin(2\theta)$ $50\beta^2 \cos(2\theta)$ $150\beta^2$ $50\cos(2\theta)$ 50 $100000\beta^8 \sin(2\theta)$ $25000\beta^8 \cos(2\theta)$ $125000\beta^8$ $300000\beta^7 \sin(2\theta)$
$180000\beta^7\cos{(2\theta)} - 420000\beta^7 - 30000\beta^6\sin{(2\theta)} - 170000\beta^6\cos{(2\theta)}^2 - 110000\beta^6 - 230000\beta^5\sin{(2\theta)} - 240000\beta^5\cos{(2\theta)}^2$
$420000\beta^5$ $70000\beta^4 \sin(2\theta)$ $45000\beta^4 \cos(2\theta)$ $45000\beta^4$ β^2 $30000\beta^3 \sin(2\theta)$ $180000\beta^3 \cos(2\theta)$ $180000\beta^3$
$40000\sqrt{2}\beta^2 \sin (2\theta + \frac{\pi}{4})$ $80000\beta^2$ $25000 \cos (2\theta)$ 25000 $10000000\beta^6 \sin (2\theta)$ $5000000\beta^6 \cos (2\theta)$ $15000000\beta^6$
$12000000\beta^{b^2} \sin{(2\theta)} - 16000000\beta^5 \cos{(2\theta)} - \frac{b^2}{2}4000000\beta^5 \frac{b^2}{11000000\beta^4} \sin{(2\theta)} - \frac{b^3}{5000000\beta^4 \cos{(2\theta)}} - \frac{b^3}{17000000\beta^4}$
$3000000\dot{\beta}^3 \sin(2\theta)$ $16000000\dot{\beta}^3 \cos(2\theta)$ $16000000\beta^3$ $6000000\beta^2 \sin(2\theta)$ $9000000\beta^2 \cos(2\theta)$ $15000000\beta^2$ $5000000 \cos(2\theta)$
5000000 $500000000\sqrt{2}\beta^4 \sin (2\theta + \frac{\pi}{4})$ $1000000000\beta^4$ $100000000\beta^3 \sin (2\theta)$ $500000000\beta^3 \cos (2\theta)$ $500000000\beta^3$
$400000000\beta^2 \sin (2\theta) = 800000000\beta^2 \cos (2\theta) = 1200000000\beta^2 = 500000000 \cos (2\theta) = 5000000000 = 10000000000\beta^2 \sin (2\theta)$
$250000000000\beta^2 \cos(2\theta) = 35000000000\beta^2$ $25000000000 \cos (2\theta)$ 25000000000 $50000000000 \cos (2\theta)$ 500000000000

Figure E.2: Ψ as a function of *b, β, θ*

Using symbolic mathematics programming, we write Ψ as a function of *b, β, θ* (see Fig. [E.2](#page-57-0) for the complete expression) and analyze $\Psi(b, \beta, \theta)$. Similar to Theorem [9,](#page-52-0) we first show that $\Psi(b,\beta,\theta)$ is monotonically increasing w.r.t β . Using the expression of Ψ' $\beta'_{\beta}(b,\beta,\theta) = \frac{\partial \Psi(b,\beta,\theta)}{\partial \beta},$ for each $b \in [n-1]$, we plot Ψ' $\mathcal{L}_{\beta}(b,\beta,\theta)$ for $\beta \in [0.25, 1), \theta \in [0, 2\pi]$ and observe that Ψ'_{β} *β* is positive. In Fig. [E.3a,](#page-59-0) we show an example plot of Ψ' $\beta_{\beta}(b,\beta,\theta)$ when $b=70$. Furthermore, we discretize β and θ to numerically verify that for any $b \in [n-1], \Psi'$ $\beta_{\beta}(b,\beta,\theta)$ is greater than 0. In Table [E.1,](#page-60-0) we show an example for values of Ψ' $\beta_{\beta}(b,\beta,\theta)$ when $b=70$. Hence for every $b \in [n-1], \Psi(b, \beta, \theta)$ is a monotonically increasing function in β .

Next, for each batch-size $b \in [n-1]$, we minimize $\Psi(b, \beta, \theta)$ and find $\beta^*(b)$ as the smallest β such that $\Psi(b, \beta, \theta) > 1$. In Fig. [E.3b,](#page-59-0) when $b = 70$, we plot minimum of $\Psi(b, \beta, \theta)$ w.r.t θ and show the corresponding $\beta^*(b)$. Since $\Psi(b, \beta, \theta)$ is monotonically increasing w.r.t β , we conclude that for a fixed batch-size $b \in [n-1], \forall \theta \in [0, 2\pi], \forall \beta \in (\beta^*(b), 1), \Psi(b, \beta, \theta) > 1.$

From the definition of β , we can calculate the corresponding κ for any $\beta \in [0.25, 1)$ as $\kappa = \left(\frac{1}{2(1-\epsilon)}\right)$ $rac{1}{2(1-\sqrt{\beta})}$ \int_{0}^{2} . Hence, for a fixed batch-size *b*, the coordinate *u* (and hence SHB) will diverge if $\kappa > \kappa^*(b)$ (corresponding to $\beta^*(b)$).

From Theorem [2,](#page-16-0) we see that the *batch factor* equal to $\frac{n-b}{(n-1)b}$ must be sufficiently small to ensure convergence of SHB. In particular, SHB converges at an accelerated rate if $\frac{n-b}{(n-1)b}$ ≤ $\frac{1}{C\kappa^2}$. Hence, in order to derive the lower-bound, we plot $\log\left(\frac{n-b}{(n-1)p}\right)$ $\frac{n-b}{(n-1)b}$ against $\log(\kappa^*(b))$ in Fig. [E.3c.](#page-59-0) We observe that for larger $\kappa^*(b)$, the batch factor is smaller. In other words, when κ is large, SHB requires a larger batch-size to avoid divergence.

In order to quantify the relationship between $\kappa^*(b)$ and b, we calculate the best-fit line for our plot in Fig. [E.3c](#page-59-0) using linear regression. The slope corresponding to the best fit line is −0*.*6 and the y-intercept is −3*.*8. Hence, we can conclude that,

$$
\log\left(\frac{n-b}{(n-1)b}\right) < -0.6\log(\kappa^*(b)) - 3.3
$$
\n
$$
\implies \frac{n-b}{(n-1)b} < \frac{e^{-3.3}}{(\kappa^*(b))^{0.6}}
$$
\n
$$
\implies (\kappa^*(b))^{0.6} > \frac{(n-1)b}{(n-b)e^{3.3}}
$$

Previously, we have shown that $\Psi(b, \kappa, \theta) > 1$ for all $\kappa > \kappa^*(b)$. Hence, $\Psi(b, \kappa, \theta) > 1$ when

$$
\kappa^{0.6} > (\kappa^*(b))^{0.6}
$$
\n
$$
\implies \kappa^{0.6} > \frac{(n-1)b}{(n-b)e^4}
$$
\n
$$
\implies \frac{n-b}{(n-1)b} > \frac{1}{e^{3.3} \kappa^{0.6}}
$$
\n
$$
\implies \frac{b}{n} < \frac{1}{1 + \frac{n-1}{e^{3.3} \kappa^{0.6}}}
$$
\n
$$
\implies b < \frac{1}{1 + \frac{n-1}{e^{3.3} \kappa^{0.6}}}
$$

Therefore, when the batch-size $b < \frac{1}{1 + \frac{n-1}{e^{3.3}(k)^{0.6}}}$ $n = \Omega(\kappa^{0.6})$, the norm square increase factor $\Psi(b,\kappa,\theta)$ will be greater than 1 which leads to divergence. For an arbitrary Δ_k ,

$$
\mathbb{E} \|\Delta_{k+6}\|^2 > c \mathbb{E} \|\Delta_k\|^2
$$

$$
\implies \mathbb{E} \|\Delta_{6T}\|^2 > c^T \|\Delta_0\|^2
$$

Since $c > 1$, SHB will consequently diverge. In Fig. [E.3d,](#page-59-0) we plot the gradient norm of SHB for $\kappa = 10$ and observe that when $b = 10 < \frac{1}{1 + \frac{n-1}{e^{3.3}(\kappa)^{0.6}}}$ *n*, SHB diverges empirically verifying our lower-bound. \Box

spect to β for a sample $b = 70$, $\beta \in [0.25, 1)$ for a sample $b = 70$, $\beta \in [0.25, 1)$ and $\theta \in [0, 2\pi]$. and $\theta \in [0, 2\pi]$. The whole plane is above 0 $\beta^*(b)$ is smallest β such that $\Psi > 1$. hence $\Psi(70,\beta,\theta)$ is monotonically increasing for $\beta \in [0, 1]$ for any θ .

(a) 3D plot of derivative of $\Psi(b,\beta,\theta)$ with re- (b) Plot of minimum $\Psi(b,\beta,\theta)$ with respect to θ

 $10²$ 10^{10} 10^{12} Grad norm 10^8 $10⁴$ 10^0 SGD **SHB** 10° $\begin{tabular}{c} \hline 1000 & 1250 \\ \hline iterations \end{tabular}$ $\overline{500}$ 1500 1750 250 750 2000 $\dot{\mathbf{0}}$

(c) Plot of log batch factor $\log\left(\frac{n-b}{(n-1)b}\right)$ against $log(\kappa^*)$. Using linear regression, the slope of the best fit line is −0*.*6 and the y-intercept is −3*.*8

(d) Plot of SHB vs SGD for the *n*-sample case with $\kappa = 10, n = 100, b = 10$ $\frac{1}{1+\frac{n-1}{e^{3.3}(\kappa)^{0.6}}}n.$ SHB diverges while SGD converges

Figure E.3: Figures for *n*-sample SHB lower bound proofs

Table E.1: Values of Ψ' β ^{*β*}(*b,* β *,* θ) when *b* = 70 for different $\beta \in [0.25, 1)$ and $\theta \in [0, 2\pi]$

Appendix F

Proofs for multi-stage SHB

Theorem 4. For *L*-smooth, *µ* strongly-convex quadratics with $\kappa > 1$, for $T \geq \overline{T}$:= $\frac{3\cdot 2^8\sqrt{\kappa}}{\ln(2)}\max\{4\kappa, e^2\},$ Algorithm [1](#page-20-0) with $b \ge b^* := n \max\left\{\frac{1}{1+\frac{n-1}{C\kappa^2}}\right\}$ $\frac{1}{(n-1)}$ $1+\frac{(n-1) a_I}{3}$ converges as: $\mathbb{E} \| w_T - w^* \| \leq 6$ √ 2 $\sqrt{C_1}$ $\frac{C_1}{C_3} \kappa^{1/4} \exp \left(-\frac{T}{8 \sqrt{3}} \right)$ $\frac{1}{8\sqrt{\kappa}}$ $\|w_0 - w^*\| + \frac{24\kappa}{\mu(x)}$ √ C_1 $\mu(\kappa-1)$ *χ* √ *T .* where $C_1 :=$ $2^9 3\sqrt{\kappa\left(1+2\log^2\left(\frac{T\ln(\sqrt{2})}{384\sqrt{\kappa}}\right)\right)}$ $\frac{\text{Im}(2)}{\text{Im}(2)}$, $C_3 := \frac{3 \cdot 2^8 \max\{4\kappa, e^2\}}{\ln(2)}$ and $C := 3^5 2^6$.

Proof. Stage zero consists of $T_0 = \frac{T}{2}$ $\frac{T}{2}$ iterations with $\alpha = \frac{1}{L}$ $\frac{1}{L}$ and $\beta = \left(1 - \frac{1}{2\sqrt{2}}\right)$ $rac{1}{2\sqrt{\kappa}}$ $\big)^2$. Let T_i be the last iteration in stage *i*, $T_I = T$. Using the result of Theorem [2](#page-16-0) with $a = 1$ for T_0 iterations in stage zero and defining $\Delta_t := w_t - w^*$,

$$
\mathbb{E} \|w_T - w^*\| \le \frac{6\sqrt{2}}{\sqrt{a}} \sqrt{\kappa} \exp\left(-\frac{\sqrt{a}}{4} \frac{T}{\sqrt{\kappa}}\right) \|w_0 - w^*\| + \frac{12\sqrt{a}\chi}{\mu} \min\left\{1, \frac{\zeta}{\sqrt{a}}\right\}
$$

$$
\mathbb{E} \|\Delta_{T_0}\| \le 6\sqrt{2}\sqrt{\kappa} \exp\left(-\frac{T}{8\sqrt{\kappa}}\right) \|w_0 - w^*\| + \frac{12\chi}{\mu} \min\left\{1, \frac{\zeta}{\sqrt{a}}\right\}
$$

$$
\le 6\sqrt{2}\sqrt{\kappa} \exp\left(-\frac{T}{8\sqrt{\kappa}}\right) \|w_0 - w^*\| + \frac{12\chi}{\mu}
$$

We split the remaining $\frac{T}{2}$ iterations into *I* stages. For stage $i \in [1, I]$, we set $\alpha_i = \frac{a_i}{L}$ and choose $a_i = 2^{-i}$ $a_i = 2^{-i}$ $a_i = 2^{-i}$. Using Theorem 2 for stage *i*,

$$
\mathbb{E} \|\Delta_{T_i}\| \leq 6\sqrt{2}\sqrt{\frac{\kappa}{a_i}} \exp\left(-\frac{\sqrt{a_i}}{4}\frac{T_i}{\sqrt{\kappa}}\right) \mathbb{E} \|\Delta_{T_i-1}\| + \frac{12\sqrt{a_i}\chi}{\mu} \min\left\{1, \frac{\zeta}{\sqrt{a_i}}\right\}
$$

$$
\leq 6\sqrt{2} 2^{i/2}\sqrt{\kappa} \exp\left(-\frac{1}{42^{i/2}}\frac{T_i}{\sqrt{\kappa}}\right) \mathbb{E} \|\Delta_{T_i-1}\| + \frac{12\chi}{\mu 2^{i/2}}
$$

$$
\leq \exp\left((i/2+5)\ln(2) + \ln(\sqrt{\kappa}) - \frac{T_i}{2^{i/2}4\sqrt{\kappa}}\right) \mathbb{E} \|\Delta_{T_{i-1}}\| + \frac{12\chi}{\mu 2^{i/2}}
$$

Now we want to find T_i such that $(i/2+5)\ln(2) + \ln(\sqrt{\kappa}) - \frac{T_i}{2^{i/2}4}$ $\frac{T_i}{2^{i/2}4\sqrt{\kappa}} \leq -\frac{T_i}{2^{(i+1)/2}4\sqrt{\kappa}}.$

$$
\Rightarrow T_i \ge \frac{4}{(2-\sqrt{2})} 2^{i/2} \sqrt{\kappa} ((i/2+5)\ln(2) + \ln(\sqrt{\kappa}))
$$

\n
$$
\Rightarrow T_i = \left[\frac{4}{(2-\sqrt{2})} 2^{i/2} \sqrt{\kappa} ((i/2+5)\ln(2) + \ln(\sqrt{\kappa})) \right]
$$

\n
$$
\Rightarrow \frac{T_i}{2^{(i+1)/2} 4\sqrt{\kappa}} \ge \frac{1}{\sqrt{2}-1} ((i/2+5)\ln(2) + \ln(\sqrt{\kappa})) \ge 2\ln(2)(i/2+5) + 2\ln(\sqrt{\kappa}) \ge (i/2+5) + \ln(\kappa)
$$

\n
$$
\Rightarrow \exp\left(-\frac{T_i}{2^{(i+1)/2} 4\sqrt{\kappa}}\right) \le \frac{1}{\kappa} \exp(-(i/2+5))
$$

Define $\rho_i := \frac{1}{\kappa} \exp(-(i/2 + 5))$. If we unroll the above for *I* stages we have:

$$
\mathbb{E}[\|\Delta_{T_I}\|] \leq \prod_{i=1}^I \rho_i \mathbb{E} \|\Delta_{T_0}\| + \frac{12\chi}{\mu} \sum_{i=1}^I 2^{-i/2} \prod_{j=i+1}^I \rho_j
$$
\n
$$
= \exp\left(-\sum_{i=1}^I (i/2+5) - I \ln \kappa\right) \mathbb{E} \|\Delta_{T_0}\| + \frac{12\chi}{\mu} \sum_{i=1}^I 2^{-i/2} \exp\left(-\sum_{j=i+1}^I (j/2+5) - i \ln \kappa\right)
$$
\n
$$
\leq \exp\left(-I^2/4 - I \ln \kappa\right) \mathbb{E} \|\Delta_{T_0}\| + \frac{12\chi}{\mu} \sum_{i=1}^I 2^{-i/2} \exp\left(-\sum_{j=i+1}^I (j/2) - i \ln \kappa\right)
$$
\n
$$
\leq \exp\left(-I^2/4 - I \ln \kappa\right) \mathbb{E} \|\Delta_{T_0}\| + \frac{12\chi}{\mu} \sum_{i=1}^I 2^{-i/2} \exp\left(-\frac{(I-i)(I+i+1)}{4} - i \ln \kappa\right)
$$
\n
$$
\leq \exp\left(-I^2/4 - I \ln \kappa\right) \mathbb{E} \|\Delta_{T_0}\| + \frac{12\chi}{\mu} \sum_{i=1}^I 2^{-i/2} 2^{\left(-\frac{(I^2-i^2+I-i)}{4}\right)} \exp\left(-i \ln \kappa\right)
$$
\n(since $2 \leq e$)

$$
= \exp\left(-I^2/4 - I\ln\kappa\right) \mathbb{E}\|\Delta_{T_0}\| + \frac{12\chi}{\mu} \sum_{i=1}^I 2^{\left(-\frac{I}{4}\right)} \exp\left(-i\ln\kappa\right) \qquad \text{(since } I^2 \ge i^2\text{)}
$$
\n
$$
\le \exp\left(-I^2/4 - I\ln\kappa\right) \mathbb{E}\|\Delta_{T_0}\| + \frac{12\chi\kappa}{\mu(\kappa - 1)} \frac{1}{2^{\left(\frac{I}{4}\right)}} \qquad \text{(Simplifying } \sum \frac{1}{\kappa^i}\text{)}
$$
\n
$$
\le \exp\left(-I^2/4\right) \mathbb{E}\|\Delta_{T_0}\| + \frac{12\chi\kappa}{\mu(\kappa - 1)} \frac{1}{2^{\left(\frac{I}{4}\right)}} \qquad \text{(Simplifying } \sum \frac{1}{\kappa^i}\text{)}
$$

Putting together the convergence from stage 0 and stages [1*, I*],

$$
\mathbb{E}[\|\Delta_T\|] \le \exp\left(-I^2/4\right) \left(6\sqrt{2}\sqrt{\kappa} \exp\left(-\frac{T}{8\sqrt{\kappa}}\right) \|w_0 - w^*\| + \frac{12\chi}{\mu}\right) + \frac{12\chi\kappa}{\mu(\kappa - 1)} \frac{1}{2^{\left(\frac{I}{4}\right)}} \n\le \frac{1}{2^{\left(\frac{I}{4}\right)}} \left(6\sqrt{2}\sqrt{\kappa} \exp\left(-\frac{T}{8\sqrt{\kappa}}\right) \|w_0 - w^*\| + \frac{12\chi}{\mu}\right) + \frac{12\chi\kappa}{\mu(\kappa - 1)} \frac{1}{2^{\left(\frac{I}{4}\right)}} \n\le \frac{1}{2^{\left(\frac{I}{4}\right)}} \left(6\sqrt{2}\sqrt{\kappa} \exp\left(-\frac{T}{8\sqrt{\kappa}}\right) \|w_0 - w^*\| \right) + \frac{24\chi\kappa}{\mu(\kappa - 1)} \frac{1}{2^{\left(\frac{I}{4}\right)}} \tag{F.1}
$$

Now we need to bound the number of iterations in $\sum_{i=1}^{I} T_i$.

$$
\sum_{i=1}^{I} T_i \le \sum_{i=1}^{I} \left[\frac{4}{(2-\sqrt{2})} 2^{i/2} \sqrt{\kappa} ((i/2+5)\ln(2) + \ln(\sqrt{\kappa})) + 1 \right]
$$

\n
$$
\le 8 \sum_{i=1}^{I} 2^{i/2} \sqrt{\kappa} ((i/2+5)\ln(2) + \ln(\sqrt{\kappa})) + I
$$

\n
$$
\le 8 \sqrt{\kappa} \sum_{i=1}^{I} 2^{i/2} \left\{ 4i + \ln(\sqrt{\kappa}) \right\} + I
$$
 (For $i \ge 1$)
\n
$$
\le 8 \sqrt{\kappa} \left\{ 4I + \ln(\sqrt{\kappa}) \right\} \sum_{i=1}^{I} 2^{i/2} + I
$$

\n
$$
\le 8 \sqrt{\kappa} \left\{ 4I + \ln(\sqrt{\kappa}) \right\} \frac{2^{(I+1)/2}}{\sqrt{2}-1} + I
$$

\n
$$
\le 16 \sqrt{\kappa} [5I + \ln(\sqrt{\kappa})] 2^{(I+1)/2}
$$

Assume that $I \geq \ln(\sqrt{\kappa})$. In this case,

$$
\sum_{i=1}^{I} T_i \le 192\sqrt{\kappa} I 2^{(I/2)}
$$
\n(F.2)

We need to set *I* s.t. the upper-bound on the total number of iterations in the *I* stages is smaller than the available budget on the iterations which is equal to $T/2$. Hence,

$$
\frac{T}{2} \ge \frac{192}{\ln(\sqrt{2})} \sqrt{\kappa} \exp\left(\ln(\sqrt{2}) I\right) \left(I \ln(\sqrt{2})\right)
$$
\n
$$
\implies \exp\left(\ln(\sqrt{2}) I\right) \left(I \ln(\sqrt{2})\right) \le \frac{T \ln(\sqrt{2})}{384 \sqrt{\kappa}} \implies I \ln(\sqrt{2}) \le \mathcal{W}\left(\frac{T \ln(\sqrt{2})}{384 \sqrt{\kappa}}\right)
$$
\n(where \mathcal{W} is the Lambert function)

Hence, it suffices to set $I = \left[\frac{1}{\ln(\sqrt{2})} \mathcal{W}\left(\frac{T \ln(\sqrt{2})}{384 \sqrt{\kappa}} \right) \right]$. We know that,

$$
\frac{I}{2} \ge \frac{\frac{1}{\ln(\sqrt{2})} \mathcal{W}\left(\frac{T \ln(\sqrt{2})}{384 \sqrt{\kappa}}\right) - 1}{2}
$$
\n
$$
\implies \exp\left(\frac{I}{2}\right) \ge \sqrt{1/e} \left(\exp\left(\mathcal{W}\left(\frac{T \ln(\sqrt{2})}{384 \sqrt{\kappa}}\right)\right)\right)^{1/(2\ln(\sqrt{2}))}
$$
\n
$$
= \sqrt{1/e} \left(\frac{\frac{T \ln(\sqrt{2})}{384 \sqrt{\kappa}}}{\mathcal{W}\left(\frac{T \ln(\sqrt{2})}{384 \sqrt{\kappa}}\right)}\right)^{1/(2\ln(\sqrt{2}))} \left(\text{since } \exp(\mathcal{W}(x)) = \frac{x}{\mathcal{W}(x)}\right)
$$

For $x \ge e^2$, $W(x) \le \sqrt{1 + 2\log^2(x)}$. Assuming $T \ge \frac{384\sqrt{\kappa}}{\ln(\sqrt{2})}e^2$ so $\frac{T \ln(\sqrt{2})}{384\sqrt{\kappa}} \ge e^2$,

$$
\exp\left(\frac{I}{2}\right) \ge \sqrt{1/e}\, \left(\frac{\frac{T\, \ln(\sqrt{2})}{384\, \sqrt{\kappa}}}{\sqrt{1+2\log^2\left(\frac{T\, \ln(\sqrt{2})}{384\, \sqrt{\kappa}}\right)}}\right)^{1/\ln(2)}
$$

Since $2^x = (\exp(x))^{\ln(2)}$,

$$
2^{\left(\frac{I}{2}\right)} = \left(\exp(I/2)\right)^{\ln(2)} \ge \left(\sqrt{1/e}\right)^{\ln(2)} \left(\frac{\frac{T \ln(\sqrt{2})}{384 \sqrt{\kappa}}}{\sqrt{1 + 2 \log^2\left(\frac{T \ln(\sqrt{2})}{384 \sqrt{\kappa}}\right)}}\right)^{\ln(2)/\ln(2)}
$$

$$
= \left(\exp(I/2)\right)^{\ln(2)} \ge \left(\sqrt{1/e}\right)^{\ln(2)} \left(\frac{\frac{T \ln(\sqrt{2})}{384 \sqrt{\kappa}}}{\sqrt{1 + 2 \log^2\left(\frac{T \ln(\sqrt{2})}{384 \sqrt{\kappa}}\right)}}\right)
$$

$$
\implies \frac{1}{2^{I/2}} \le 2 \frac{\sqrt{1 + 2 \log^2\left(\frac{T \ln(\sqrt{2})}{384 \sqrt{\kappa}}\right)}}{T \ln(\sqrt{2})}
$$

$$
= \frac{2^9 \cdot 3\sqrt{\kappa \left(1 + 2 \log^2\left(\frac{T \ln(\sqrt{2})}{384 \sqrt{\kappa}}\right)\right)}}{\ln(2)} \frac{1}{T}
$$

Define $C_1 :=$ $2^9 3\sqrt{\kappa\left(1+2\log^2\left(\frac{T\ln(\sqrt{2})}{384\sqrt{\kappa}}\right)\right)}$ $\frac{1}{\ln(2)}$, meaning that $\frac{1}{2^{I/2}} \leq \frac{C_1}{T}$. Using the overall convergence rate,

$$
\mathbb{E}[\|w_T - w^*\|] \le \frac{1}{2^{\left(\frac{1}{4}\right)}} \left(6\sqrt{2}\sqrt{\kappa} \exp\left(-\frac{T}{8\sqrt{\kappa}}\right) \|w_0 - w^*\|\right) + \frac{24\,\chi\kappa}{\mu(\kappa - 1)} \frac{1}{2^{\left(\frac{1}{4}\right)}}{\frac{1}{2^{\left(\frac{1}{4}\right)}}}
$$
\n
$$
\le \frac{\sqrt{C_1}}{\sqrt{T}} \left(6\sqrt{2}\sqrt{\kappa} \exp\left(-\frac{T}{8\sqrt{\kappa}}\right) \|w_0 - w^*\|\right) + \frac{24\,\chi\kappa}{\mu(\kappa - 1)} \frac{\sqrt{C_1}}{\sqrt{T}}
$$
\n
$$
\implies \mathbb{E} \|w_T - w^*\| \le 6\sqrt{2}\sqrt{C_1}\sqrt{\kappa} \frac{1}{\sqrt{T}} \exp\left(-\frac{T}{8\sqrt{\kappa}}\right) \|w_0 - w^*\| + \frac{24\,\chi\kappa}{\mu(\kappa - 1)} \frac{\sqrt{C_1}}{\sqrt{T}}
$$

We assumed that $I \geq \ln(\sqrt{\kappa})$ meaning that we want *T* s.t.

$$
\left\lfloor \frac{1}{\ln(\sqrt{2})} \mathcal{W}\left(\frac{T \ln(\sqrt{2})}{384 \sqrt{\kappa}}\right) \right\rfloor \ge \ln(\sqrt{\kappa})
$$

Since $W(x) \geq \log(x)$ $\sqrt{4x+1}+1$ $\frac{+1}{2}$ for $x > 0$ we need to have:

$$
\frac{1}{\ln(\sqrt{2})} \mathcal{W}\left(\frac{T \ln(\sqrt{2})}{384 \sqrt{\kappa}}\right) - 1 \ge \ln \sqrt{\kappa}
$$

$$
\implies \log\left(\frac{\sqrt{4 \frac{T \ln(\sqrt{2})}{384 \sqrt{\kappa}} + 1} + 1}{2}\right) \ge \ln(\sqrt{\kappa}) + 1
$$

$$
\implies T \ge \frac{384\sqrt{\kappa}}{4\ln(\sqrt{2})} \left((2^{\ln(\sqrt{\kappa})+2} - 2)^2 - 1 \right)
$$

Hence, it suffices to choose

$$
\implies T > \frac{96\sqrt{\kappa}}{\ln(\sqrt{2})} 16 \cdot 2^{\ln(\kappa)}
$$

Since $e > 2$

$$
\implies T > \frac{96\sqrt{\kappa}}{\ln(\sqrt{2})} 16 \cdot e^{\ln(\kappa)} = \frac{3 \cdot 2^9 \kappa \sqrt{\kappa}}{\ln(\sqrt{2})}
$$

Therefore to satisfy all the assumptions we need that

$$
T \ge \max \left\{ \frac{3 \cdot 2^9 \kappa \sqrt{\kappa}}{\ln(\sqrt{2})}, \frac{384 \sqrt{\kappa}}{\ln(\sqrt{2})} e^2 \right\}
$$

$$
= \max \left\{ \frac{3 \cdot 2^{10} \kappa \sqrt{\kappa}}{\ln(2)}, \frac{3 \cdot 2^8 e^2 \sqrt{\kappa}}{\ln(2)} \right\}
$$

Let $C_3 = \frac{3 \cdot 2^8 \max\{4\kappa, e^2\}}{\ln(2)}$ then

$$
T \ge \sqrt{\kappa}C_3
$$

With this constraint then $\frac{1}{\sqrt{2}}$ $\frac{1}{\overline{T}} \leq \frac{1}{\kappa^{1/4} \sqrt{2}}$ $\frac{1}{\kappa^{1/4}\sqrt{C_3}}$. Hence the final convergence rate can be presented as

$$
\mathbb{E} \|w_T - w^*\| \le 6\sqrt{2}\sqrt{C_1}\sqrt{\kappa} \frac{1}{\kappa^{1/4}\sqrt{C_3}} \exp\left(-\frac{T}{8\sqrt{\kappa}}\right) \|w_0 - w^*\| + \frac{24\chi\kappa}{\mu(\kappa - 1)} \frac{\sqrt{C_1}}{\sqrt{T}} \n= 6\sqrt{2}\sqrt{\frac{C_1}{C_3}}\kappa^{1/4} \exp\left(-\frac{T}{8\sqrt{\kappa}}\right) \|w_0 - w^*\| + \frac{24\chi\kappa}{\mu(\kappa - 1)} \frac{\sqrt{C_1}}{\sqrt{T}}
$$

 \Box

Corollary 2. For *L*-smooth, μ strongly-convex quadratics with $\kappa > 1$ $\kappa > 1$, Algorithm 1 with batch-size *b* such that $b \geq b^* := n \frac{1}{1 + \frac{n-1}{C \kappa^2}}$ attains the same rate as in Theorem [4](#page-19-0) for $T \in \left[\frac{3 \cdot 2^8 \sqrt{\kappa}}{\ln(2)} \max\{4\kappa, e^2\}, C_1 \sqrt{\frac{(n-1)b}{3(n-b)}}\right]$ 3(*n*−*b*) , where C, C_1 are defined in Theorem [4.](#page-19-0)

Proof. By the batch-size constraint in Theorem [4,](#page-19-0) we need $\frac{b}{n} \geq \frac{1}{1+\sqrt{n}}$ $1+\frac{(n-1)a_1}{3}$. From Theorem [4,](#page-19-0) $a_I = 2^{-I} \leq \frac{C_1^2}{T^2}$ hence

$$
\frac{b}{n} \ge \frac{1}{1 + \frac{n-1}{3(T/c_1)^2}}
$$
\n
$$
\implies 1 + \frac{n-1}{3(T/c_1)^2} \le \frac{n}{b}
$$
\n
$$
\implies 3(T/c_1)^2 \left(1 - \frac{n}{b}\right) \le 1 - n
$$
\n
$$
\implies (T/c_1)^2 \le \frac{(n-1)b}{3(n-b)}
$$
\n
$$
\implies T \le C_1 \sqrt{\frac{(n-1)b}{3(n-b)}}
$$

Appendix G

Proofs for two-phase SHB

Theorem 10. For *L*-smooth, μ strongly-convex quadratics with $\kappa > 4$, Algorithm [2](#page-20-1) with batch-size *b* such that $b \ge b^* = n \frac{1}{1 + \frac{n-1}{C \kappa^2}}$ results in the following convergence,

$$
\mathbb{E} \|w_{T-1} - w^*\| \le 6\sqrt{\frac{2c_2\kappa}{c_L}} \exp\left(-\frac{T}{\kappa^q} \frac{\gamma}{8\ln((1-c)T)}\right) \|w_0 - w^*\| + \frac{12\sqrt{6Lc_2}\zeta\sigma}{\sqrt{c_L}\mu} \exp\left(-\frac{(1-c)T\gamma}{8\kappa\ln(T)}\right) + \frac{8\sqrt{Lc_2}\ln(T)\zeta\kappa^{3/2}}{e\gamma\sqrt{c_L}} \frac{\sigma}{\sqrt{(1-c)T}}
$$

where $q = 1 - \frac{\ln(c\sqrt{\kappa}+1-c)}{\ln(\kappa)}$ $\sqrt{\frac{k+1-c}{\ln(k)}}$, $\zeta = \sqrt{\frac{n-b}{(n-1)b}}$ captures the dependence on the batch-size, $c_2 = \exp\left(\frac{1}{\kappa \ln(1)}\right)$ $\frac{1}{\kappa \ln((1-c)T)}$), $c_L = \frac{4(1-\gamma)}{\mu^2}$ $\frac{1-\gamma)}{\mu^2}$ $\left[1-\exp\left(-\frac{\mu\,\gamma}{2L}\right)\right]$ $\left(\frac{\mu\gamma}{2L}\right)$ and $C := 3^5 2^6$.

Proof. After T_0 iterations, by Theorem [2](#page-16-0) with $a = 1$, and $\chi = \sqrt{\mathbb{E} \left\| \nabla f_i(w^*) \right\|^2}$,

$$
\mathbb{E} \|w_{T_0} - w^*\| \le 6\sqrt{2}\sqrt{\kappa} \exp\left(-\frac{T_0}{4\sqrt{\kappa}}\right) \|w_0 - w^*\| + \frac{12\sqrt{3}\zeta\chi}{\mu}
$$

(since in Theorem 2, $\zeta = \sqrt{3\frac{n-b}{(n-1)b}}$)

After T_1 T_1 iterations, by Theorem 1 with $\gamma = (1/T_1)^{1/T_1}$ and $\tau = 1$,

$$
\mathbb{E}[\mathcal{E}_T] \le ||w_{T_0} - w^*||^2 c_2 \exp\left(-\frac{T_1 \gamma}{4\kappa \ln(T_1)}\right) + \frac{64L\sigma^2 c_2 \zeta^2 \kappa^3}{e^2 \gamma^2} \frac{(\ln(T_1))^2}{T_1}
$$

Taking square-root on both sides and using that $\sqrt{\mathbb{E}[\mathcal{E}_T]} \geq \mathbb{E}[\sqrt{\frac{|\mathcal{E}_T|}{n}}]$ $\mathcal{E}_T]$

$$
\mathbb{E}[\sqrt{\mathcal{E}_T}] \le ||w_{T_0} - w^*|| \sqrt{c_2} \exp\left(-\frac{T_1 \gamma}{8\kappa \ln(T_1)}\right) + \frac{8\sqrt{Lc_2} \sigma \zeta \kappa^{3/2}}{e \gamma} \frac{(\ln(T_1))}{\sqrt{T_1}}
$$

Taking expectation over the randomness in iterations $t = 0$ to $T_0 - 1$,

$$
\mathbb{E}[\sqrt{\mathcal{E}_T}] \leq \sqrt{c_2} \exp\left(-\frac{T_1 \gamma}{8\kappa \ln(T_1)}\right) \mathbb{E} \|w_{T_0} - w^*\| + \frac{8\sqrt{Lc_2} \sigma \zeta \kappa^{3/2}}{e \gamma} \frac{(\ln(T_1))}{\sqrt{T_1}}
$$

Using the above inequality and using that $\chi^2 \leq 2L\sigma^2$,

$$
\implies \mathbb{E}[\sqrt{\mathcal{E}_T}] \leq \sqrt{c_2} \exp\left(-\frac{T_1 \gamma}{8\kappa \ln(T_1)}\right) \left[6\sqrt{2}\sqrt{\kappa} \exp\left(-\frac{T_0}{4\sqrt{\kappa}}\right) ||w_0 - w^*|| + \frac{12\sqrt{3}\sqrt{2L}\zeta\sigma}{\mu}\right] + \frac{8\sqrt{Lc_2}\sigma\zeta\kappa^{3/2}}{e\gamma} \frac{(\ln(T_1))}{\sqrt{T_1}} = 6\sqrt{2}\sqrt{c_2}\sqrt{\kappa} \exp\left(-\frac{T_0}{4\sqrt{\kappa}} - \frac{T_1 \gamma}{8\kappa \ln(T_1)}\right) ||w_0 - w^*|| + \frac{12\sqrt{6L}\sqrt{c_2}\zeta\sigma}{\mu} \exp\left(-\frac{T_1 \gamma}{8\kappa \ln(T_1)}\right) + \frac{8\sqrt{Lc_2}\sigma\zeta\kappa^{3/2}}{e\gamma} \frac{(\ln(T_1))}{\sqrt{T_1}}
$$

For $T_1 \ge e$ and since $\gamma \le 1$

$$
\mathbb{E}[\sqrt{\mathcal{E}_T}] \le 6\sqrt{2}\sqrt{c_2}\sqrt{\kappa} \exp\left(-\frac{\gamma}{8\ln(T_1)}\left(\frac{T_0}{\sqrt{\kappa}} + \frac{T_1}{\kappa}\right)\right) \|w_0 - w^*\|
$$

+
$$
\frac{12\sqrt{6L}\sqrt{c_2}\zeta\sigma}{\mu} \exp\left(-\frac{T_1\gamma}{8\kappa\ln(T_1)}\right) + \frac{8\sqrt{Lc_2}\sigma\zeta\kappa^{3/2}}{e\gamma}\frac{(\ln(T_1))}{\sqrt{T_1}}
$$

Consider term $A := 6\sqrt{2}\sqrt{c_2}\sqrt{\kappa} \exp\left(-\frac{\gamma}{8\ln(2\pi)}\right)$ $8\ln(T_1)$ √ *T*0 $\left(\frac{b}{\kappa} + \frac{T_1}{\kappa}\right)\right) ||w_0 - w^*||.$ We have,

$$
\frac{T_0}{\sqrt{\kappa}} + \frac{T_1}{\kappa} = \frac{cT}{\sqrt{\kappa}} + \frac{(1 - c)T}{\kappa}
$$

$$
= T \frac{c\sqrt{\kappa} + 1 - c}{\kappa}
$$

Suppose $\frac{T}{\kappa^q} = T \frac{c\sqrt{\kappa}+1-c}{\kappa}$ $\frac{+1-c}{\kappa}$ then

$$
\kappa^{q} = \frac{\kappa}{c\sqrt{\kappa} + 1 - c}
$$

$$
\implies q = 1 - \frac{\ln(c\sqrt{\kappa} + 1 - c)}{\ln(\kappa)}
$$

Since $c \in (0, 1), q \in (0.5, 1),$ then

$$
A \le 6\sqrt{2c_2\kappa} \exp\left(-\frac{T}{\kappa^q} \frac{\gamma}{8\ln((1-c)T)}\right) \|w_0 - w^*\|
$$

Consider the noise $B := \frac{12\sqrt{6Lc_2}\zeta\sigma}{\mu} \exp\left(-\frac{T_1\gamma}{8\kappa\ln(T_1)}\right)$ 8*κ* ln(*T*1) $+\frac{8\sqrt{Lc_2}\sigma\zeta\kappa^{3/2}}{e\gamma}$ $\frac{(\ln(T_1))}{\sqrt{T_1}}$.

$$
B = \frac{12\sqrt{6Lc_2}\zeta\sigma}{\mu} \exp\left(-\frac{T_1\gamma}{8\kappa\ln(T_1)}\right) + \frac{8\sqrt{Lc_2}\sigma\zeta\kappa^{3/2}}{e\gamma}\frac{(\ln(T_1))}{\sqrt{T_1}}
$$

$$
= \frac{12\sqrt{6Lc_2}\zeta\sigma}{\mu} \exp\left(-\frac{(1-c)T\gamma}{8\kappa\ln((1-c)T)}\right) + \frac{8\sqrt{Lc_2}\sigma\zeta\kappa^{3/2}}{e\gamma}\frac{(\ln((1-c)T))}{\sqrt{(1-c)T}}
$$

$$
\leq \frac{12\sqrt{6Lc_2}\zeta\sigma}{\mu} \exp\left(-\frac{(1-c)T\gamma}{8\kappa\ln(T)}\right) + \frac{8\sqrt{Lc_2}\sigma\zeta\kappa^{3/2}}{e\gamma}\frac{\ln(T)}{\sqrt{(1-c)T}} \qquad \text{(Since } c \in (0,1))
$$

Putting everything together,

$$
\mathbb{E}[\sqrt{\mathcal{E}_T}] \le 6\sqrt{2c_2\kappa} \exp\left(-\frac{T}{\kappa^q} \frac{\gamma}{8\ln((1-c)T)}\right) \|w_0 - w^*\|
$$

+
$$
\frac{12\sqrt{6Lc_2}\zeta\sigma}{\mu} \exp\left(-\frac{(1-c)T\gamma}{8\kappa\ln(T)}\right) + \frac{8\sqrt{Lc_2}\sigma\zeta\kappa^{3/2}}{e\gamma} \frac{\ln(T)}{\sqrt{(1-c)T}}
$$

Using Lemma [1](#page-36-2) with $c_L = \frac{4(1-\gamma)}{\mu^2}$ $\frac{1-\gamma)}{\mu^2}\left[1-\exp\left(-\frac{\mu\,\gamma}{2L}\right)\right]$ $\left(\frac{\mu\,\gamma}{2L}\right)$ then

$$
\sqrt{c_L} \mathbb{E} \|w_{T-1} - w^*\| \le 6\sqrt{2c_2\kappa} \exp\left(-\frac{T}{\kappa^q} \frac{\gamma}{8\ln((1-c)T)}\right) \|w_0 - w^*\| \n+ \frac{12\sqrt{6Lc_2}\zeta\sigma}{\mu} \exp\left(-\frac{(1-c)T\gamma}{8\kappa\ln(T)}\right) + \frac{8\sqrt{Lc_2}\sigma\zeta\kappa^{3/2}}{e\gamma} \frac{\ln(T)}{\sqrt{(1-c)T}} \n\implies \mathbb{E} \|w_{T-1} - w^*\| \le 6\sqrt{\frac{2c_2\kappa}{c_L}} \exp\left(-\frac{T}{\kappa^q} \frac{\gamma}{8\ln((1-c)T)}\right) \|w_0 - w^*\| \n+ \frac{12\sqrt{6Lc_2}\zeta\sigma}{\sqrt{c_L}\mu} \exp\left(-\frac{(1-c)T\gamma}{8\kappa\ln(T)}\right) + \frac{8\sqrt{Lc_2}\ln(T)\zeta\kappa^{3/2}}{e\gamma\sqrt{c_L}} \frac{\sigma}{\sqrt{(1-c)T}}
$$

Corollary 3. For *L*-smooth, μ strongly-convex quadratics with $\kappa > 4$, Algorithm [2](#page-20-1) with batch-size *b* such that $b \ge b^* = n \frac{1}{1 + \frac{n-1}{C \kappa^2}}$ and $c = \frac{1}{2}$ $\frac{1}{2}$ results in a rate of $O\left(\exp\left(-\frac{T}{\kappa^{0.7}}\right) + \frac{\sigma}{\sqrt{T}}\right)$ \setminus for all *T*.

Proof. From Theorem [10,](#page-67-0) $q = 1 - \frac{\ln(c\sqrt{\kappa}+1-c)}{\ln(c)}$ $\frac{\sqrt{\kappa+1-c}}{\ln(\kappa)}$, plug in $c=\frac{1}{2}$ $\frac{1}{2}$, then

$$
q = 1 - \frac{\ln\left(\frac{\sqrt{\kappa}+1}{2}\right)}{\ln(\kappa)}
$$

Since *q* is monotonically decreasing with respect to κ and $\kappa > 4$ then

$$
q \le 1 - \frac{\ln\left(\frac{\sqrt{4}+1}{2}\right)}{\ln(4)} \approx 0.7
$$

Hence the bias term in the rate of Theorem [10](#page-67-0) converges as $O\left(\exp\left(-\frac{T}{\kappa^q}\right)\right) \leq O\left(\exp\left(-\frac{T}{\kappa^{0.7}}\right)\right)$. The noise term converges at the rate of $O\left(\frac{\sigma}{\sqrt{T}}\right)$) hence the convergence rate of Algorithm [2](#page-20-1) when $c = 0.5$ is $O\left(\exp\left(-\frac{T}{\kappa^{0.7}}\right) + \frac{\sigma}{\sqrt{T}}\right)$. \Box

Appendix H

Hybrid SHB

We introduce a hybrid algorithm (Algorithm [3\)](#page-70-0) that combines multi-stage SHB (Algorithm [1\)](#page-20-0) and two-phase algorithm (Algorithm [2\)](#page-20-1). Given a fixed dataset and *T* and *b* as input, we use $\overline{T} := \frac{3 \cdot 2^8 \sqrt{\kappa}}{\ln(2)} \max \{4\kappa, e^2\}$ (Theorem [4\)](#page-19-0) and $T^* := C_1 \sqrt{\frac{(n-1)b}{3(n-b)}}$ $\frac{(n-1)b}{3(n-b)}$ (Corollary [2\)](#page-22-0) to determine different cases for our hybrid algorithm. We observe that Algorithm [3](#page-70-0) can achieve an accelerated convergence rate when the batch-size is sufficiently large and the number of iterations *T* satisfies $\overline{T} \leq T \leq T^*$. When the *T* constraint is not satisfied, Algorithm [3](#page-70-0) results in a partially accelerated convergence rate.

Algorithm 3: Hybrid SHB

```
Input: T (iteration budget), b (batch-size)
Initialization: w_0, w_{-1} = w_0, k = 0Calculate \bar{T}4
Calculate T^*2 and set m = T/T^*if T \geq \overline{T} and m \leq 1 then
T_0 = 0, T_1 = T, T_2 = 0;else if T \geq \overline{T} and 1 < m \leq 2 then
    T_0 = 0, T_1 = \frac{T}{m}\frac{T}{m}, T_2 = \frac{m-1}{m}\frac{n-1}{m}T ;
else
    T_0 = \frac{7}{2}\frac{T}{2}, T_1 = 0, T_2 = \frac{T}{2}\frac{T}{2};
end
for k = 0; k \leq T_0 - 1; k = k + 1 do
   Set a = 1, \alpha, \beta2
   Use Update 2.1
end
for k = T_0; k \leq T_0 + T_1 - 1; k = k + 1 do
   Set parameters according to Algorithm 1
   Use Update from Algorithm 1
end
for k = T_0 + T_1; k \leq T - 1; k = k + 1 do
   Set \eta_k, \lambda_k1
   Use Update 3.1
end
return wT
```
Theorem 11. For *L*-smooth, μ strongly-convex quadratics with $\kappa > 4$, Algorithm [3](#page-70-0) with batch-size *b* such that $b \ge b^* = n \frac{1}{1 + \frac{n}{C \kappa^2}}$, $\overline{T} = \frac{3 \cdot 2^8 \sqrt{\kappa}}{\ln(2)} \max\{4\kappa, e^2\}$, $T^* = C_1 \sqrt{\frac{(n-1)b}{3(n-b)}}$ 3(*n*−*b*) (Corollary [2\)](#page-22-0), $m = \frac{T}{T^*}$ results in the following convergences, When $T \geq \overline{T}$ and $\overline{m} \leq 1$,

$$
\mathbb{E} \|w_T - w^*\| \le 6\sqrt{2} \sqrt{\frac{C_1}{C_3}} \kappa^{1/4} \exp \left(-\frac{T}{8\sqrt{\kappa}}\right) \|w_0 - w^*\| + \frac{24 \chi \kappa}{\mu(\kappa - 1)} \frac{\sqrt{C_1}}{\sqrt{T}}.
$$

When $T \geq \overline{T}$ and $1 < m \leq 2$,

$$
\mathbb{E} \|w_{T-1} - w^*\|^2 \le 6\sqrt{2} \sqrt{\frac{C_1 c_2}{C_3 c_L}} \kappa^{1/4} \exp\left(-\frac{T}{\kappa^r} \frac{\gamma}{8 \ln(T/m)}\right) \|w_0 - w^*\| + \left[\frac{24\sqrt{6LC_1 c_2 m} \kappa}{\mu \sqrt{c_L} (\kappa - 1)} \exp\left(-\frac{T}{\kappa} \frac{(m-1)\gamma}{8m \ln\left(\frac{m-1}{m}T\right)}\right) + \frac{8\sqrt{c_2 L m} \zeta \kappa^{3/2} \ln\left(\frac{m-1}{m}T\right)}{e\gamma \sqrt{(m-1)c_L}}\right] \frac{\sigma}{\sqrt{T}}
$$

When $T < \overline{T}$ or $m > 2$,

$$
\mathbb{E}[\|w_{T-1} - w^*\|] \le 6\sqrt{2\kappa} \sqrt{\frac{c_2}{c_L}} \exp\left(-\frac{T}{\kappa^q} \frac{\gamma}{8\ln(T_2)}\right) \|w_0 - w^*\| \n+ \frac{12\sqrt{6Lc_2}\zeta\kappa}{\mu\sqrt{c_L}} \exp\left(-\frac{T\gamma}{16\kappa\ln(T_2)}\right)\sigma + \frac{8\sqrt{2c_2L}\zeta\kappa^{3/2}\ln(T_2)}{e\gamma\sqrt{c_L}} \frac{\sigma}{\sqrt{T}}
$$

where
$$
r = 1 - \frac{\ln\left(\frac{\sqrt{\kappa}}{m} + 1 - \frac{1}{m}\right)}{\ln(\kappa)}
$$
, $q = 1 - \frac{\ln\left(\frac{\sqrt{\kappa}}{2} + \frac{1}{2}\right)}{\ln(\kappa)}$, $\zeta = \sqrt{\frac{n-b}{nb}}$ captures the dependence on the
batch-size, $c_2 = \exp\left(\frac{1}{\kappa \ln(T_2)}\right)$, $c_L = \frac{4(1-\gamma)}{\mu^2} \left[1 - \exp\left(-\frac{\mu\gamma}{2L}\right)\right]$, $C_1 := \frac{2^9 3\sqrt{\kappa \left(1+2\log^2\left(\frac{T_1 \ln(\sqrt{2})}{384\sqrt{\kappa}}\right)\right)}}{\ln(2)}$, $C_3 = \frac{3 \cdot 2^8 \max\{4\kappa, e^2\}}{\ln(2)}$ and $C := 3^5 2^6$.

Proof. **Case 1:** $m \leq 1$ then $T_0 = 0$, $T_1 = T$, $T_2 = 0$ We only run multi-stage SHB in this case hence the convergence rate is similar to Theorem [4.](#page-19-0)

Case 2: $1 < m \leq 2$ then $T_0 = 0, T_1 = \frac{T}{m}$ $\frac{T}{m}$, $T_2 = \frac{m-1}{m}$ $\frac{n-1}{m}T$ After $T_0 + T_1 = T_1$ iterations, by Theorem [4](#page-19-0) and $\chi = \sqrt{\mathbb{E} \left\| \nabla f_i(w^*) \right\|^2}$,

$$
\mathbb{E} \|w_{T_1} - w^*\| \le 6\sqrt{2} \sqrt{\frac{C_1}{C_3}} \kappa^{1/4} \exp\left(-\frac{T_1}{8\sqrt{\kappa}}\right) \|w_0 - w^*\| + \frac{24\sqrt{3} \kappa \sqrt{C_1}}{\mu(\kappa - 1)} \frac{\chi}{\sqrt{T_1}} \frac{\chi}{\sqrt{T_1}} \left(\text{since in Theorem 4, } \zeta = \sqrt{3\frac{n-b}{(n-1)b}}\right)
$$

After *T* iterations, by Theorem [1](#page-15-0) with $\tau = 1$ and $\gamma = (1/T_2)^{1/T_2}$,

$$
\mathbb{E} \|w_{T-1} - w^*\|^2 \leq \frac{c_2}{c_L} \|w_{T_1} - w^*\|^2 \exp\left(-\frac{T_2}{4\kappa} \frac{\gamma}{\ln(T_2)}\right) + \frac{64L\sigma^2 c_2 \zeta^2 \kappa^3}{e^2 c_L} \frac{(\ln(T_2))^2}{\gamma^2 T_2}
$$
Taking square-root on both sides and using that $\sqrt{\mathbb{E}[\|w_{T-1} - w^*\|^2]} \ge \mathbb{E}[\sqrt{\|w_{T-1} - w^*\|^2}]$

$$
\mathbb{E}[\|w_{T-1} - w^*\|] \le \|w_{T_1} - w^*\| \sqrt{\frac{c_2}{c_L}} \exp\left(-\frac{T_2}{8\kappa} \frac{\gamma}{\ln(T_2)}\right) + \frac{8\sqrt{c_2 L}\zeta \kappa^{3/2} \ln(T_2)}{e\gamma \sqrt{c_L}} \frac{\sigma}{\sqrt{T_2}}
$$

Taking expectation over the randomness in iterations $t = 0$ to $T_0 - 1$,

$$
\mathbb{E}[\|w_{T-1} - w^*\|] \leq \mathbb{E}\|w_{T_1} - w^*\| \sqrt{\frac{c_2}{c_L}} \exp\left(-\frac{T_2}{8\kappa} \frac{\gamma}{\ln(T_2)}\right) + \frac{8\sqrt{c_2 L}\zeta \kappa^{3/2} \ln(T_2)}{e\gamma \sqrt{c_L}} \frac{\sigma}{\sqrt{T_2}}
$$

Using the above inequality and $\chi^2 \leq 2L\sigma^2$,

$$
\implies \mathbb{E}[\|w_{T-1} - w^*\|] \leq \sqrt{\frac{c_2}{c_L}} \exp\left(-\frac{T_2}{8\kappa} \frac{\gamma}{\ln(T_2)}\right) \left[6\sqrt{2} \sqrt{\frac{C_1}{C_3}} \kappa^{1/4} \exp\left(-\frac{T_1}{8\sqrt{\kappa}}\right) \|w_0 - w^*\| + \frac{24\sqrt{3} \kappa \sqrt{C_1}}{\mu(\kappa - 1)} \frac{\chi}{\sqrt{T_1}}\right]
$$

+
$$
\frac{8\sqrt{c_2 L} \zeta \kappa^{3/2} \ln(T_2)}{e\gamma \sqrt{c_L}} \frac{\sigma}{\sqrt{T_2}}
$$

=
$$
6\sqrt{2} \sqrt{\frac{C_1 c_2}{C_3 c_L}} \kappa^{1/4} \exp\left(-\frac{T_1}{8\sqrt{\kappa}} - \frac{T_2 \gamma}{8\kappa \ln(T_2)}\right) \|w_0 - w^*\|
$$

+
$$
\frac{24\sqrt{6L C_1 c_2} \kappa}{\mu \sqrt{c_L} (\kappa - 1)} \frac{\sigma}{\sqrt{T_1}} \exp\left(-\frac{T_2 \gamma}{8\kappa \ln(T_2)}\right) + \frac{8\sqrt{c_2 L} \zeta \kappa^{3/2} \ln(T_2)}{e\gamma \sqrt{c_L}} \frac{\sigma}{\sqrt{T_2}}
$$

Consider term $A := 6\sqrt{2}\sqrt{\frac{C_1 c_2}{C_2 c_1}}$ $\frac{\overline{C_1c_2}}{\overline{C_3c_L}}\kappa^{1/4}\,\exp\left(-\frac{T_1}{8\sqrt{2}}\right)$ $\frac{T_1}{8\sqrt{\kappa}}-\frac{T_2\gamma}{8\kappa\ln(T)}$ $8\kappa\ln(T_1)$ $\left| \n\right| w_0 - w^*$ ||. For $T_2 ≥ e$ and since *γ* ≤ 1,

$$
A \leq 6\sqrt{2} \sqrt{\frac{C_1 c_2}{C_3 c_L}} \kappa^{1/4} \exp \left(-\frac{T_1 \gamma}{8\sqrt{\kappa} \ln(T_1)} - \frac{T_2 \gamma}{8\kappa \ln(T_1)}\right) \|w_0 - w^*\|
$$

= $6\sqrt{2} \sqrt{\frac{C_1 c_2}{C_3 c_L}} \kappa^{1/4} \exp \left(-\frac{\gamma}{8 \ln(T_1)} \left(\frac{T_1}{\sqrt{\kappa}} + \frac{T_2}{\kappa}\right)\right) \|w_0 - w^*\|$

Consider term $\frac{T_1}{\sqrt{t}}$ $\frac{1}{\kappa} + \frac{T_2}{\kappa}$ then

$$
\frac{T_1}{\sqrt{\kappa}} + \frac{T_2}{\kappa} = \frac{T}{m\sqrt{\kappa}} + \frac{T(m-1)}{m\kappa}
$$

$$
= \frac{\sqrt{\kappa} + m - 1}{m\kappa}T
$$

Suppose $\frac{T}{\kappa^r}$ = √ *κ*+*m*−1 $\frac{+m-1}{m\kappa}T$ then

$$
\kappa^r = \frac{m\kappa}{\sqrt{\kappa} + m - 1}
$$

$$
\implies r \ln(\kappa) = \ln(\kappa) - \ln\left(\frac{\sqrt{\kappa}}{m} + 1 - \frac{1}{m}\right)
$$

$$
\implies r = 1 - \frac{\ln\left(\frac{\sqrt{\kappa}}{m} + 1 - \frac{1}{m}\right)}{\ln(\kappa)}
$$

Hence for $r = 1 \ln\left(\frac{\sqrt{\kappa}}{m}+1-\frac{1}{m}\right)$ $rac{m}{\ln(\kappa)}$,

$$
A \le 6\sqrt{2} \sqrt{\frac{C_1 c_2}{C_3 c_L}} \kappa^{1/4} \exp \left(-\frac{T}{\kappa^q} \frac{\gamma}{8\ln(T/m)}\right) \|w_0 - w^*\|
$$

Consider the noise $B := \frac{24\sqrt{6LC_1c_2}\kappa}{\mu\sqrt{c_L}(\kappa-1)} \frac{\sigma}{\sqrt{T_1}} \exp\left(-\frac{T_2\gamma}{8\kappa\ln(T_1)}\right)$ 8*κ* ln(*T*2) $\frac{8\sqrt{c_2L}\zeta\kappa^{3/2}\ln(T_2)}{e\gamma\sqrt{c_L}}\frac{\sigma}{\sqrt{T_2}}.$

$$
B = \frac{24\sqrt{6LC_1c_2}\,\kappa}{\mu\sqrt{c_L}(\kappa - 1)} \frac{\sigma}{\sqrt{T_1}} \exp\left(-\frac{T_2\,\gamma}{8\kappa\ln(T_2)}\right) + \frac{8\sqrt{c_2L}\zeta\kappa^{3/2}\ln(T_2)}{e\gamma\sqrt{c_L}} \frac{\sigma}{\sqrt{T_2}}
$$

=
$$
\frac{24\sqrt{6LC_1c_2m}\,\kappa}{\mu\sqrt{c_L}(\kappa - 1)} \frac{\sigma}{\sqrt{T}} \exp\left(-\frac{T}{\kappa}\frac{(m - 1)\,\gamma}{8m\ln\left(\frac{m - 1}{m}T\right)}\right) + \frac{8\sqrt{c_2Lm}\zeta\kappa^{3/2}\ln\left(\frac{m - 1}{m}T\right)}{e\gamma\sqrt{(m - 1)c_L}} \frac{\sigma}{\sqrt{T}}
$$

=
$$
\left[\frac{24\sqrt{6LC_1c_2m}\,\kappa}{\mu\sqrt{c_L}(\kappa - 1)} \exp\left(-\frac{T}{\kappa}\frac{(m - 1)\,\gamma}{8m\ln\left(\frac{m - 1}{m}T\right)}\right) + \frac{8\sqrt{c_2Lm}\zeta\kappa^{3/2}\ln\left(\frac{m - 1}{m}T\right)}{e\gamma\sqrt{(m - 1)c_L}}\right] \frac{\sigma}{\sqrt{T}}
$$

Putting everything together,

$$
\mathbb{E} \|w_{T-1} - w^*\|^2 \le 6\sqrt{2} \sqrt{\frac{C_1 c_2}{C_3 c_L}} \kappa^{1/4} \exp\left(-\frac{T}{\kappa^q} \frac{\gamma}{8\ln(T/m)}\right) \|w_0 - w^*\| + \left[\frac{24\sqrt{6LC_1 c_2 m} \kappa}{\mu \sqrt{c_L} (\kappa - 1)} \exp\left(-\frac{T}{\kappa} \frac{(m-1)\gamma}{8m \ln\left(\frac{m-1}{m}T\right)}\right) + \frac{8\sqrt{c_2 L m} \zeta \kappa^{3/2} \ln\left(\frac{m-1}{m}T\right)}{e\gamma \sqrt{(m-1)c_L}}\right] \frac{\sigma}{\sqrt{T}}
$$

Case 3: $m > 2$ then $T_0 = \frac{T_0}{2}$ $\frac{T}{2}$, $T_1 = 0$, $T_2 = \frac{T}{2}$ 2 After T_0 iterations, by Theorem [2](#page-16-0) with $a = 1$, and $\chi = \sqrt{\mathbb{E} \left\| \nabla f_i(w^*) \right\|^2}$,

$$
\mathbb{E} \|w_{T_0} - w^*\| \le 6\sqrt{2}\sqrt{\kappa} \exp\left(-\frac{T_0}{4\sqrt{\kappa}}\right) \|w_0 - w^*\| + \frac{12\sqrt{3}\zeta\chi}{\mu}
$$

(since in Theorem 2, $\zeta = \sqrt{3\frac{n-b}{(n-1)b}}$)

After *T* iterations, by Theorem [1](#page-15-0) with $\tau = 1$ and $\gamma = (1/T_2)^{1/T_2}$,

$$
\mathbb{E} \|w_{T-1} - w^*\|^2 \leq \frac{c_2}{c_L} \|w_{T_0} - w^*\|^2 \exp\left(-\frac{T_2}{4\kappa} \frac{\gamma}{\ln(T_2)}\right) + \frac{64L\sigma^2 c_2 \zeta^2 \kappa^3}{e^2 c_L} \frac{(\ln(T_2))^2}{\gamma^2 T_2}
$$

Taking square-root on both sides and using that $\sqrt{\mathbb{E}[\|w_{T-1} - w^*\|^2]} \ge \mathbb{E}[\sqrt{\|w_{T-1} - w^*\|^2}]$

$$
\mathbb{E}[\|w_{T-1} - w^*\|] \le \|w_{T_0} - w^*\| \sqrt{\frac{c_2}{c_L}} \exp\left(-\frac{T_2}{8\kappa} \frac{\gamma}{\ln(T_2)}\right) + \frac{8\sqrt{c_2 L}\zeta \kappa^{3/2} \ln(T_2)}{e\gamma \sqrt{c_L}} \frac{\sigma}{\sqrt{T_2}}
$$

Taking expectation over the randomness in iterations $t = 0$ to T , using the above inequality and $\chi^2 \leq 2L\,\sigma^2$,

$$
\implies \mathbb{E}[\|w_{T-1} - w^*\|] \leq \sqrt{\frac{c_2}{c_L}} \exp\left(-\frac{T_2}{8\kappa} \frac{\gamma}{\ln(T_2)}\right) \left[6\sqrt{2}\sqrt{\kappa} \exp\left(-\frac{T_0}{4\sqrt{\kappa}}\right) \|w_0 - w^*\| + \frac{12\sqrt{6L}\zeta\sigma}{\mu}\right] \n+ \frac{8\sqrt{c_2L}\zeta\kappa^{3/2}\ln(T_2)}{e\gamma\sqrt{c_L}} \frac{\sigma}{\sqrt{T_2}} \n= 6\sqrt{2\kappa}\sqrt{\frac{c_2}{c_L}} \exp\left(-\frac{T_0}{4\sqrt{\kappa}} - \frac{T_2\gamma}{8\kappa\ln(T_2)}\right) \|w_0 - w^*\| \n+ \frac{12\sqrt{6Lc_2}\zeta\kappa}{\mu\sqrt{c_L}} \exp\left(-\frac{T_2\gamma}{8\kappa\ln(T_2)}\right)\sigma + \frac{8\sqrt{c_2L}\zeta\kappa^{3/2}\ln(T_2)}{e\gamma\sqrt{c_L}} \frac{\sigma}{\sqrt{T_2}} \n\leq 6\sqrt{2\kappa}\sqrt{\frac{c_2}{c_L}} \exp\left(-\frac{\gamma}{8\ln(T_2)}\left(\frac{T_0}{\sqrt{\kappa}} + \frac{T_2}{\kappa}\right)\right) \|w_0 - w^*\| \n+ \frac{12\sqrt{6Lc_2}\zeta\kappa}{\mu\sqrt{c_L}} \exp\left(-\frac{T_2\gamma}{8\kappa\ln(T_2)}\right)\sigma + \frac{8\sqrt{c_2L}\zeta\kappa^{3/2}\ln(T_2)}{e\gamma\sqrt{c_L}} \frac{\sigma}{\sqrt{T_2}}
$$

Consider term $\frac{T_0}{\sqrt{t}}$ $\frac{b}{\kappa} + \frac{T_2}{\kappa},$

$$
\frac{T_0}{\sqrt{\kappa}} + \frac{T_2}{\kappa} = \frac{T}{2\sqrt{\kappa}} + \frac{T}{2\kappa}
$$

$$
= T\frac{\sqrt{\kappa} + 1}{2\kappa}
$$

Suppose $\frac{T}{\kappa^q} = T$ √ *κ*+1 $\frac{\kappa+1}{2\kappa}$ then

$$
\kappa^{q} = \frac{\kappa}{\frac{\sqrt{\kappa}}{2} + \frac{1}{2}}
$$

$$
\implies q = 1 - \frac{\ln\left(\frac{\sqrt{\kappa}}{2} + \frac{1}{2}\right)}{\ln(\kappa)}
$$

Putting everything together,

$$
\mathbb{E}[\|w_{T-1} - w^*\|] \le 6\sqrt{2\kappa} \sqrt{\frac{c_2}{c_L}} \exp\left(-\frac{T}{\kappa^q} \frac{\gamma}{8\ln(T_2)}\right) \|w_0 - w^*\| + \frac{12\sqrt{6Lc_2}\zeta\kappa}{\mu\sqrt{c_L}} \exp\left(-\frac{T\gamma}{16\kappa\ln(T/2)}\right)\sigma + \frac{8\sqrt{2c_2L}\zeta\kappa^{3/2}\ln(T/2)}{e\gamma\sqrt{c_L}} \frac{\sigma}{\sqrt{T}}
$$

Appendix I

Additional experiments

I.1 Quadratics experiments on LIBSVM datasets

To conduct experiments for smooth, strongly-convex functions, we adopt the settings from [Vaswani et al.](#page-29-0) [\[2022\]](#page-29-0). Our experiment involves the SHB variant and other commonly used optimization methods. The comparison will be based on two common supervised learning losses, squared loss for regression tasks and logistic loss for classification. We will utilize a linear model with ℓ_2 -regularization $\frac{\lambda}{2} ||w||^2$ in which $\lambda = 0.01$. To assess the performance of the optimization methods, we use *ijcnn* and *rcv1* data sets from LIBSVM [\[Chang and Lin,](#page-27-0) [2011\]](#page-27-0). For each dataset, the training iterations will be fixed at $T = 100n$, where *n* is the number of samples in the training dataset, and we will use a batch-size of 100. To ensure statistical significance, each experiment will be run 5 times independently, and the average result and standard deviation will be plotted. We will use the full gradient norm as the performance measure and plot it against the number of gradient evaluations.

The methods for comparison are: SGD with constant step-sizes (K-CNST), SGD with exponentially decreasing step-sizes [\[Vaswani et al.,](#page-29-0) [2022\]](#page-29-0) (K-EXP), SGD with exponentially decreasing step-sizes and SLS [\[Vaswani et al.,](#page-29-0) [2022,](#page-29-0) [2021\]](#page-29-1) (SLS-EXP), SHB with constant step-sizes (set according to Theorem [5\)](#page-32-0) (SHB-CNST), SHB with exponentially decreasing step-sizes (set according to Theorem [1\)](#page-15-0) (SHB-EXP), SHB with exponentially decreasing step-sizes (set according to Theorem [1\)](#page-15-0) and SLS [\[Vaswani et al.,](#page-29-1) [2021\]](#page-29-1) (SHB-SLS-EXP).

Figure I.1: Squared loss on ijcnn and rcv1 datasets

Figure I.2: Logistic loss on ijcnn and rcv1 datasets

From Fig. [I.1](#page-75-0) and Fig. [I.2,](#page-76-0) we observe that exponentially decreasing step-sizes for both SHB and SGD have close performance and they both outperform their constant step-sizes variants. We also note that using stochastic line-search by [Vaswani et al.](#page-29-1) [\[2021\]](#page-29-1), SHB-SLS-EXP matches the performance of the variant with known smoothness.

I.2 Comparison to [Pan et al.](#page-28-0) [\[2023\]](#page-28-0) multi-stage SHB

In this section, we consider minimizing smooth, strongly-convex quadratics. The data generation procedure is similar to Chapter [5.](#page-23-0) We vary $\kappa \in \{2000, 1000, 500, 200, 100\}$ and the magnitude of the noise $r \in \{10^{-2}, 10^{-4}, 10^{-6}, 10^{-8}\}$. For each dataset, we use a batch-size $b = 0.9n$ to ensure that it is sufficiently large for SHB to achieve an accelerated rate with all of our chosen *κ*. We fix the total number of iterations $T = 7000$ and initialization $w_0 = \vec{0}$. For each experiment, we consider 3 independent runs, and plot the average result. We will use the full gradient norm as the performance measure and plot it against the number of iterations.

We compare the following methods: Multi-stage SHB (Algorithm [1\)](#page-20-0) (Multi-SHB), our heuristic Multi-stage SHB (Algorithm [1\)](#page-20-0) with constant momentum parameter (Multi-SHB-CNST), Two-phase SHB (Algorithm [2\)](#page-20-1) with $c = 0.5$ (2P-SHB), Multi-stage SHB [\[Pan et al.,](#page-28-0) [2023\]](#page-28-0) with $C = 2$ (Multi-SHB-PAN-2) and $C = T\sqrt{\kappa}$ (Multi-SHB-PAN-T-KAP).

We observe that with a sufficiently large batch-size the method by [Pan et al.](#page-28-0) [\[2023\]](#page-28-0) is able to avoid the divergence behaviour in Fig. [4.1.](#page-21-0) Furthermore, the performance of 2P-SHB, Multi-SHB, Multi-SHB-CNST is similar to the method in [Pan et al.](#page-28-0) [\[2023\]](#page-28-0), and it consistently lies in-between the two extremes.

Figure I.3: Comparison of Multi-SHB, Multi-SHB-CNST, 2P-SHB, Multi-SHB-PAN-2, and Multi-SHB-PAN-T-KAP. With a sufficiently large batch-size, the method by [Pan et al.](#page-28-0) [\[2023\]](#page-28-0) is able to avoid the divergence behaviour in Fig. [4.1.](#page-21-0) The performance of SHB variants is similar to the method in [Pan et al.](#page-28-0) [\[2023\]](#page-28-0), and it consistently lies in-between the two extremes.